

# THE ST. LUKE SPIRIT



Spring 2019

Volume 7, Issue 1

## Upcoming Resident & Tenant Activities:

- **Ladies Gospel Trio**  
April 12 at 2:30 p.m.  
Riverview Terrace
- **Volunteer Brunch**  
April 13 at 9:30 a.m.  
St. Luke Lutheran Home
- **Good Friday Service**  
April 19 at 1:30 p.m.  
Riverview Terrace
- **Good Friday Service**  
April 19 at 3 p.m.  
St. Luke Lutheran Home
- **Mamma Mia!**  
April 25 at 7:30 p.m.  
SCT, Spencer
- **Hanson Family Jugglers**  
April 26 at 10 a.m.  
The Highlands
- **Kevin Anderson music**  
May 8 at 1:30 p.m.  
Riverview Terrace
- **Kevin Anderson music**  
May 8 at 3 p.m.  
St. Luke Lutheran Home
- **SONrise Gospel singers**  
June 17 at 2:30 p.m.  
St. Luke Lutheran Home

**More activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**

## STAYING ACTIVE AND HAVING FUN



Fun with students. Hand-eye coordination. Petting Lucky Hank. Making jewelry.



## You Won't Want to Miss This



The annual Ladies' Day Tea is scheduled for 2:30 p.m. on Saturday, May 18, at Riverview Terrace Assisted Living and St. Luke Lutheran Home.

*Please join in the fun!*

RSVP your attendance by Wednesday, May 15, by calling (712) 262-5931 for St. Luke or (712) 262-5932 for Riverview Terrace.

## ▪ WELCOME

Gussie Overeen

Anita Cooch

Harold & Jeanne  
Eninger

Marcia Peters

Loretta Bendlin

Dorothy Steven

Betty Kaiser

Bev Kenobbie

Al Ness

Bill & Donna  
Frederick

Sam & Marsha  
Heimgartner

Barb Hanson

Lois Schomaker

Gene & Beverly  
Sandvig

Pat Johnson

## ▪ BEST WISHES

LaVonne Kramer

Sandra Burnett

Mildred Klett

Ruth Thurston

Carol Lee

Lu Barnes

Pat Phillips

Darial Determan

## THANK YOU

**We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.**

- First Lutheran Church, of Milford, donated \$1,000 to the St. Luke Lutheran Home Special Gifts Fund to be allocated toward future equipment needs.
- The Clay County Community Foundation presented a \$7,500 grant award to St. Luke Homes & Services to assist with the purchase of a minivan which would allow for the daily transport of campus residents to appointments and fun social activities, as well as be loaned to family members choosing to take their loved ones currently housed on campus on outings.
- Bethlehem Lutheran Church, of Royal, donated \$10 to St. Luke Lutheran Home in memory of Elsie Andersen.
- Bethany Lutheran Church, of Spencer, donated \$650 to the Chaplain Fund of St. Luke Homes & Services.
- The family of Virginia Brinkley, a former Riverview Terrace and St. Luke Lutheran Home resident, donated a digital photo and video frame to St. Luke Homes & Services.
- An anonymous couple donated 100 bushels of soybeans to St. Luke Homes & Services' Charitable Gift Fund to advance the purchase of a new van.
- Farmers Trust & Savings Bank, of Spencer, donated five annual subscriptions of The Daily Reporter for St. Luke Homes & Services residents and visitors to read.
- Marilyn Bock, of Spencer, donated three quilts to St. Luke Lutheran Home.
- The family of Dixie Rigby, a late St. Luke Lutheran Home resident and longtime Auxiliary member, donated a wheeled walker, three boxes of adult protection and several clothing protectors to St. Luke Lutheran Home for use by residents.
- An anonymous individual donated an Espresso exercise bike to St. Luke Homes & Services for use in the employee wellness center.
- Bill & Jane Campbell, of Spencer, donated an afghan made by his mother to St. Luke Lutheran Home for use by residents.
- An anonymous couple gifted \$40 to St. Luke Homes & Services' Charitable Gift Fund in memory of Barbara Halverson and to be used as the family designates.
- The family of Ila Agler, a former resident of The Highlands and St. Luke Lutheran Home, donated an \$85 memorial to enhance activities which help residents enjoy their time while at St. Luke Lutheran Home.
- Gene & Denise Lovitt, of Spencer, Steve & Nancy Letcher, of Milford, Lisa Buchan, of Spencer, and Stan & Dorie Andersen, of Riverview Terrace and St. Luke Lutheran Home, donated \$85 to St. Luke Homes & Services' craft activity department in memory of Arla Gould.
- An anonymous individual gifted \$500 from her IRA to the St. Luke Homes & Services Charitable Gift Fund to advance the purchase of a new van.
- The children of Elizabeth "Betti" Oldenkamp, a former St. Luke Lutheran Home resident, donated a \$425 memorial to St. Luke Lutheran Home's Special Gifts Fund.

