# THE ST. LUKE SPIRIT



February 2017 Volume 5, Issue 2

# Upcoming Resident & Tenant Activities:

- Super Bowl Party
  February 5 at 6:30 p.m.
  Riverview Terrace &
  St. Luke Lutheran Home
- Pie, Talk and Samples February 10 at 10 a.m. St. Luke Lutheran Home
- Riverview Terrace to tour February 13 at 2 p.m.
   Clay County Heritage Center, Spencer
- Watch a romantic movie February 14 at 2 p.m. Spencer Public Library
- Valentine Day Potluck February 14 at 5:30 p.m. The Highlands
- Music with Jerry & Peggy Roberts
   February 15 at 3 p.m.
   St. Luke Lutheran Home
- Trinity Kids to visit
  February 24 at 9:30 a.m.
  St. Luke Lutheran Home
  & Riverview Terrace

More February 2017 activities are available online at www.stlukelh.com

# St. Luke Foundation: Preparing for the Next 50 Years

St. Luke Lutheran Home, which is celebrating its 50th anniversary this year, is continuing to do as its founders intended: To assist in meeting the housing, social, medical and spiritual needs of individuals.

With this distinguished 50-year milestone reached, St. Luke Lutheran Home, along with Riverview Terrace Assisted Living, South Ridge Heights and The Highlands, continue "to enhance the life, health and faith of all who choose to live in the St. Luke Christian community."

In an organized effort to look to the future and keep the St. Luke Homes & Services ministry growing for those who need or desire

it, a St. Luke Foundation has been formed.

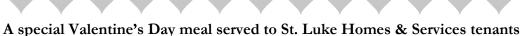
The Foundation has a multi-layered goal for providing:

- Charitable care
- Seed money for future programming
- An endowment for future capital needs

The Foundation Board of Directors (shown at right) includes a diverse representation of area leaders, sponsoring churches and governing board members.

#### St. Luke Foundation Board Members

Jerry Clausen
Steven Grell
Rev. Peter Maisenbach
Greg Rasch
Jim Rock
Bob Rose
John Salewske



A special Valentine's Day meal served to St. Luke Homes & Services tenants and residents the evening of February 16th will feature the following choices:

Mini Cheeseballs, Chili Lime Shrimp and Dill Cucumber Bites Grilled Steak or Lemon Pepper Cod or Honey Lemon Chicken Twice Baked Potato or One-half Baked Sweet Potato Roasted Vegetables or Onion Rings

Apple Pie with Cinnamon Ice Cream or Snickers Peanut Butter Cheesecake

After Five Kiwanis Club members and Spencer Hy-Noon Kiwanis members will serve this special meal to tenants of Riverview Terrace Assisted Living and to residents of St. Luke Lutheran Home.

• Photographs will be available on St. Luke Homes & Services' Facebook page.

Page 2 February 2017



# WELCOME

Lloyd Friedrichsen

Maxine Davis

Ronald Peterson

# BEST WISHES

Leatha Wolcott
Ruth Johnson

# SYMPATHY

Dr. Harry Rasdal
Ruby Murphy
Steven Birchard
Norman Boonstra

# ALL ARE INVITED!

Join Us

# **OPEN HOUSE**

at



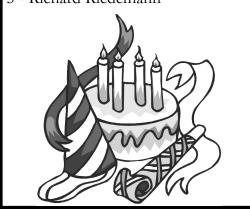


1209 12th Street SE (on the St. Luke Homes & Services campus in Spencer) on Sunday, February 19 from 1 - 3 p.m.

- Independent Living apartments for 55 and older
  - Monthly rentals available on different models
- Many convenient amenities

## FEBRUARY HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

- 2 Barbara Halverson
- 4 Bob Stewart
- 5 Richard Riedemann



- 6 Jane Larson
- 8 Carol Albers
- 10 Louis Wiemers
- 14 Rose Kast
- 15 Craig Marr
- 17 Shirley Johnstone
- 17 Eldon Kopel
- 19 Max Hurdle
- 20 Betty Behrends
- 24 Florence Hammerstrom
- 26 Klaas Groen
- 27 Margaret Bohn
- 28 Gloria Dykstra

# THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Grace United Methodist Church, of Spencer, donated \$30 to the Hands of Harmony Bell Choir of St. Luke Homes & Services.
- First Lutheran Church, of Milford, donated \$600 to the Special Gifts Fund of St. Luke Lutheran Home.

The St. Luke Spirit Page 3

## CAREERS AVAILABLE

Riverview Terrace Assisted Living and St. Luke Lutheran Home have the following career opportunities currently available:

- ▶ Full-Time Personal Service Assistant 2-10 p.m. or 10 p.m. to 6 a.m. at Riverview Terrace
- ▶ Part-Time Cook / Dietary Aide 4-7 p.m. at Riverview Terrace
- ► Certified Nursing Assistant Day, Night, Overnight & Weekend shifts available at St. Luke Lutheran Home
- ► Apply online at www.stlukelh.com/employment.html -or- Pick up an application at:

St. Luke Lutheran Home

THRIVENT MEMBERS HAVE A CHOICE

1301 St. Luke Drive

Spencer, Iowa

-or-

Riverview Terrace Assisted Living

1501 St. Luke Drive Spencer, Iowa 51301

Through Thrivent's member-advised charitable grant program, Thrivent Choice®, eligible members can recommend where some of Thrivent Financial's charitable outreach funds are distributed by directing Choice Dollars. Choice Dollars can be directed to the various ministries offered within the St. Luke Homes & Services community, which is enrolled in the Thrivent Choice® program.

