

# THE ST. LUKE SPIRIT



September 2017  
Volume 5, Issue 9

### Upcoming Resident & Tenant Activities:

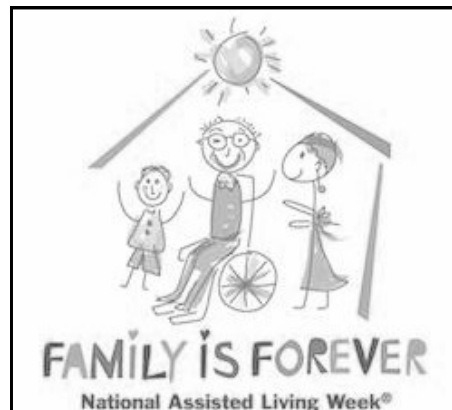
- **Spencer High School football players to visit**  
Thursday nights at 7 p.m.  
St. Luke Lutheran Home
- **Music with Denny Nelson**  
September 12 at 2:30 p.m.  
Riverview Terrace
- **Music with Bob Floss**  
September 14 at 3 p.m.  
St. Luke Lutheran Home
- **Iowa Great Lakes Lutheran School students to visit**  
September 20 at 2 p.m.  
St. Luke Lutheran Home
- **Red Hat Ladies and Quilt Talk**  
September 21 at 3 p.m.  
St. Luke Lutheran Home
- **Out to Eat & Gambling**  
September 26 at 10:30 a.m.  
Wild Rose Casino
- **Music with Ray Meyer**  
September 28 at 3 p.m.  
St. Luke Lutheran Home
- **Football: Spencer Tigers vs. Bishop Heelan Crusaders**  
September 29 at 6:30 p.m.  
Dale Norton Field, Spencer

**More September 2017 activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**

## CELEBRATING ASSISTED LIVING WEEK

**W**e will observe 2017 National Assisted Living Week at Riverview Terrace by dressing up in theme-specific outfits each day. Please join in the fun with us!

- Monday, September 18.....Favorite Color Day
- Tuesday, September 19.....Twins Day
- Wednesday, September 20.....Hat Day
- Thursday, September 21.....Pajama Day
- Friday, September 22.....Tie Dye Day



## YOU CAN DONATE TO HURRICANE HARVEY RELIEF

As the Gulf Coast continues to feel the wrath of Harvey, which has been downgraded to a tropical storm, heroes of Hurricane Harvey are popping up everywhere.

We, of St. Luke Homes & Services, continue to pray for the safety and well-being of our brothers and sisters. We've also chosen to donate \$100, from our Friday blue jean fund, to relief efforts.

If you would like to join us, please drop off your donation by **September 11** to the front desk at St. Luke Lutheran Home and we will forward your donation along with St. Luke Homes & Services' to the American Red Cross.



**American Red Cross**

## THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Virginia "DeDa" Behrens, of St. Luke Lutheran Home, donated \$500 to be used for the new St. Luke Chapel and for the Activity Fund.
- In memory of their mother, Gloria Dykstra, Sandi & Kirby Schmidt, of Spencer, Rodney and Randy Dykstra, of Everly, donated \$500 to St. Luke Homes & Services' Benevolent Fund, which supplements tenants and residents who do not have the financial resources to participate in optional activities.
- Members of the St. Luke Lutheran Home Auxiliary contributed \$1,250 for implementation of the Music & Memory program and for the upcoming certification of staff for the program at St. Luke Lutheran Home.
- Members of the Lutheran Laymen's League of Immanuel Lutheran Church, Spirit Lake, donated \$100 to St. Luke Lutheran Home.
- Jerry Crew, of Webb, donated 70 ears of sweet corn that Riverview Terrace Assisted Living tenants and staff members enjoyed eating.

### ▪ WELCOME

Gloria Harris

Beryl Reed

Steve Simmons

Deanna Logan

Dale Brower

### ▪ BEST WISHES

Elvinah Davis

Jackie Wyman

Barbara McDonough

Betty Kruse

### ▪ SYMPATHY

Robert Stoeber

Gladys Stoeber

### Plan to walk with the St. Luke Homes & Services team

Held annually in more than 600 communities nationwide, the Walk to End Alzheimer's is the world's largest event to raise awareness and funds for Alzheimer's care, support and research. Consider yourself invited to join the St. Luke Homes & Services team at this year's walk.