*Thank  
You*

## RESIDENT OF THE MONTH

Virginia “Deda” Behrens sees the beauty in things. Flowers and greenery, warm personalities, a good game with friends, and jewelry with “bling” are among her most favorite beautiful things.

Since moving to St. Luke Lutheran Home in September 2016, she has enjoyed playing cards, especially competitive games of 500, and Scrabble. Winning bingo games that earn her pieces of fun jewelry as a prize has also delighted her.

After attending a one-room country school four miles southeast of St. Luke Lutheran Home, Deda graduated in 1941 from Spencer High School. She married Milo Koenck, a frozen food salesman who served the area surrounding Spencer. The couple had two daughters: Karla Clegg of Vancouver, Washington, and Cindy Koenk of Longmont, Colorado.

Deda worked as a fabric rod painter at the South Bend Bait production plant and as a full-time clerk in the home department at JCPenney. It was during this time that her husband of 19 years, a World War II B-25 aerial bomber, con-



**Virginia “Deda” Behrens  
St. Luke Lutheran Home  
resident since  
September 2016**

tracted malaria and passed away at the age of 44 in 1964.

Several years later, after church one Sunday, State Senator Lee Holt asked

Deda if she would consider dating again. He had a gentleman friend in mind for her. He then introduced her to Ervin Behrens.

The couple married on November 27, 1970, and lived on a farm north of Everly. With this marriage, Deda also gained five stepchildren: Leo Behrens of Everly, Dorothy Brinkley of Hampton, Donna Hazelton of Owatonna, Minnesota, Mary Luchtel of Byron, Minnesota, and Paul Behrens of Spencer.

When the Behrens retired, they designed and built two brick ranch homes. The first was at West Lake Okoboji in Browns Bay. The second was in Milford. Deda, who would have liked to study interior design in college, decorated them. Both, as well as her room at St. Luke Lutheran Home, reflect this.

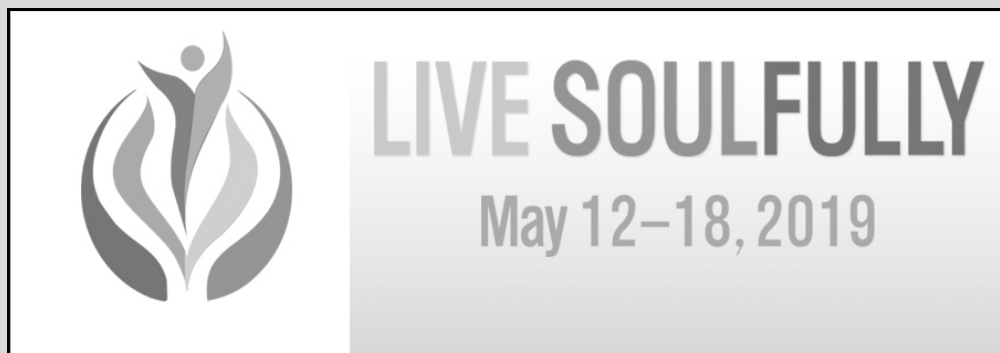
Deda lived in Riverview Terrace Assisted Living before moving in September 2016 to St. Luke Lutheran Home. The humble and generous woman is a member of First Lutheran Church in Milford.



**Plan to attend St. Luke Homes & Services’ Family Gathering  
Entertainment & Pie Social  
2:30 p.m. on Sunday, August 11  
in the Deegan Great Room at The Highlands**

## ‘LIVE SOULFULLY’

National Skilled Nursing Care Week will be observed  
at St. Luke Lutheran Home



- Check for special activities scheduled throughout the week to be posted around St. Luke Lutheran Home & on St. Luke Homes & Services’ Facebook page.