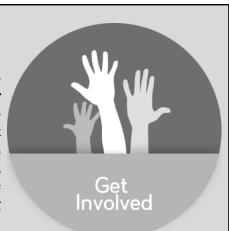
Since the Thrivent Choice® program began in 2010, more than \$330 million in funding has been distributed to enrolled churches and nonprofit organizations nationwide.

To learn more about Thrivent Choice® and for complete program terms and conditions, visit Thrivent.com/thriventchoice.

For the Thrivent members who do choose to direct Choice Dollars toward St. Luke Homes & Services, your consideration and support is appreciated!

# FAMILY ADVISORY MEETING SCHEDULED

The first Family Advisory meeting is scheduled for 2 p.m. on Tuesday, February 14, at the Riverview Terrace Assisted Living residence. The aim of this gathering is for family members to visit informally with tenants of Riverview Terrace and other tenants' family members to work toward advancing positive situations and resolving issues of concern. If you are planning to attend this meeting, please RSVP your attendance to Kerri Kofoot, St. Luke Homes & Services' director of assisted living, by calling (712) 262-5932 or emailing: kerri.kofoot@stlukelh.com.



Page 4 February 2017

# NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

- Abigale Maassen St. Luke Indirect Care Aide
- Jessica Birchard St. Luke Indirect Care Aide
  - Heidi O'Neal St. Luke CNA
- Kimberly Cross St. Luke Indirect Care Aide
  - Brittany Lowe St. Luke CNA
- Bruce Loring
  St. Luke Homes &
  Services Maintenance



# A NOTE

If you would prefer The St. Luke Spirit newsletter to be e-mailed to you, please send your e-mail address to:

stlukelh@stlukelh.com

-or-

kris.todd@stlukelh.com

# WANTING TO TRAVEL: 'FLAT GRANNY & GRAMPS'



Similar to the famous "Flat Stanley," who has connected children around the world as his journeys and adventures are tracked courtesy photographs and short pen-pal activities, St. Luke Lutheran Home's "Flat Granny and Gramps" are looking to embark upon new adventures!

To share your trip with residents at St. Luke Lutheran Home, call Activities Director Amanda Klein to "check out" Flat Granny and Gramps (shown at left). Amanda may be contacted at (712) 262-5931 or in an email: amanda.klein@stlukelh.com.

# CAREER EXPERIENCES ON THE ST. LUKE CAMPUS

St. Luke Homes & Services wants to assist in "bridging the gap" by offering Spencer High School students interactive, yet informative hands-on experiences on the Continuing Care Retirement Community campus.

Students enrolled in the Extended Career Experience class tied to Health Sciences will have the opportunity on Tuesday, February 28, to experience the far-reaching long-term healthcare aspects associated with independent, assisted and skilled living at The Highlands, South Ridge Heights, Riverview Terrace Assisted Living, and St. Luke Lutheran Home.

# CELEBRATING OUR 50-YEAR ANNIVERSARY

**June 13, 1961** - Pastors and lay representatives of area Lutheran churches first met to explore interest in a project to provide for the housing, social, medical and spiritual needs of the aged in the area.

**February 6, 1963** - Articles of Incorporation adopted. First Board of Directors elected.

**August 27, 1963** - Site of Spencer Golf and Country Club on Highway 18 East of Spencer purchased for a building location. Purchase price was \$30,000.

**October 19, 1965** - Contracts awarded for construction of building to accommodate 60 residents.

November 7, 1965 - Groundbreaking ceremony held at the building site.

**June 19, 1966** - Cornerstone laying and commissioning of the first administrator for St. Luke Lutheran Home.

**September 28, 1966** - St. Luke Auxiliary formally organized.

February 5, 1967 - Open House attended by 3,000 people.

**February 7, 1967** - First two residents admitted to St. Luke Lutheran Home.

May 7, 1967 - Formal Dedication Service of St. Luke Lutheran Home held.

