

# THE ST. LUKE SPIRIT



Summer 2019

Volume 7, Issue 2

## Upcoming Resident & Tenant Activities:

- **Swimming**  
Tuesday & Friday 9:30 a.m.  
Indoor Aquatic Center
- **Getting's Garden**  
July 8 at 1 p.m.  
Sanborn
- **Pie & Ice Cream Social**  
July 9 at 2:30 p.m.  
Riverview Terrace
- **Carroll's Bakery**  
July 10 & 24 at 9 a.m.  
Spencer
- **Music with Bob Floss**  
July 11 at 3 p.m.  
St. Luke Lutheran Home
- **Bus Ride & Scavenger Hunt**  
July 15 at 1:30 p.m.
- **Music with Ray Meyer**  
July 25 at 3 p.m.  
St. Luke Lutheran Home
- **Fishing**  
July 29 at 8:45 a.m.  
Stolley Pond, Spencer
- **Tall Corn Days Parade**  
July 27 at 10 a.m.  
Sioux Rapids
- **Eat at Wagon Wheel**  
July 30 at 11 a.m.  
Sioux Rapids

**More activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**

## NATIONAL AWARD: COMMITMENT TO QUALITY

**S**t. Luke Lutheran Nursing Home has been recognized by the American Health Care Association and National Center for Assisted Living with the 2019 Bronze – Commitment to Quality Award for its commitment to improving the lives of residents through quality care.

“This is a wonderful testament to the quality of care provided by all staff to residents of St. Luke Lutheran Nursing Home,” said David West, CEO/Administrator of St. Luke Homes & Services.

The AHCA/NCAL National Quality Award Program honors association members across the country that have demonstrated their dedication to improving quality of care for seniors and persons with disabilities. The program, established in 1996, is based on the core values and criteria of the Baldrige Performance Excellence program, which also serves as the foundation for the metric-based AHCA/NCAL Quality Initiative. The Baldrige framework helps organizations among different business sectors improve organizational effectiveness and achieve strategy-driven performance.



**#QualityAward19**



St. Luke Lutheran Nursing Home Quality Assurance leaders, from left, include: MDS Coordinator Tricia Stewart, Medical Director Dr. Ken Hunziker, Director of Health Services Nancy Mills, and Nursing Supervisor Ashleigh Hanson. Missing from photo: St. Luke Homes & Services CEO/Administrator David West and Assistant Director of Nursing Joni Stein.

## PLAN TO ATTEND

**St. Luke Homes & Services' Annual Family Gathering  
Entertainment & Pie Social**

**2 - 3 p.m. on Sunday, August 11**

**In the Deegan Great Room at The Highlands**



**Come, relax and enjoy yourself!**

▪ WELCOME

Wayne Carlson  
 Dennis Lachner  
 Kenny & Betty  
 Ricklefs  
 Lillian Johnson  
 Charles Roder  
 Cheryl Volkert  
 Margaret Schau  
 Winnie Ravenscroft

Trudy Wedel

▪ BEST WISHES

Pat Johnson  
 Jeanne Eninger  
 Donna Wert  
 Lucy Steffen  
 Gladys Knapper  
 Everett Johnson

Ethel Hyde

Norma Hill

▪ SYMPATHY

Wayne Carlson  
 Beverly Beving  
 Bud Haugland  
 James Darrah  
 Doris Andersen  
 Earl Peterson  
 Mardelle Stroup  
 Nellie Meyer  
 Elvinah Davis  
 Betty Eickhoff  
 Lois Schomaker

