

# THE ST. LUKE SPIRIT



December 2017

Volume 5, Issue 12

## Upcoming Resident & Tenant Activities:

- **Music with Kevin Anderson**  
December 9 at 2:30 p.m.  
St. Luke Lutheran Home
- **First English G.I.F.T. program student performance**  
December 13 at 1:30 p.m.  
St. Luke Lutheran Home
- **Bingo with youth of The Church of Jesus Christ of Latter Day Saints**  
December 13 at 6:30 p.m.  
St. Luke Lutheran Home
- **Bingo with Fairview Elementary students**  
December 18 at 10:15 a.m.  
St. Luke Lutheran Home
- **Reading with Fairview Elementary students**  
December 19 at 10:30 a.m.  
Riverview Terrace &  
St. Luke Lutheran Home
- **Bingo with Fairview Elementary students**  
December 20 at 9:30 a.m.  
Riverview Terrace &  
St. Luke Lutheran Home
- **Music with Tim Norgaard**  
December 21 at 2:30 p.m.  
Riverview Terrace

**More December 2017 activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**

## 'TIS THE SEASON



**Frank Halverson**  
St. Luke Homes & Services'  
Governing Board Chairperson

The staff, management and Board of Directors of St. Luke Homes & Services would like to wish you a joyous Christmas and many blessings for the New Year.

It has been a busy year on our campus. In the spring, we opened South Ridge Heights, which has offered new opportunities for independent senior living in a Christian setting. This summer, we celebrated our 50-year anniversary at St. Luke Lutheran Home, which continues to be a leader for high-quality care in a Christian setting.

At this time of year, as we celebrate the birth of our Savior, Jesus, let us remember the things He has taught us: Take time to be with family and friends who are residents of St. Luke, Riverview Terrace, South Ridge Heights and The Highlands; Take time to thank staff members who care for your loved one; Take time to celebrate the greatest gift of all - the birth of our Savior.

Best wishes to you and your family.

### Advent Services:

3 p.m. Tuesdays  
at St. Luke Lutheran Home

2 p.m. Thursdays  
at Riverview Terrace



### Christmas Eve Services:

10 a.m. at St. Luke Lutheran Home

11 a.m. at Riverview Terrace



# THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- K.M. & Audrey Johannsen, of Storm Lake, donated \$100 to St. Luke Lutheran Home in memory of all former residents of St. Luke Lutheran Home.
- The family of Mildred Bruns, a former homeowner at The Highlands, donated her amplified telephone for use by a tenant at Riverview Terrace Assisted Living, and an electric razor, 11 Bibles, one hymn book, a devotional book, "The New Testament" on tapes, two gait belts, new containers of makeup, and a nice selection of costume jewelry for use by residents of St. Luke Lutheran Home.

## HANDS OF HARMONY BELL CHOIR PERFORMANCES

- December 4 at 2:30 p.m. in Ruthven
- December 6 at 2 p.m. in Hartley
- December 20 at 2:30 p.m. at St. Luke Lutheran Home



## CHRISTMAS PARTIES WILL BE HOSTED

- December 22 at 2:30 p.m. at St. Luke Lutheran Home
- December 22 at 2:30 p.m. at Riverview Terrace Assisted Living



## DECEMBER HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

- 3 - Virginia Christensen
- 7 - Stanley Jespersen
- 8 - Adrienne Crouch
- 8 - Mary Grover
- 8 - Mildred Hoefgen
- 10 - Shirley Rients
- 10 - Roy Stroud
- 12 - Dennis Edwardson
- 13 - Audley Tensen
- 14 - Floyd Faulkner

- 14 - Ellen Geerdes
- 14 - Iris Hanson
- 15 - Fern Hargens
- 16 - Stan Andersen
- 19 - Marion Peters
- 24 - Michael Anderson
- 25 - Donna Wert
- 27 - Fred Schmidt
- 28 - Norma Jean Patten



