

# THE ST. LUKE SPIRIT



Fall 2018

Volume 6, Issue 3

## GLIMPSES OF SUMMERTIME

### Upcoming Resident & Tenant Activities:

- **Spencer vs. MOC-Floyd Valley football**  
September 7 at 7 p.m.  
Dale Norton Field
- **Music with Bob Floss**  
September 13 at 3 p.m.  
St. Luke Lutheran Home
- **Wild Rose Casino**  
September 18 at 11 a.m.  
Emmetsburg
- **Iowa Great Lakes Lutheran students to perform**  
September 19 at 1 p.m.  
St. Luke Lutheran Home
- **Denny Nelson music**  
September 19 at 2:30 p.m.  
Riverview Terrace
- **Spencer vs. Denison-Schleswig football**  
September 21 at 7 p.m.  
Dale Norton Field
- **Fishing**  
September 25 at 2 p.m.  
Stolley Pond, Spencer

**More activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**



### Celebrating Assisted Living Week

We will observe National Assisted Living Week at Riverview Terrace by dressing in specific colors each day. Please join in the fun with us!

- Monday, September 17.....Wear Red Day
- Tuesday, September 18.....Wear Blue Day
- Wednesday, September 19.....Wear Green Day
- Thursday, September 20.....Wear Pink Day
- Friday, September 21.....Wear Yellow Day



Fun and colorful photographs taken this week will be posted on St. Luke Homes & Services' Facebook page.

We appreciate your "Likes," "Shares" and "Comments" here.

## ▪ WELCOME

Iris Halverson

Irene Groote

Lucy Steffen

Zerena Dardis

Dick Boothby

JoAnn Stinehart

Marlene Graham

June Johannsen

W. Jack Phillips

Joanne Koch

Betty Eickhoff

Lorna Burgeson

Georgia Sterler

Karen Cornwell

## ▪ BEST WISHES

Nancy Leppert

DyAnn Getting

Luella Reed

Doris Camp

Maxine Cohoon

Gloria Frehse

Dorothea Donaldson

## ▪ SYMPATHY

Madeleine Reuter

Ruth Proehl

Leone Manley

Velma Wiese

Scott Mackey

Alice Carlson

Violet Schmidt

Mildred Hoefgen

Janelle Saunders

Mary Bayne

## THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- In memory of their mother, grandmother and great-grandmother, the family of Barbara Faber donated a flat-screen television, a walker, and \$300 toward the planting of two Quick Fire Hydrangea trees in front of St. Luke Lutheran Home.
- The family of Dolores "Dede" Shuck, a former St. Luke Lutheran Home resident, contributed a \$515 memorial to St. Luke Lutheran Home in her memory.
- Saul Christensen, of the Clay Raiders 4H Club, and Abby and Noah Goeken, of the Clay County Countrymen 4H Club, purchased supplies and planted a St. Luke Lutheran Home courtyard in memory of Jody Mowery.
- Members of the Clay County PALS group planted a St. Luke Lutheran Home courtyard.
- Betty Von Ehwegen, of Terril, donated a \$20 memorial for former St. Luke residents Irene Stoll and Dorothy Casperson to St. Luke Lutheran Home.
- The family of Ruth Proehl, a former St. Luke Lutheran Home resident, donated two framed pictures and wooden shelves to St. Luke Lutheran Home in her memory.
- Virginia "DeDa" Behrens, a St. Luke Lutheran Home resident, contributed \$500 toward the Chapel room at St. Luke Lutheran Home.
- Pat and Leanne Walsh, of Cherokee, donated 300 ears of sweet corn that St. Luke Homes & Services residents and staff members enjoyed eating.

## A NEW CHAPTER



**H**aving never stepped foot inside a nursing home before being hired in October 1979 by Glenn Neve, Georgia Wrightsman has now worked at St. Luke Lutheran Home for more than half her life.

The Dyersville native who married John "Mike" Wrightsman and lived in Ames, where she served as a childcare worker with emotionally disturbed children for five years before moving to Spencer, is now approaching her retirement.