**THANK YOU**

**We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.**

- Anne Simmons, of Alexandria, Virginia, directed \$218 Thrivent Choice® program dollars to St. Luke Homes & Services.
- The Merlyn Johnson and Margaret Johnson Trust, of Rolling Meadows, Illinois, gifted \$500 to St. Luke Homes & Services' Charitable Gift Fund in memory of Thora Johnson Grover.
- Denise Kramer Tolzmann, of Spencer, donated 10 battery-powered candles and glass holders to St. Luke Homes & Services.
- Susan Christensen, of Royal, donated a jukebox radio to St. Luke Lutheran Home.
- The family of Russell and Mary Christensen contributed \$5,000 to St. Luke Homes & Services' Charitable Gift Fund for renovation of the Riverview Terrace Assisted Living kitchen.
- Lois Krugen, of Lakefield, Minnesota, donated puzzles and books for use by homeowners, tenants and residents of the St. Luke Homes & Services campus.
- Siri Christy, of Spencer, directed \$40 Thrivent Choice® program dollars to St. Luke Homes & Services.
- Catholic Daughters of Sacred Heart Church, Spencer, donated candy and jewelry to St. Luke Lutheran Home for use by residents.
- Amanda Wolff, of Spencer, donated bingo prizes to St. Luke Lutheran Home.
- Gary and Dorothy Brinkley, of Hampton, contributed \$377 to St. Luke Homes & Services' Chapel Fund in memory of Virginia Brinkley.
- Jane Bell and family, of Blue Earth, Minnesota, contributed an \$80 memorial to St. Luke Homes & Services in memory of Iris "Mardelle" Stroup.
- Sharon Paul, of Blue Earth, Minnesota, donated a \$20 memorial to St. Luke Homes & Services in memory of Iris "Mardelle" Stroup.
- KC Borchert, of Altoona, donated a \$3,000 memorial and designated it for the Music & Memory program at St. Luke Lutheran Home in memory of her mother, Mae C. Koch.
- As part of their Lenten services, members of Christ the King Lutheran Church, Spencer, raised \$1,408 for St. Luke Lutheran Home.
- Laurie Conlon, of Spencer, donated several bags filled with stuffed animals to be used as bingo prizes for St. Luke Lutheran Home residents.

**Meeting Your Needs**

- **Riverview Terrace**  
(Assisted Living Residence)
- **St. Luke Lutheran Home**  
(Care Center)
- **The Highlands**  
(Independent Suites)



1301 St. Luke Drive  
 Spencer, Iowa  
 (712) 262-5931  
 www.stlukelh.com

## SPECIAL MOMENTS CAPTURED



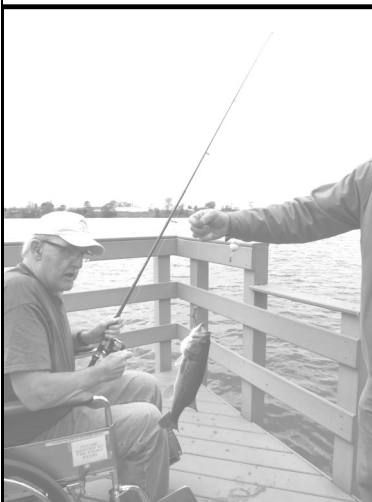
Elayne Grapenthin makes dandelion wine.



Brittney and Levi Parzanici make a bird feeder with Tom Gilderhus.



Hazel Christenson wears a Kentucky Derby hat.



Michael Anderson caught this bass at Stolley Pond.



Gladys Wilcox, center, and Lela Anderson, right, visit with students from Iowa Great Lakes Lutheran School.



Betty Kaiser is joined by family during the Ladies Day Tea.



Dick Romp celebrates with his family at the Men's Barbecue.

▪ **NEW STAFF**

*Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:*

- **Stephanie Studer**  
St. Luke CNA
- **Calista Ness**  
St. Luke Dietary Aide
- **Kyeli Jones**  
Riverview Terrace  
Personal Service  
Assistant
- **Charmaigne Santiago**  
St. Luke Housekeeper
- **Melissa Kulp**  
Riverview Terrace  
Personal Service  
Assistant
- **Grace Berberich**  
St. Luke CNA
- **Brady Lytle**  
St. Luke Dietary Aide
- **Rebecca Ruppert**  
St. Luke LPN
- **Kayley Brown**  
St. Luke Dietary Aide
- **Donna Peterson**  
St. Luke Laundry Aide
- **Jamie Lauck**  
St. Luke Dietary Aide
- **Theodosia Garduah**  
St. Luke CNA

**EXCELLENCE OF CARE**

Meet Rosie.

She is the latest technology added to the bounty of services already provided for St. Luke Lutheran Home residents.