The St. Luke Spirit Page 5

## COMMUNITY CORNERSTONES

#### Bethany Lutheran Church

15 West 14th Street, Spencer Rev. Jennifer Henry (712) 262-2327 www.bethluthspencer.com

#### •First English Lutheran Church

1311 E. 18th Street, Spencer Pastor Paul Kaldahl (712) 262-5598 http://spencer-church.com

#### •Grace Lutheran Church

380 N. Rerick Avenue, Primghar (712) 957-4795

#### Immanuel Lutheran Church

206 Terril Avenue, Terril Pastor David Doellinger (712) 853-6192

www.facebook.com/lcmsterril

#### •Trinity Lutheran Church

9th & 11th Avenue West, Spencer Rev. C. Peter Maisenbach (712) 262-1287

www.trinitylutheranchurchspencer.com

#### Bethlehem Lutheran Church

207 Church Street, Royal (712) 933-2229 royalbethlehemlutheran.com

#### •First Lutheran Church

1525 Three Cross Road, Milford Pastor Perry Aalgaard (712) 338-4514 www.3cross.org

#### •Hope Lutheran Church

206 N. Washington Street, Everly Pastor Dan Taylor (712) 834-2767 www.hopeeverly.com

#### St. Paul's Lutheran Church

60 N. Central Avenue, Hartley Pastor Chris Nitzel (712) 728-2711 www.stpaullutheranhartley.com/ •Christ the King Lutheran Church

500 Fourth Avenue SW, Spencer Rev. David Zimmer (712) 262-2244 www.ctkspencer.com

#### •Grace Lutheran Church

801 Hill Avenue, Spirit Lake Rev. Dr. Martin Lucin (712) 336-2446

www.gracelutheranspiritlake.org

#### Immanuel Lutheran Church

2300 27th Street, Spirit Lake Rev. David Simonson (712) 336-1010 lcmslakes.org

#### Trinity Lutheran Church

105 East High Street, Linn Grove (712) 296-4438



Letters have been sent to church pastors and/or board chairpersons seeking representatives to attend the St. Luke Homes & Services Annual Meeting on the afternoon of Sunday, March 5, at St. Luke Lutheran Home in Spencer.

# WHAT FILLS YOUR HEART?

If it fills your heart, we guarantee it will also fill the hearts of others.



We hope you can spare some time to share what fills your heart with homeowners, tenants and residents on the St. Luke Campus.

Volunteering in such a manner doesn't have to mean a lot of extra money or time being spent on a tedious task. Rather, it might translate into something fun like:

- Visiting one-on-one
- Playing games or cards
- Cooking or baking
- Planting, weeding or watering
   Sharing a craft
- Talking about a recent trip
- Escorting to Sunday worship
- Reading to a person or group
- Entertaining with music
- Leading a discussion
- Displaying a collection
- Performing talents
- ▼ Interested? Call Amanda Klein at (712) 262-5931 or email her at amanda.klein@stlukelh.com.

#### St. Luke Homes & Services

- The Highlands
- South Ridge Heights
- Riverview Terrace
- St. Luke Lutheran Home

1301 St. Luke Drive Spencer, Iowa 51301

Phone: (712) 262-5931 Fax: (712) 262-4743 E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.



St. Luke Homes & Services, Inc. "A Caring Community"



# **Governing Board**

Frank Halverson
Mark Nothwehr
Rev. Peter Maisenbach
Jerry Clausen
Neal Drefke
Jim Hitchcock
Rev. Deb Mechler
Roger Morris
Sandi Schmidt

# EMPLOYEE OF THE YEAR

# St. Luke Homes & Services congratulates Amy Hendrickson for being selected 2016 Employee of the Year!







Amy has been with Riverview Terrace Assisted Living for 15 years.

As a Personal Service Assistant (PSA), she exemplifies a strong work ethic, positive attitude and upholds impeccable standards.

We appreciate Amy's service and loyalty.

Congratulations, Amy!

### TENANT OF THE MONTH

Gayla Sorenson is a cheerful woman who enjoys spending time with her family and being an active participant at Riverview Terrace.

"This is the place to be," Gayla said of her new home since March 2016. "If I were still home, I would just be sitting and looking at the four walls. Here, I'm eating good, balanced meals and am around others. I am probably healthier now than when I came. I'm so glad I'm here now."

Born May 1, 1929, at her grandmother's farm near Blooming Prairie, Minnesota, Gayla's family relocated to Sioux Rapids in the 1930s, where they lived in the tenant house on her grandparents' farm.

Gayla met the "love of her



Gayla Sorenson
A Riverview Terrace tenant since March 2016

life" while working as a soda jerk at George's Drug Store. Following her graduation from high school, she married Allen Sorenson on August 17, 1947. Together, the couple owned and operated Sorenson Hardware and Sorenson's B & B in Sioux Rapids.

Over the years, Gayla has served as a pianist and organist, a choir and women's group member, and a Sunday school teacher at First Lutheran Church and First United Church in Sioux Rapids, as well as an officeholder with the Order of the Eastern Star.

At Riverview Terrace, Gayla enjoys water aerobics, walking St. Luke Homes & Services' 13 -acre campus, and playing 500, bridge, Scrabble and bingo. Not having to cook is an extra bonus, she adds with a smile.

Her family includes children Becky (Jim) Fahrenkrog of Linn Grove, Robert (Jeanne) Sorenson of Des Moines, four grandchildren, 11 greatgrandchildren, sister Solveig Spears of St. Paul and stepsister Diane Haburn of Nevada.