### ▪ WELCOME

Rita McCarty

Lawrence Smith

Frank & Lucille Rose

Luella Reed

Elaine Buenger

### ▪ BEST WISHES

Dan Weston

Doris Rentsch

DyAnn Getting

Darlene White

### ▪ SYMPATHY

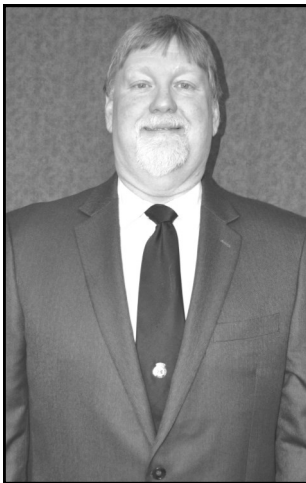
Milton "Burdette"  
Geidl

Mildred Bruns

Dale Brower

Wayne Brown

## FROM THE DESK OF THE ADMINISTRATOR



**David West**  
CEO/Administrator

**M**uch has been in the press lately regarding natural disasters in Florida, Texas, Montana and California. Among these stories have been horrific tales of tragedies in nursing homes and assisted living facilities. Stories of flooding, fires, evacuations, and heat-related deaths have been on the nightly news and on the Internet regularly.

St. Luke Homes & Services is working with the Clay County Emergency Management Director, the Spencer Fire Department, Spencer Police Department and Emergency Medical Service (EMS) to formulate a disaster plan that addresses all foreseeable disasters, manmade and natural. In October, we sat down with the above agencies and the staff of Longhouse-Northshire to conduct a tabletop exercise in which we went through a scenario of planning for, and responding to, a tornado touching down in our city. In November, we carried out a full-scale disaster drill with the same agencies and Longhouse-Northshire to test the effectiveness of our plan. Another sector we have trained on is in the area of search and rescue for a missing resident.

St. Luke Homes & Services has Memorandums of Understanding (MOU) with several nursing homes in the region for transferring residents if an evacuation should become necessary. We also have agreements with the Regional Transit Authority (RIDES) to assist with vehicles and drivers if such an evacuation were to occur. In the event we need to shelter in place, St. Luke Lutheran

Home has several days of water stored on campus for drinking and several days of food on hand to carry us through until more supplies can be delivered.

We have, and continue to, revise our Emergency Action Plan to address all foreseeable areas of concern. Our plan currently covers the following emergency responses: Active shooter, bomb threat, cardiac arrest, chemical spill, civil disturbance, cyber attack, drowning, earthquake, electrical outage, flood, gas outage, heat emergency, ice storm, snow emergency, medical emergency, missing resident, supply chain interruption, terrorism, tornado and severe weather, continuity of business plan, shelter in place, evacuation (full and partial), and water outage.

I want you to be assured that we take the safety and welfare of all our residents, tenants and homeowners very seriously. If you are interested in seeing St. Luke Homes & Services' Emergency Action Plan, it is available to view on campus and I will gladly show you our plan.

## NO MATTER YOUR SENIOR HOUSING NEEDS, ST. LUKE HOMES & SERVICES HAS YOU COVERED!

**South Ridge Heights  
Independent Rentals**  
1209 12th Street SE  
(712) 260-1950



**The Highlands  
Independent Suites**  
1211 St. Luke Drive  
(712) 262-5404

**St. Luke Lutheran Home  
Skilled Nursing Home**  
1301 St. Luke Drive  
(712) 262-5931



**Riverview Terrace  
Assisted Living  
Residence**  
1501 St. Luke Drive  
(712) 262-5932

**RENTAL UNITS AVAILABLE NOW!**

*St. Luke Homes & Services offers a continuum of care in a Christian setting while attending to the individual needs of everyone who lives on campus.*

[www.stlukelh.com](http://www.stlukelh.com)