This Avera eCARE senior care cart, in collaboration with trained St. Luke staff, offers:

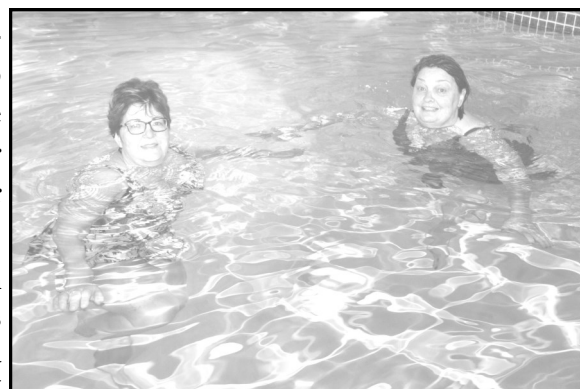
- 24/7 access to a geriatric-trained team of specialists
- Seeing a provider in the comfort of your room
- Assistance with medication questions or other concerns
- Speedier diagnostics and prescriptions
- Advance care planning consultations
- Coordinated care with your primary care physician
- An avoidance of unnecessary transfers
- Decreased chance for emergency room visits
- Less likelihood of being readmitted to the hospital



**AQUATIC CENTER FUN**

**“I have enjoyed the St. Luke swimming pool for several years. It feels so good to swim and then relax in the hot tub before heading home after work. The ladies in the pool make for a fun time!”**

**- Ronda Nielsen, of Dickens, has been swimming in St. Luke Homes & Services indoor aquatic center since it opened in September 2006**



*Rentals Available*

**South Ridge**  
HEIGHTS

1209 12th Street SE • Spencer, IA  
(712) 260-1950

[www.stlukelh.com/southridgeheights.html](http://www.stlukelh.com/southridgeheights.html)



## SPECIAL MOMENTS CAPTURED



St. Luke Homes & Services appreciates its volunteers! Local American Legion veterans shared their talents during a Volunteer Brunch to make fresh, made-to-order omelets for our volunteers.



The CBS Trio of Sanborn, left, ushering in the Easter season. Zerena Dardis, center, sporting an Easter bonnet. Frank Rose & Mary Kacmarynski, right, dressed in Hawaiian-inspired outfits during National Skilled Nursing Care Week.



This group of women, from area churches, conducted Good Friday worship services at Riverview Terrace and St. Luke Lutheran Home.



Beryl Reed and Loretta Bendlin at the Flagfest parade in Spencer.

## Notes to Know

- Would you like to FaceTime or Skype with a resident or tenant on campus? Contact Amanda Klein at (712) 262-5931 to schedule a time.

- Please do not stay parked in front of the four residences on campus. This is for temporary loading and unloading. Your cooperation is appreciated.

- Are you interested in making a difference in the lives of others?

St. Luke Homes & Services has a fund which supplements tenants and residents who do not have the financial resources available to participate in optional activities.

If you would like to assist, please consider making a tax-deductible donation to:

St. Luke Homes & Services

c/o The Benevolent Fund

1301 St. Luke Drive  
Spencer, Iowa 51301

## MUSICAL EVENINGS IN JULY

### ♪ Rock the Roof in Arnolds Park ♪

July 11 - Daybreak/Interstate Cruisers

July 18 - The Senders/Richie Lee

### ♪ Big Band Night in Arnolds Park ♪

July 9

July 16

July 23

July 30

### ♪ Mainstreet Market in Spencer ♪

July 25 - South 71 Trio

## WHY RIVERVIEW TERRACE ASSISTED LIVING?



“I can always find something fun to participate in that appeals to me. The nurses and staff are always pleasant and attentive to my needs. I love it here at Riverview Terrace. It is home.”

- Marge Dalen

a Riverview Terrace tenant since September 2017

## THANK YOU, CLAY CO. COMMUNITY FOUNDATION!

St. Luke Homes & Services is honored to have received a \$7,500 grant award from the Clay County Community Foundation. The foundation’s aim is to “connect donors who care with causes that matter and to serve as a trusted resource for addressing issues that impact the quality of life in Clay County.”

This award has allowed for the purchase of this Dodge Grand Caravan minivan, which seats a wheelchair occupant and up to five additional individuals.



## RESIDENT OF THE MONTH

Elayne Grapenthin is a gentle, genuine, caring and patient woman.