Georgia began her duties at St. Luke as an activity aide. After five years, she was offered the position of Social Services Designee. Georgia completed her Social Work degree from Buena Vista College and, in June 1986, was named Social Worker and Admission Coordinator at St. Luke Lutheran Home.

In this role, through the admission and discharge planning process, she has worked with over 2,000 residents and their families. Georgia has also witnessed and experienced many changes over the years on the St. Luke Homes & Services campus.

Upon her retirement in October, Georgia is looking forward to making their Lost Island cottage their full-time "home." She will enjoy boating, kayaking, walking, fishing, reading, spending time in nature and volunteering at the Lost Island Nature Center. Georgia and Mike are also eagerly anticipating spending one month in Destin, Florida, this winter, as well as more time with their sons, Andrew and Brian, and five grandchildren in the Des Moines area.

## RESIDENT OF THE MONTH

Lela Anderson is a hard working woman who knows how to have fun.

Born in November 1928 to Hans and Emily Struve, Lela was the youngest of four children. Their picturesque farm, northeast of Sioux Rapids, hosts many trees with a creek flowing through it.

Farm life suited Lela well. It introduced Lela to her future husband, who was the oldest of 10 kids and lived on the farm across the road. Doyle Anderson and Lela dated throughout their years at Cornell High School, where she was a cheerleader and known for her singing abilities and piano playing. The summer after high school graduation, August 1946, Lela was selected by movie star Ronald "Dutch" Reagan from a field of seven beauties, and was crowned queen of the Storm Lake semipro baseball tournament.

Together, Doyle and Lela Anderson managed a grain and livestock farm northwest of Linn Grove. It hosted two herds of milk cows and 2,000 laying hens.



**Lela Anderson**  
**St. Luke Lutheran Home**  
**resident since March 2015**

Attending and participating in church activities has always been important to Lela. As a child, she recalls her father taking her mother in a horse-drawn wagon to play the pump organ at country church services. After marrying, Lela

made sure many confirmands were delivered to and attended confirmation classes at Trinity Lutheran Church in Linn Grove. She also sang in the church choir and taught Sunday school classes.

Lela was an active, hardworking member at the Sioux Rapids golf course and was very good at putting – which she enjoys showing today to St. Luke Lutheran Home CNAs. Winter was time for bowling on the women’s league at Valley Lanes.

Since moving to St. Luke Lutheran Home in March 2015, Lela has been a “regular” at many of the planned activities. She especially enjoys daily exercise classes and talking about life on the farm.

Lela’s family includes daughter Elaine (Martin) Schoening of Linn Grove, sons Duane Anderson of Linn Grove, Douglas (Darlene) Anderson of Hulbert, Oklahoma, David Anderson of Storm Lake, as well as nine grandchildren, 14 great-grandchildren, and two great-great-grandchildren.



**If you receive the new Medicare card for a St. Luke campus resident, tenant or homeowner, please bring it to their respective building so we can make a quick copy of it.**

**Thank you!**

## FUN AT THE CLAY COUNTY FAIR

Residents and tenants of the St. Luke Homes & Services campus will have the opportunity to attend the following events, among others, at the 2018 Clay County Fair:



Monday - Veterans Day parade and program

Tuesday - Breakfast at the Fair

Wednesday - Lions Club wagon ride around the fairgrounds

Wednesday - Dixieland Band & Looney Lutherans tent show

Friday - Lions Club wagon ride around the fairgrounds

Do you have questions?

Please give us a call.

- South Ridge Heights (712) 260-1950
- Riverview Terrace (712) 262-5932
- St. Luke Lutheran Home (712) 262-5931
- The Highlands (712) 262-5404

Check out  
St. Luke  
Homes & Services  
on Facebook!



### Our Mission:

“To enhance the life, health and faith of all who choose to live in the St. Luke Christian community.”

## THE HIGHLANDS' GREAT ROOM RENOVATION

Special thanks to Mildred “Middy” Deegan for her generous gift which has made it possible for beautiful enhancements to occur in The Highlands.