## SYMPATHY

Al Finnegan

Barbara Halverson

Betti Oldenkamp

Wayne Calhoon

Virginia Brinkley

Arla Gould

Carol Albers

Dixie Rigby

Connie Faulkner

Patricia Carter

Marion Peters

Melba Medsker

Gerald Cummins

Iris Hanson

Inez Freeman

Thora Grover



## THANK YOU, CLAY CO. COMMUNITY FOUNDATION

On March 11, St. Luke Homes & Services received a \$7,500 grant award from the Clay County Community Foundation. This generous gift will be used to purchase a minivan which will seat a wheelchair occupant and up to five additional individuals.



Additional donations are being sought for the purchase of this vehicle designed to benefit homeowners, tenants, residents and their family members. For more information about donating to this priority, please email: [charitablegift@stlukelh.com](mailto:charitablegift@stlukelh.com)

Photographed, from left: St. Luke Homes & Services board members Gary Halverson and Dean Pingel, St. Luke Homes & Services CEO/Administrator David West and Clay County Community Foundation board member Rolf Mosbo.

## TENANT OF THE MONTH

Maxine “Max” Davis loves to have a good time. She is sharp-witted and fun, has a great sense of humor, and is willing to try new things.

Max is strong, and can be feisty. She is also compassionate and open-minded. She is a fierce advocate for animal welfare and is beloved by her three “grand dogs” and two “grand cats,” who, along with their human parents, Max’s children, have duly tagged her “Grandma Sparkle.”

The native of Cresco attended a country school through eighth grade before graduating in 1950 from Assumption High School.

Max befriended Ben Davis, who worked at the gas station across the street from the sandwich shop she waitressed at. The two began dating when he returned from World War II, parked outside the drugstore she was working in, and asked if she would be interested in taking a ride in his yellow Jeep. The couple would later marry in 1951.

The newlyweds moved to Osage, where Max worked as a bookkeeper and Ben served



**Maxine “Max” Davis**  
Riverview Terrace  
tenant since  
January 2017

as a game warden. During their tenure in Mitchell County, Max also worked as a secretary in the county superintendent’s office and as an overnight CNA at the hospital.

Throughout the years, cats and dogs were common at the Davis’ home. So were many unusual “pets” including an eagle, fawn, skunks, squirrels and rabbits. Corky, their pet crow, was known to follow their children to school and to hide his shiny “valuables” on the roof of the nearby hospital in Osage.

When the Davis family moved to Spencer in 1965, Max worked for 12 years as a medical secretary for Dr. Frank Edington before serving another 12 years at Northwest Iowa Surgeons.

During her “free” time, Max enjoys decorating, painting rooms and walls, attending Mass at Sacred Heart Catholic Church, playing bridge and pinochle, and traveling.

For their 50th wedding anniversary, the Davis’ children – Deb Davis of Ankeny, Dick Davis of Eugene, Oregon, and Dan Davis of New Jersey - gifted them with a 15-day trip to Rome, Paris and Venice. This past fall, she visited the East Coast, spent time with family, and saw the Rockettes perform in Radio City Music Hall. Max has also enjoyed trips to Las Vegas, Mexico, the West Coast and Jamaica.

In January 2017, it was Max’s choice to relocate to Riverview Terrace Assisted Living.

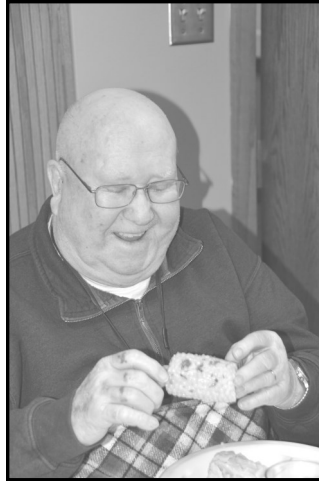
“I think my kids were all relieved when I made the announcement that this was my decision,” she said. “I would encourage everyone to check it out here. I don’t know how much better you can get. I’m pretty happy here.”