**DATE:** Sunday, September 24

**WHEN: Registration:** 12:45 p.m.

**Opening Ceremony:** 1:45 p.m.

**Walk:** 2 p.m.

**WHERE:** East Leach Park, Spencer

### SEPTEMBER HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

- 1 - Carol Lee
- 1 - Bob Rinehart
- 2 - Patricia Carter
- 2 - Gary Wolthuis
- 3 - Virginia Brinkley
- 4 - Helen Leith
- 10 - Dorothy Schmid
- 16 - Elvera Eckert
- 17 - Joan Linnan
- 17 - Mary Tensen

- 17 - Velma Wiese
- 19 - Donald Linnan
- 21 - Raymond Hart
- 29 - Carol Koehlmoos
- 29 - Dolores Schmidt



# CELEBRATING 50 YEARS OF SERVICE



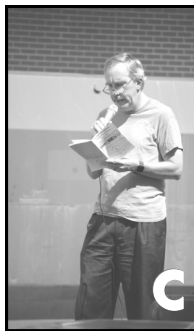
The 50th Anniversary of St. Luke Lutheran Home, in Spencer, was celebrated the afternoon of August 20 by friends and family, who participated in a praise and thanksgiving service, and a rededication before joining together for fellowship over lunch. Among the special moments captured in photographs include:

- A) CEO/Administrator David West welcoming those who had gathered.
- B) Board of Director's President Frank Halverson delivering a special message.
- C) Chaplain John Syvertson conducting the rededication ceremony.
- D) Organist Ray Meyer providing music for the afternoon's festivities.
- E) Clay County Cattlemen grilling burgers and F) the ensuing lunch line.

G) Michael Anderson (front) was joined by family members Tron & Courtney Dandy, Jonah and Jeb Sonderman for the anniversary celebration.

H) Former Board of Director presidents Kaylan Abel (left) and John Jensen share a laugh together.

More photographs & videos of the celebration are available on St. Luke Homes & Services' Facebook page.



## NO MATTER YOUR SENIOR HOUSING NEEDS, ST. LUKE HOMES & SERVICES HAS YOU COVERED!

**South Ridge Heights  
Independent Rentals**  
1209 12th Street SE  
(712) 260-1950

**St. Luke Lutheran Home  
Skilled Nursing Home**  
1301 St. Luke Drive  
(712) 262-5931



**The Highlands  
Independent Suites**  
1211 St. Luke Drive  
(712) 262-5404

**Riverview Terrace  
Assisted Living  
Residence**  
1501 St. Luke Drive  
(712) 262-5932

**RENTAL UNITS AVAILABLE NOW!**

St. Luke Homes & Services offers a continuum of care in a Christian setting while attending to the individual needs of everyone who lives on campus.

[www.stlukelh.com](http://www.stlukelh.com)

Find us on: Facebook

## ▪ NEW STAFF

*Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:*

- Chance Penning  
St. Luke  
Indirect Care Aide
- Kaelob Streuli  
St. Luke Dietary Aide
- Jaculine Smith  
St. Luke CNA
- Tammi Widener  
Riverview Terrace  
Personal Service  
Assistant & CNA
- Immaculate Makori  
St. Luke LPN
- Christy Callahan  
St. Luke Housekeeper

## ▪ NOTES

- Would you like to FaceTime or Skype with a resident or tenant on campus? Contact Amanda Klein at (712) 262-5931 to schedule a time.
- Please do not stay parked in front of the four residences on campus. This is for temporary loading and unloading. Your cooperation is appreciated.

## SOLAR ECLIPSE



On August 21, Riverview Terrace tenants Margaret Bohn and Larry Stanislav joined Riverview Terrace staff members in the viewing of an eclipse of the sun.

## IT'S FAIR TIME!

Residents and tenants of the St. Luke Homes & Services campus will have the opportunity to attend the following events, among others, at the 2017 Clay County Fair:

- September 11 - Veteran's Day Parade & Program
- September 12 - Breakfast at the Fair
- September 14 - Lion's Club Wagon Ride
- September 15 - Tent Show



## MUSIC & MEMORY PROGRAM COMING TO ST. LUKE



Music can vastly improve a person's quality of life.

Members of the St. Luke Lutheran Home Auxiliary, without the hint of hesitation, recently approved funding implementation of the Music & Memory program at the skilled nursing home, and the certification of staff in the program.



Music & Memory provides participants with iPods and personalized playlists. The program has the potential to enable those struggling with Alzheimer's, dementia and other cognitive and physical challenges to "reconnect" with the world through music-triggered memories. The program also encourages conversation as it helps people to relax and find a welcome, peaceful environment.

## COMMUNITY CORNERSTONES

▪**Bethany Lutheran Church**

15 West 14th Street, Spencer  
Rev. Jennifer Henry  
(712) 262-2327  
[www.bethluthspencer.com](http://www.bethluthspencer.com)

▪**First English Lutheran Church**

1311 E. 18th Street, Spencer  
Pastor Paul Kaldahl  
(712) 262-5598  
<http://spencer-church.com>

▪**Grace Lutheran Church**

380 N. Rerick Avenue, Primghar  
(712) 957-4795

▪**Immanuel Lutheran Church**

206 Terril Avenue, Terril  
Pastor David Doellinger  
(712) 853-6192  
[www.facebook.com/lcmsterril](http://www.facebook.com/lcmsterril)

▪**Bethlehem Lutheran Church**

207 Church Street, Royal  
Rev. Dr. Mark Wilms  
(712) 933-2229  
[royalbethlehmlutheran.com](http://royalbethlehmlutheran.com)