Middy, a former homeowner at The Highlands and tenant of Riverview Terrace,

contributed toward the reconstruction of an exterior wall in the Great Room. This renovation resulted in the addition of several new windows and a door.

We treasure Middy's generosity and feel blessed for her continued loving support of the St. Luke Homes & Services campus.



## HOMEOWNERS OF THE MONTH

They are outgoing, active and living life to the fullest.

Dick Burgeson and Sharon Lachner also have strong, longstanding ties to the St. Luke Homes & Services campus.

Lachner served as the hairstylist at St. Luke Lutheran Home for 17 years before transferring to The Highlands, where she served for another 10 years. His parents, Clifford and Irma Burgeson, were the second couple to move into The Highlands when it opened in August 1991. Burgeson's aunt, Mildred “Middy” Deegan, another former Highlands homeowner, collaborated with his mother to get the two to meet.

Lachner, who was working nights at The Prime Rib in Spencer, happened to be the waitress on October 16, 1998, when Deegan took her nephew to dinner.



**Sharon Lachner &  
Dick Burgeson  
Highlands homeowners  
since April 2015**

Burgeson and Lachner married exactly two years later in the Great Room at The Highlands.

Upon hearing that a corner suite had become available in 2014, Burgeson purchased it sight unseen while vacationing with his wife in Texas. On June 16, 2014, the couple officially became Highlands homeowners.

After graduating from Spencer High School, Lachner attended Larson

School of Cosmetology. She worked at different beauty salons in Spencer before owning her own, The Mane Salon, and then transitioning to work at St. Luke and The Highlands.

Burgeson, who was raised near Royal, graduated from Sutherland High School. He farmed north of Peterson before becoming a traveling salesman.

After marrying, the couple traveled. They bought a new truck and fifth wheel camper, which served as their full-time home for seven years. They still spend half the year with others in a mobile home park in Texas. Their long-haired Himalayan cat, Sadie, is their constant traveling companion. Together, they enjoy golfing, fishing, shooting pool, spending time with her two boys and his two girls, and attending Hope Church in Spencer. At The Highlands, Lachner is teaching others to play Mah-jong. She and Burgeson also enjoy visiting 5:13 Bar with other Highlanders and entertaining friends who visit them.

## NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

- Kaitlyn Essick  
St. Luke Dietary Aide
- Samantha Garvick  
Riverview Terrace  
Personal Service  
Assistant
- Andee Youngdahl  
St. Luke Dietary Aide
- Bryson Blair  
St. Luke Dietary Aide
- Sarah Arcand  
Riverview Terrace  
Personal Service  
Assistant
- Christiana Anderson  
St. Luke Dietary Aide
- Teanna Lovan  
St. Luke Dietary Aide
- Samantha O'Clair  
St. Luke Dietary Aide

## WANTED

A few music stands for visiting performers to use

## RECOGNIZING OUR VETERANS

The following men and women will be among those recognized from The Highlands, South Ridge Heights, Riverview Terrace, and St. Luke Lutheran Home during a Veterans Day program slated on November 8 at The Highlands. Local veterans group members and



representatives of a local hospice organization will assist with the 2:30 p.m. program. Family and members of the general public are encouraged to join in this celebration of our country's veterans.

**World War II:** Stan Andersen, Raymond Bertness, Knox Campbell, Barney Granstra, Richard "Dick" Hallett, Harold Hammerstrom, Gerald Hanson, Stanley Jespersen, Raymond Muller, Beryl Reed, Richard "Dick" Romp, Frank Rose, Robert Stewart, Glen Stoterau, and Roy Stroud

**Korean War:** Ed Bayne, Allen Colby, Gerald Cummins, Thomas Gilderhus, Harold Hammerstrom, Ronald Haraldson, Roger Hoberg, Eldon Kopel, Don Linnan, Curtis Paulsen, Tom Powers, Carlton Quee, Robert Rinehart, Marvin Schmidt, Larry Stanislav, Marvin Thuringer, and Roger Waggie

**Cold War:** Richard "Dick" Boothby and Verdis Koehlmoos

**Vietnam War:** Barbara Brechler, Charles "Duane" Campbell, Craig Marr, W. Jack Phillips, and Harry "Skip" Ritchart

## NOTES OF INTEREST

Campus residents are encouraged to go out with family and friends. A sign out book is provided for residents to indicate where they are going and when they expect to return. The resident or family member should check with a nurse before leaving for medications that may be needed during an absence.