## VALENTINE'S DAY DINNER

### NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

- Alicia Rosales  
Riverview Terrace  
Personal Service Assistant
- Haley Suwalski  
St. Luke CNA
- Haley Stevens  
St. Luke CNA
- Cynthia Klaassen  
St. Luke CNA
- Courtni Severson  
Riverview Terrace  
Personal Service Assistant
- Linda Ragland  
St. Luke R.N.
- Destiny Long  
St. Luke Dietary Aide
  - Julie Ash  
St. Luke CNA
- Mary Ellen Ericson  
St. Luke Dietary Aide/Cook
- Shallene Kragel  
St. Luke R.N.
- Sarah Hickman  
St. Luke CNA
- Brice Archer  
St. Luke Dietary Aide
  - Whitney Coy  
Riverview Terrace  
Personal Service Assistant
  - Leah Heikens  
Riverview Terrace  
Personal Service Assistant
  - Morgan Fox  
St. Luke Dietary Aide
    - Evangelina Martinez  
St. Luke Dietary Aide



## GOOD FRIDAY AND EASTER 2019

### Good Friday services

- 1:30 p.m. April 19 at Riverview Terrace
- 3 p.m. at St. Luke Lutheran Home

### Easter Sunday services

- 10 a.m. April 21 at St. Luke Lutheran Home
- 11:15 a.m. at Riverview Terrace



## SPONSORING CHURCHES OF ST. LUKE HOMES & SERVICES

Bethany Lutheran Church - Spencer, Iowa

Christ the King Lutheran Church - Spencer, Iowa

First Lutheran Church - Milford, Iowa

Grace Lutheran Church - Primghar, Iowa

Immanuel Lutheran Church - Spirit Lake, Iowa

St. Paul's Lutheran Church - Hartley, Iowa

Trinity Lutheran Church - Spencer, Iowa

Bethlehem Lutheran Church - Royal, Iowa

First English Lutheran Church - Spencer, Iowa

Grace Lutheran Church - Spirit Lake, Iowa

Hope Lutheran Church - Everly, Iowa

Immanuel Lutheran Church - Terril, Iowa

Trinity Lutheran Church - Linn Grove, Iowa

## MANY REASONS TO CELEBRATE AT RIVERVIEW & AT ST. LUKE



**NATIONAL  
NURSES WEEK  
2019**  
AMERICAN NURSES ASSOCIATION

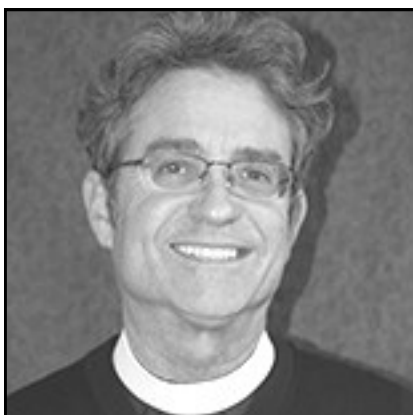
**4million**  
REASONS TO  
CELEBRATE

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**MAY 6 - 12, 2019**

### RETIRING BOARD MEMBER



Rev. Peter Maisenbach  
St. Luke Homes & Services  
Board Member  
March 1997–March 2019

Thank you to retiring St. Luke Homes & Services board member Rev. Peter Maisenbach for his selfless service in support of residents, tenants, homeowners and staff on our nonprofit, long-term care campus.

His vision, commitment and leadership for the future will be his lasting legacy for generations to come.

## WE HAVE BEEN BUSY



Rooting on Sioux Central basketball at state. Enjoying an ice cream float. Making a snowman indoors.



## GRANTING WISHES, MAKING MEMORIES

**Doretta Unrau is the first St. Luke Lutheran Home resident to make, and be granted, a wish in the new Make A Wish program.**

**She is shown, at left, with her wish:  
A strawberry sundae and carnations.**

**Money from St. Luke Homes & Services' Benevolent Fund is making resident wishes, like Doretta's, come true.**

## CONTINUING THE DREAM

**T**oday, we celebrate the strength of St. Luke Homes & Services.

There are many people to thank, from the people and churches who established it in the first place to all of the families, administrators, employees, volunteers and supporters who make St. Luke Lutheran Home, Riverview Terrace Assisted Living, South Ridge Heights and The Highlands what they are today.

As a nonprofit organization, St. Luke Homes & Services strives to maintain a balance between offering compassionate, quality care while keeping fees as low as possible for our residents, tenants and homeowners.

In order to ensure that we can continue to provide the Spencer area with quality housing and care for the social, medical and spiritual needs of our elderly population, we need to look beyond our normal income to maintain and improve our services.

The St. Luke Homes & Services Board of Directors has established opportunities for individuals, families and churches to contribute to current as well as future needs.