Her parents, who traveled from Sweden to settle in northwest Iowa, instilled in her and her six siblings the importance of learning new things, adjusting to their circumstances, and continuing their educations.

Music has always been a guiding force for Elayne. She was first placed on a stage as a 4-year-old to sing, "My Blue Heaven." When her younger sister was old enough, she joined Elayne, their two older sisters and two friends to become "Four Flats and a Sharp," which sang on KICD Radio and to local audiences. Elayne learned to read music, as well as play it by ear on the piano.

Elayne, an active choir member, graduated from the country consolidated Highview High School in 1943. She attended Augustana University in Sioux Falls for one year before transferring to Buena Vista College in Storm Lake.

In 1945, she met Everett Grapenthin, an outgoing young man who played on the Linn Grove High School and Buena Vista football teams. The couple married on August 1, 1948.

Elayne lived on a farm west of Linn Grove all of her years, except for the few years that her husband taught school in Marathon. At his insistence, once their children were raised, Elayne graduated with a bachelor's degree in education, and a minor in music, from Buena Vista. She taught in Lytton, Alta, Highview, Linn Grove and served as a substitute teacher.



**Elayne Grapenthin**  
**St. Luke Lutheran Home**  
**resident since**  
**July 2017**

Over the years, Elayne has devoted much of her time to activities associated with Trinity Lutheran Church in Linn Grove. She has played the piano, sang in choir, taught Sunday school, and held offices in the Lutheran Ladies Aid. Her children were baptized and confirmed at the small, rural church. Elayne and her family also enjoyed the close relationships built and nurtured there.

The Grapenthins supported their community, its schools and residents in the same manner. Elayne has attended many Sioux Valley and Sioux Central events and activities, even when her own children were not involved. She has supported the schools' baseball programs, cheered

on her son who pitched for the Montreal Expos baseball team, and never missed attending a grandchild's school event. She also is an avid Minnesota Twins and Iowa State University fan.

Elayne crafted clothing for her children, sewed wedding dresses for her daughters, and has made many quilts. She likes to cook and enjoys family get-togethers and spending special times with relatives. Traveling with her two sisters for three weeks in Sweden, visiting relatives, is among Elayne's most memorable vacations to date.

Elayne moved to Riverview Terrace Assisted Living in July 2014 before transferring to St. Luke Lutheran Home in July 2017. At St. Luke, she always has a smile and positive, observant comment ready to give. She loves to hear cardinals and bluebirds singing outside her window, and makes sure that visiting bluebirds and hummingbirds have plenty to eat. Participating in exercise classes, attending chapel, making jewelry, visiting with others and attending Sunday services fill her days.

"The people here and the workers here at St. Luke Homes & Services, are so friendly and helpful," Elayne said.

Elayne represented her church as a St. Luke Lutheran Home Auxiliary member for many years.

Today, Elayne also enjoys time spent with her three great-grandchildren, five grandchildren and three children: Diane Kleineweber of Algona, Jan Frey of Spirit Lake, and Richard Grapenthin of Alpharetta, Georgia.

## RECOGNIZING CAMPUS GRADUATES & THEIR PARENTS

**W**e wish to congratulate the following young men and women. During their respective careers at Spencer High School and Central Academy, these individuals have chosen to give of their time and talents at St. Luke Lutheran Home or Riverview Terrace: Emily Beehler, Matt Fox, Cheyenne Manwarren, Tierney Nissen, Samantha O'Clair, Cara Seversen and Courtni Seversen. We also want to recognize the parents of recent graduates who also work at St. Luke Lutheran Home or Riverview Terrace: Kandi Fox, Sue Lenz, Laura Manwarren and Cari Seversen.

Do you have questions?

Please give us a call.

- South Ridge Heights (712) 260-1950
- Riverview Terrace (712) 262-5932
- St. Luke Lutheran Home (712) 262-5931
- The Highlands (712) 262-5404

Check out St. Luke Homes & Services on Facebook!



**Our Mission:**

“To enhance the life, health and faith of all who choose to live in the St. Luke Christian community.”

**HUGHES A CERTIFIED DIETARY MANAGER**



**C**ongratulations to St. Luke Homes & Services' Director of Dietary Services, Mary Hughes, who recently became a Certified Dietary Manager and Certified Food Protection Professional!