When planning an extended visit over 24 hours, please contact the nursing department in advance.



**DATE:** Sunday, September 30

**WHEN:** Registration: 12:45 p.m.

Opening Ceremony: 1:45 p.m.

Walk: 2 p.m.

**WHERE:** East Leach Park, Spencer

## SPONSORING CHURCHES OF ST. LUKE HOMES & SERVICES

Bethany Lutheran Church - Spencer, Iowa

Christ the King Lutheran Church - Spencer, Iowa

First Lutheran Church - Milford, Iowa

Grace Lutheran Church - Primghar, Iowa

Immanuel Lutheran Church - Spirit Lake, Iowa

St. Paul's Lutheran Church - Hartley, Iowa

Trinity Lutheran Church - Spencer, Iowa

Bethlehem Lutheran Church - Royal, Iowa

First English Lutheran Church - Spencer, Iowa

Grace Lutheran Church - Spirit Lake, Iowa

Hope Lutheran Church - Everly, Iowa

Immanuel Lutheran Church - Terril, Iowa

Trinity Lutheran Church - Linn Grove, Iowa

## PRESTON ORDAINED

Please join in congratulating The Rev. Elizabeth Cone Preston for her ordination to the Sacred Order of Priests.

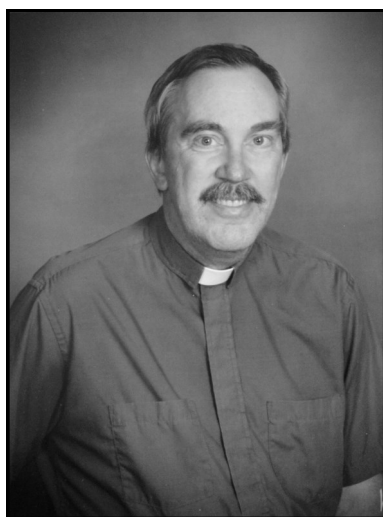
Beth is shown (at right) serving Holy Communion to other clergy at her ordination, which occurred July 15 at St. Alban's Episcopal Church in Spirit Lake.

Under the guidance of Chaplain John Syvertson, Beth completed upwards of 200 hours of clinical pastoral education training on the St. Luke Homes & Services campus in Spencer.

Since 2017, Beth continues to volunteer on campus on a regular basis



## SYVERTSON TO SHARE



The morning of Saturday, October 27, Chaplain John Syvertson will speak about his recent board certification to members of the United Methodist Men at Grace United Methodist Church in Spencer.

John is a board-certified chaplain with the Association of Professional Chaplains.

This 8 a.m. breakfast meeting will be held in the Wesley Room and is open to the public.

## HOLIDAY ANNOUNCEMENTS

▶ Plan to enjoy traditional Thanksgiving and Christmas meals with your loved ones at St. Luke Lutheran Home, Riverview Terrace Assisted Living and The Highlands. You may call between 8 a.m. and 4:30 p.m. to make holiday dining arrangements. Meals may be charged to a resident's or tenant's account with his or her permission, or may be paid for directly at the front desk. At least one week's notice is required for these special meals and to ensure proper space is available for everyone wishing to join in the fun.

▶ Please watch St. Luke Homes & Services' Facebook page for an Advent service schedule.

▶ Plan to spread your holiday spirit this year by mailing a Christmas card. For the third year, the goal of St. Luke Lutheran Home residents is to receive holiday wishes from all 50 states and, in turn, post them on the wall leading into the main dining room. Please consider mailing your holiday wishes to:

St. Luke Lutheran Nursing Home  
c/o Holiday Greetings  
1301 St. Luke Drive  
Spencer, Iowa 51301

Thank you for helping to spread the word about this Christmas card goal!