*Caring,  
Providing,  
and  
Enhancing*  
**Life, Health and Faith**



Three funds have been created:

- The **Special Gifts Fund** enables you to give and designate memorial and tribute gifts for specific needs.
- The **Charitable Gift Fund** provides an opportunity to designate the use of your funds **for specific needs.** Gifts of appreciated stocks, bonds, IRAs or real property may be contributed.
- The St. Luke Homes & Services **Endow Iowa Fund** allows you to claim a 25% Iowa Tax Credit in addition to the federal tax deduction. A variety of gifts qualify for Endow Iowa Tax Credits including cash, real estate, appreciated securities, bonds and retirement assets.

St. Luke Homes & Services receives gifts for its Charitable Gift Fund and its Endow Iowa Fund as a partner with the Clay County Community Foundation, an affiliate of the Community Foundation of Greater Des Moines.

In addition to maximizing your tax benefits and establishing a lasting legacy, all of these tools have been carefully considered and put in place to help you and others in our community ensure quality care at St. Luke Homes & Services well into the future.

Funding a well-furnished physical plant and exemplary care require funding to take that next step. We are blessed to already have a foundation of quality to build on. The time has come to seek initial financing for the funds we need to move forward with strength.

We hope you will help us keep this commitment to our beloved family and friends who need the services we provide.

Thank you for your ongoing support in achieving our mission to care for, provide, and enhance the life, health and faith of our elderly both now and in the future.

- If you are interested in receiving more information about St. Luke Homes & Services' Special Gifts Fund, Charitable Gift Fund, Endow Iowa Fund, or ways to contribute, please send an email to: [charitablegift@stlukelh.com](mailto:charitablegift@stlukelh.com) or give a telephone call to one of the following individuals: David West, Kris Todd, Dr. Dean Pingel, Gary Halverson, Rev. Deb Mechler, or Jerry Clausen.



## MEET OUR NEWEST BOARD MEMBER



**P**astor Paul Kaldahl Jr. was born in 1960 to Paul and Joyce Kaldahl in Milwaukee, during the time his father was completing residency to become a doctor/pathologist. After his father’s residency, the Kaldahl family moved to Oklahoma City, where Paul grew until he graduated from high school in 1979. He then matriculated at St. John’s College in Winfield, Kansas, where he spent the next four years until 1983, then earning a business degree with majors in accounting and management.

On December 29, 1982, Paul married Kristin Baumgarten in Clarinda. The couple stayed in Winfield for one year so Kristin could complete her four-year degree. In that time, Paul felt the Lord directing him toward the office of the holy ministry, so he took classes in Greek, Hebrew and other Bible classes. In 1984, Paul and Kristin moved to Fort Wayne, Indiana, where he attended Concordia Theological Seminary. In 1986, they gave birth to their firstborn son, Paul III, and moved to Royal Oak, Michigan, where Paul served one year of vicarage. In 1989, they moved back to the seminary to complete the final year of education.

Paul graduated in 1988 and received his first call to St. John’s Lutheran Church in Oberlin, Kansas. While serving there, Paul and Kristin gave birth to their next four sons: Kyle, Joel, Luke and Alex. They lived in Oberlin for nearly 10 years before Paul accepted the call in March 1998 to First English Lutheran Church in Spencer, where he still serves as senior pastor.

Paul has a passion for preaching and teaching God’s Word and applying it to the lives of his flock, so that they can grow in faith and service to the Lord. Outside of church activities, he enjoys bowling, golfing and tennis. Raised in Oklahoma City, Paul has never been able to abandon his love for the University of Oklahoma football - much to the consternation of faithful Iowans. Consequently, “Boomer Sooner” will occasionally be heard from his lips.

The Lord has blessed Paul and Kristin Kaldahl with five grown boys. The youngest, Alex, is a junior at Concordia University in Seward, Nebraska, as he studies to become a pastor. Two boys, Kyle and Joel, live in Lincoln with their wives and children, so Paul is grandfather to James and Leah, Peter and Lillian. Their oldest son, Paul, lives in Milwaukee with his younger brother, Luke. These two boys are single and work for the same company as computer programmers.

Kristin is the consummate pastor’s wife. As they say, “Behind every good man...” She keeps herself busy with many volunteer jobs and is the church organist at First English Lutheran Church. She enjoys reading, crafts, and using her many gifts to serve the Lord wherever possible.