This highly qualified professional in her field received these nationally-recognized credentials in May from the University of North Dakota.

In her job, Mary is committed to excellence in dietary management and is skilled in the areas of food service management, personnel and communication, nutrition, sanitation and safety, and business operations.

**HOMEOWNER OF THE MONTH**

Shirley (Pfitzenmaier) Peters' childhood years were spent with three sisters on their family's farm between Primghar and Hartley. She received her early education at School Center #7, a country school south of Hartley, before graduating from Hartley High School in 1949.



**Shirley Peters  
Highlands homeowner since August 2016**

In July 1950, Shirley married Wayne Peters. The couple farmed for many years northeast of Everly. They stayed busy watching their two children participate in various activities over the years and Shirley thoroughly enjoyed tending to her large garden on the farm.

The quiet woman, who loves being around others and would do most anything for another, put her creative talents to good use as she prepared a multitude of crafts at Molly Bea, which was located in Pat Monahan's basement near Everly. Shirley also spent time cooking at the Picadilly restaurant in Everly.

The Clay County Fair is another favorite of hers. For her first year, Shirley worked at Foot Long Hot Dogs. The next 15 years, Shirley waitressed with her sister, Bonnie Schoelerman of Hartley, at Stub's on the fairgrounds. Over the years,

she answered Clay County Fair questions at an information booth. She also entered many counted cross stitch patterns and baked food items in the Creative Living Center, keeping each of the ribbons she has received from all of her entries.

Her sister, June Hubbard of Worthington, Minnesota, taught Shirley how to design necklaces from church bulletins. Over the past five decades, she has cut and rolled many strips onto toothpicks and then strung them onto fish line. It takes three bulletins to make a necklace, she explained.

Friend Marilyn Winterboer recently asked if Shirley

might be interested in a large number of bulletins, to make more necklaces, when she was cleaning a closet at Hope Lutheran Church in Everly. Many are currently being stored in her son's garage.

An official Red Hat Society woman, Shirley owns several red and purple hats. Meeting and visiting over lunch with her fellow Red Hatters at multiple locations, such as Barb's in Everly and the Pizza Ranch in Spencer, is something she looks forward to every month.

Shirley is an active member of Hope Lutheran Church, where she has served on the council, as treasurer, on several church committees, and taught Sunday school and Bible school.

Liking what she saw when she toured The Highlands, Shirley officially made it her "home" in August 2016. As a homeowner, she has attended Spencer Community Theatre productions, been an active part of monthly "mix and mingle" parties, and played many hands of 500 with fellow residents of The Highlands. She appreciates the freedoms her current living arrangement offers, and enjoys always having friends nearby.

Shirley's children – Allen Peters of Spencer and Carol (John) Schwarck of Columbus, Ohio – three grandchildren, and five great-grandchildren are her pride and joy.



## SPONSORING CHURCHES OF ST. LUKE HOMES & SERVICES

Bethany Lutheran Church - Spencer, Iowa

Christ the King Lutheran Church - Spencer, Iowa

First Lutheran Church - Milford, Iowa

Grace Lutheran Church - Primghar, Iowa

Immanuel Lutheran Church - Spirit Lake, Iowa

St. Paul's Lutheran Church - Hartley, Iowa

Trinity Lutheran Church - Spencer, Iowa

Bethlehem Lutheran Church - Royal, Iowa

First English Lutheran Church - Spencer, Iowa

Grace Lutheran Church - Spirit Lake, Iowa

Hope Lutheran Church - Everly, Iowa

Immanuel Lutheran Church - Terril, Iowa

Trinity Lutheran Church - Linn Grove, Iowa

## GRANTING WISHES, MAKING MEMORIES



St. Luke Lutheran Home residents Don Manley and Lois Knight were recently granted wishes in the Make A Wish program. He used a golfing simulator, sinking two holes in one with one swing, and rode in a golf cart at Spencer Municipal Golf Course. She shopped and enjoyed a chocolate shake. Make a Wish program wishes are granted in part courtesy of St. Luke Homes & Services' Benevolent Fund and participating individuals, organizations and businesses.