▶ We treasure your presence, but if you have cold or flu symptoms this fall or winter, we ask that you refrain from visiting until you are feeling better.



St. Luke Homes & Services has a fund that supplements tenants and residents who do not have the financial resources available to participate in optional activities.

If you would like to assist, please make a tax-deductible donation to:

St. Luke Homes & Services  
c/o The Benevolent Fund  
1301 St. Luke Drive  
Spencer, Iowa 51301

- St. Luke Homes & Services**
- South Ridge Heights
  - Riverview Terrace
  - St. Luke Lutheran Home
  - The Highlands

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.



*St. Luke Homes & Services, Inc.*  
*"A Caring Community"*



## Governing Board

- Frank Halverson  
Roger Morris  
Rev. Peter Maisenbach  
Jerry Clausen  
Dr. Dean Pingel  
Gary Halverson  
Jane Kruse  
Rev. Deb Mechler  
Sandi Schmidt

## EMPLOYEE OF THE QUARTER

This Certified Medication Aide and Certified Nursing Assistant is known for being friendly and actively engaged with the residents she cares for. Among her peers, Sarah Diekmann is also known for her positive "can-do" attitude.

After graduating from Estherville High School, the native of Armstrong enrolled in classes at Iowa Lakes Community College. It didn't take long for Sarah to realize the best route for her would be to try a hands-on approach first.

After moving to Spencer, Sarah began serving in October 2007 as a CNA at St. Luke Lutheran Home. In



**Sarah Diekmann**  
**St. Luke Lutheran Home**  
**Certified Medication Aide**

late 2017, she was offered the opportunity by her employer to pursue a CMA education from ILCC and to receive her CMA certification. Sarah accepted this

new role at St. Luke Lutheran Home in February 2018.

"I love my career and the environment in which I serve," Sarah said. "Getting to interact with residents, helping them with their needs and getting to know their families, is the best."

Sarah knows that she is on the right track professionally. Her next goal is to pursue her education and become a Registered Nurse.

Outside of work, Sarah and her husband, Blake, a patrolman and investigator with the Spencer Police Department, have two children: Braden, 9, and Addison, 6. As a family, the Diekmanns enjoy spending time on their boat, camping and being outdoors.

## TENANT OF THE MONTH

Born November 29, 1931, on a farm near Boyden, Doris DeBoer was the youngest of Henry and Mary Rensink's six children. Her parents' large dairy farm, which served as a safe landing spot for many transients during wartime years, also produced the gravel mixture used in the making of Highway 18 from Sheldon to Highway 71 in Dickinson County.

As a teenager, Doris drove tractor for her father's custom baling and combining service. As she matured, Doris tended to the children of nearby couples. She helped individuals recuperate following stays in the hospital. She also cleaned, shopped and prepared meals for others.

One special morning after choir practice at Central Baptist Church in Boyden,



**Doris DeBoer**  
**Riverview Terrace tenant**  
**since December 2014**

Louis DeBoer's sister introduced the two. They married in November 1952.

Doris continued working as a clerk in a dime store in Sibley, where she enjoyed being in charge of the candy department. The couple farmed for her father for several years before Louis

DeBoer became a motor grader driver with the Osceola County Motor Division.

The DeBoers purchased a three-room house in Melvin. Over the years, they tripled the size of the building, making it their family home.

Doris sold Avon, children's and women's clothing at home parties. She also worked as a waitress and a cook at the café in Sanborn. In 2011, she retired as a CNA at Primghar Care Center.

In December 2014, she moved to Spencer. If not busy with an activity at Riverview Terrace, Doris enjoys spending time with her two great-grandchildren, nine grandchildren and six children: Justin (Sue) DeBoer of Crescent, Amy (Ray) Kauten of Postville, Preston (Darcy) DeBoer of Hartley, Joey (Dawn) DeBoer of Spencer, Bernie DeBoer of Hartley, and Doug (Linda) DeBoer of Miller, South Dakota.