▪**First Lutheran Church**

1525 Three Cross Road, Milford  
Pastor Perry Aalgaard  
(712) 338-4514  
[www.3cross.org](http://www.3cross.org)

▪**Hope Lutheran Church**

206 N. Washington Street, Everly  
Pastor Dan Taylor  
(712) 834-2767  
[www.hopeeverly.com](http://www.hopeeverly.com)

▪**St. Paul's Lutheran Church**

60 N. Central Avenue, Hartley  
Pastor Chris Nitzel  
(712) 728-2711  
[www.stpaullutheranhartley.com/](http://www.stpaullutheranhartley.com/)

▪**Trinity Lutheran Church**

9th & 11th Avenue West, Spencer  
Rev. C. Peter Maisenbach  
(712) 262-1287  
[www.trinitylutheranchurchspencer.com](http://www.trinitylutheranchurchspencer.com)

▪**Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer  
Rev. David Zimmer  
(712) 262-2244  
[www.ctkspencer.com](http://www.ctkspencer.com)

▪**Grace Lutheran Church**

801 Hill Avenue, Spirit Lake  
Rev. Dr. Martin Lucin  
(712) 336-2446  
[www.gracelutheranspiritlake.org](http://www.gracelutheranspiritlake.org)

▪**Immanuel Lutheran Church**

2300 27th Street, Spirit Lake  
Rev. David Simonson  
(712) 336-1010  
[lcmslakes.org](http://lcmslakes.org)

▪**Trinity Lutheran Church**

105 East High Street, Linn Grove  
Rev. Rhonda Wykoff  
(712) 296-4438

## PAYING IT FORWARD



St. Luke Homes & Services has a fund that supplements tenants and residents who do not have the financial resources available to participate in optional activities.

If you would like to assist, please make a tax-deductible donation to:

St. Luke Homes & Services  
c/o The Benevolent Fund  
1301 St. Luke Drive  
Spencer, Iowa 51301

- St. Luke Homes & Services**
- South Ridge Heights
  - Riverview Terrace
  - St. Luke Lutheran Home
  - The Highlands

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.



*St. Luke Homes & Services, Inc.*  
*"A Caring Community"*



## Governing Board

- Frank Halverson
- Roger Morris
- Rev. Peter Maisenbach
- Jerry Clausen
- Dr. Dean Pingel
- Gary Halverson
- Jim Hitchcock
- Rev. Deb Mechler
- Sandi Schmidt

## JOB OPPORTUNITIES AVAILABLE

The following career opportunities are currently available on the St. Luke Homes & Services campus:

- ▶ **FT Nurse** - 6 p.m. to 6 a.m. - at St. Luke Lutheran Home
- ▶ **FT & PT Housekeeper** - 7 a.m. to 3:15 p.m.
- ▶ **FT Certified Nursing Assistant** - 2 p.m. to 10 p.m. - at St. Luke Lutheran Home
- ▶ **FT Cook** - 10:45 a.m. to 7:15 p.m. - at St. Luke Lutheran Home
- ▶ **PT Dietary Aide** - 4 p.m. to 7 p.m. - at St. Luke Lutheran Home
- ▶ **PT Cook** - 6 a.m. to 2 p.m. and 4-7 p.m. - at Riverview Terrace Assisted Living
- ▶ **FT Certified Nursing Assistant** - 6 p.m. to 6 a.m. - at St. Luke Lutheran Home

Apply online at [www.stlukelh.com/employment.html](http://www.stlukelh.com/employment.html) -or- Pick up an application at:

▶ St. Luke Lutheran Home  
1301 St. Luke Drive  
Spencer, Iowa  
(712) 262-5931

▶ Riverview Terrace Assisted Living  
1501 St. Luke Drive  
Spencer, Iowa 51301  
(712) 262-5932

## RESIDENT OF THE MONTH

Gerry Rabel is a pleasant, easygoing woman who serves as an inspiration to many others.

"Gerry is a sweetie. She is fun, energetic and hip," said one woman who works with her at St. Luke Lutheran Home. "Gerry is the kind of woman you wish to have in your family."

Gerry graduated from Granville High School in 1944. She met Wilbur Rabel and married him in November 1945. In the mid-1960s, the Rabels moved to Spencer, where they owned and managed the Steffen Hotel for five years. After selling the hotel, Gerry continued to work at Ellerbroeks clothing store and at JCPenney. She then trans-



**Gerry Rabel**  
St. Luke Lutheran Home  
resident  
since February 2017

ferred to Kmart, where she worked for 20 years, before retiring in 1993.

Over the years, Gerry has been an avid NASCAR fan. The Sacred Heart Church member is

also a strong school and church supporter.

Gerry's sense of humor shines when she is with her family. They tease her and she gives it right back.

Her eight children include: Nancy Cain, Mary Nelsen, Tom Rabel, Terry Rabel, Diane Pasco, Chuck Rabel, Paula Bendlin, and Kenny Rabel. Gerry also enjoys the company of her 30 grandchildren and 56 great-grandchildren. She likes to point out that two more "greats" are on the way.

Gerry became a Highlands homeowner in December 2014, and moved to St. Luke Lutheran Home in February 2017.

"It's a blessing to have people around," Gerry said of her stay to date on the St. Luke Campus. "They're all good to me here."