<h1 style="text-align: center;">South Ridge Heights</h1> <h2 style="text-align: center;">Apartments Available</h2>  	<p style="text-align: center;"><b>1209 12th Street SE • Spencer, Iowa</b></p> <p><b>Available For Rent</b></p> <p style="text-align: center;"><b>Studio</b></p> <p style="text-align: center;"><b>1 Bedroom</b></p> <p style="text-align: center;"><b>2 Bedroom</b></p> <p><b>Furnished Units Available</b></p> <p><b>Short-Term Leasing Options</b></p> <p><b>Property Features</b></p> <ul style="list-style-type: none"> <li>• New kitchen appliances</li> <li>• Utilities included</li> <li>• Washer and dryer on each floor</li> <li>• Garages available</li> <li>• Indoor aquatic center available</li> <li>• Secure building</li> <li>• Elevator</li> <li>• Housekeeping services available</li> </ul>
	<p><b>CALL TODAY</b></p> <p><b>(712) 260-1950 or (712) 262-5404</b></p> <p><a href="http://www.stlukelh.com/southridgeheights.html">www.stlukelh.com/southridgeheights.html</a></p>

- St. Luke Homes & Services**
- South Ridge Heights
  - Riverview Terrace
  - St. Luke Lutheran Home
  - The Highlands

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.

**We're on the Web!**  
[www.stlukelh.com](http://www.stlukelh.com)

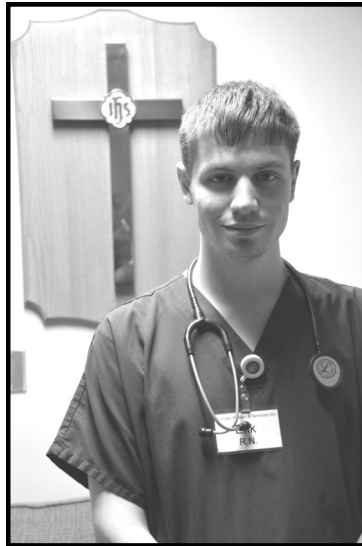
*St. Luke Homes & Services, Inc.*  
*"A Caring Community"*



## **Governing Board**

Jerry Clausen  
Frank Halverson  
Gary Halverson  
Rev. Paul Kaldahl  
Jane Kruse  
Rev. Deb Mechler  
Roger Morris  
Dr. Dean Pingel  
Sandi Schmidt

## **CONGRATULATIONS!**



**Erik Forslund**  
St. Luke Lutheran Home  
Registered Nurse  
Employee of the Quarter  
October - December 2018



**Heather Halder**  
St. Luke Lutheran Home  
Certified Nursing Assistant  
Employee of the Year  
January - December 2018

## **HOMEOWNER OF THE MONTH**

After graduating from high school, Adrienne (Koll) Crouch enrolled in the World War II Cadet Nursing Corps at Jennie Edmonson Hospital. By the time she had completed her training in 1948, World War II had concluded.

As a newly-minted Registered Nurse (RN), Adrienne met the love of her life, Robert Crouch, while he visited a patient at the Council Bluffs hospital. The two married in April 1949.

As the newlyweds started their family, they lived in Council Bluffs. The Crouch family moved to Spencer in 1961.

Adrienne worked as an overnight nurse at Spencer Hospital. Before retiring in December 1988, after 25 years, she served as an RN in various departments at the hospital.

After retiring, Robert and Adrienne Crouch spent time traveling in their motor



**Adrienne Crouch**  
Highlands homeowner  
since June 2007

home. They visited California, Montana, Las Vegas, and Canada. In 2006, Adrienne embarked upon a three-week trip to London and Paris.

Over the years, Adrienne has enjoyed anything associated with her church, First English Lutheran in Spencer.

She has served as its prayer chain leader for over 20 years and taken part in making many quilts as mission projects. For many years, Adrienne, an accomplished seamstress, and fellow church members would meet at St. Luke Lutheran Home to sew name tags into the clothing of residents.

In June 2007, she moved to The Highlands, where she enjoys joining other homeowners for coffee and discussion six mornings a week. She also swims in the indoor aquatic center, assembles puzzles, reads, plays Kings in the Corner, participates in the monthly potlucks, and celebrates the birthdays and anniversaries of fellow homeowners.

Time spent with family is important. Adrienne enjoys any time with her 11 great-grandchildren, 11 grandchildren and six children: David Crouch of Henderson, Nevada; Richard Crouch of Santee, California; Roger Crouch of Spencer; Daniel Crouch of Spencer; Julie Arneson of Estherville; and Mike Crouch of Las Vegas.