**We'll see you at the  
Clay County Fair!**

**September 7 - 15, 2019**

- St. Luke Homes & Services**
- South Ridge Heights
  - Riverview Terrace
  - St. Luke Lutheran Home
  - The Highlands

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, give us a call at (712) 262-5931.



*St. Luke Homes & Services, Inc.*  
*"A Caring Community"*



## Governing Board

- Rev. Deb Mechler  
Roger Morris  
Sandi Schmidt  
Jerry Clausen  
Frank Halverson  
Gary Halverson  
Rev. Paul Kaldahl  
Jane Kruse  
Dr. Dean Pingel

## EMPLOYEE OF THE QUARTER

Taylor Albert serves as a full-time CNA at St. Luke Lutheran Home on weekends and works three days during the week as a day-care provider at Spencer Family YMCA.

Spending time with her family is important to Taylor. She and her husband, Doug, have three children - Kinnick, Trice and Carver - who were named after the Iowa and Iowa State college stadiums. She is hoping their two huskies - Ziva and Jethro - might someday be joined by a third, which she would like to name Dinozzo. The huskies' names are inspired by the television series "NCIS."

As a family, they enjoy traveling to and visiting Disney



**Taylor Albert**  
St. Luke CNA  
since June 2017

World on an annual basis. Their reservations for a Disney trip are already booked for this December.

Taylor enjoys watching her children play soccer and

T-ball, as well as attempt to hit golf balls with their father. As a family, the Alberts watch a lot of animated animal Disney movies, another favorite pastime of Taylor's.

Traveling abroad, watching The Lion King on Broadway, visiting the Australia Zoo, and living in a warm area are all on Taylor's bucket list of things to do. She is also interested in participating in the reality series "The Amazing Race" - not for the running involved; rather, that she is good at puzzles, math and putting things together and would be able to travel the world.

This fall, Taylor plans to return to Iowa Lakes Community College to finish her Licensed Practical Nurse classes. Eventually, she would like to become a Registered Nurse.

## TENANT OF THE MONTH

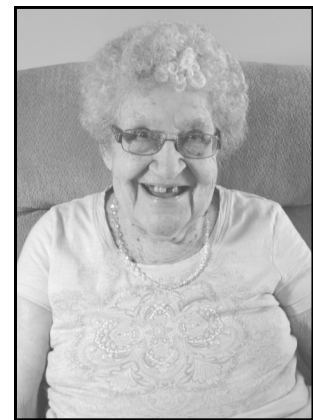
Born in April 1924 on her parents' farm near Terril, Mary Eischeid fondly remembers her five brothers "picking on" her constantly. Always a hard worker, she helped with all of the chores on the farm except for milking the cows.

At age 7, her family moved to Spencer. Following her 1942 graduation from Spencer High School, Mary began working in the office of Wilson Elevator, where she would meet World War II veteran Leonard Eischeid, an auctioneer and sale barn owner.

On September 4, 1948, Leonard and Mary Eischeid married. Alongside her husband, Mary began serving as a bookkeeper at Spencer Livestock Sale. Next, the couple worked side by side in the Windom, Minnesota, sale barn. In 1960, they built Spencer North Y Auction.

When the Eischeids retired in 1972, their five children bought the Spencer livestock sale barn. The family-run business featured Mary, and her well-known hot beefs and pies in the café, until 1 p.m., when she transitioned to help in the office.

During her tenure at the sale barn, Mary continued to clean others' homes, including Monsignor Robert Joynt's. The Sacred Heart Church member also canned a lot of foods for her family over the years. Today, pickled asparagus rates as her favorite food.



**Mary Eischeid**  
Riverview Terrace tenant  
since January 2014

Mary has also enjoyed sewing, and continues to complete embroidery and other fancy work for her family, which now includes children Joe (Jean) Eischeid of Blue Springs, Missouri, Jane (Steve) Lake of Spencer, Beth Lattner of Dubuque, Jim Eischeid of San Diego, 16 grandchildren, and 15 great-grandchildren.

At the prompting of her children, Mary moved to Riverview Terrace Assisted Living in January 2014.

"I enjoy it here," Mary said. "I have my privacy. But, if I do need assistance, there is always help available at Riverview Terrace. I also enjoy the food here. It's good. My favorite is the stir fry."