## RECOGNIZING OUR VETERANS

### ▪ NEW STAFF

*Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:*

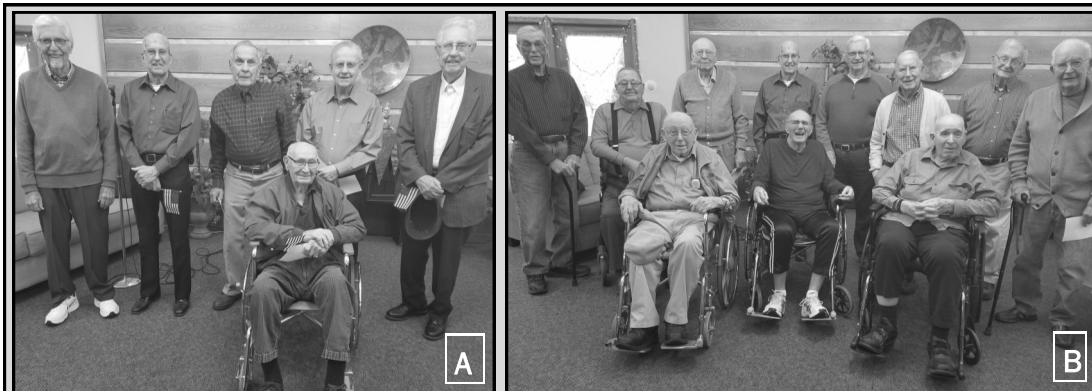
• Kayla Caskey  
St. Luke Dietary Aide

• Cara Seversen  
Riverview Terrace  
Dietary Aide

### ▪ NOTES

• We treasure your presence, but if you have cold or flu symptoms, we ask that you refrain from visiting until you are feeling better.

• Starting in 2018, The St. Luke Spirit will become a quarterly newsletter. If you would prefer to receive the newsletter as an email, please send Kris Todd, St. Luke Homes & Services' marketing & public relations director, your email address:  
kris.todd@stlukelh.com



- A) World War II veterans
- B) Korean War veterans
- C) Cold War veteran
- D) Vietnam War veterans

These men and women were among the 43 veterans recognized from the St. Luke Homes & Services campus during a 2017 Veterans Day program hosted at The Highlands in Spencer.

## RSVP FOR CHRISTMAS EVE & CHRISTMAS MEALS

Plan to enjoy a traditional Christmas Eve dinner featuring oyster stew or chili and a festive Christmas noon meal highlighting ham and all the fixings with your loved one(s) at Riverview Terrace and St. Luke Lutheran Home.

Please call between 8 a.m. and 4:30 p.m. by Monday, December 18, to make your holiday dining arrangements. Meals may be charged to a resident's or tenant's account with his or her permission, or may be paid for directly at the front desk.

## MAIL YOUR HOLIDAY CHEER

Help the growing excitement of St. Luke Lutheran Home residents by sending a Christmas card in the mail! Our goal, as it was in December 2016, is to post holiday cards received from all of the states on the wall leading into the main dining room.

Your holiday wishes may be mailed to:

St. Luke Lutheran Nursing Home  
c/o Holiday Pen Pals  
1301 St. Luke Drive  
Spencer, Iowa 51301

Thank you for helping to spread the word about this holiday Christmas card project!

## COMMUNITY CORNERSTONES

▪**Bethany Lutheran Church**

15 West 14th Street, Spencer  
Rev. Jennifer Henry  
(712) 262-2327  
[www.bethluthspencer.com](http://www.bethluthspencer.com)

▪**First English Lutheran Church**

1311 E. 18th Street, Spencer  
Pastor Paul Kaldahl  
(712) 262-5598  
<http://spencer-church.com>

▪**Grace Lutheran Church**

380 N. Rerick Avenue, Primghar  
(712) 957-4795

▪**Immanuel Lutheran Church**

206 Terril Avenue, Terril  
Pastor David Doellinger  
(712) 853-6192  
[www.facebook.com/lcmsterril](http://www.facebook.com/lcmsterril)

▪**Bethlehem Lutheran Church**

207 Church Street, Royal  
Rev. Dr. Mark Wilms  
(712) 933-2229  
[royalbethlehmlutheran.com](http://royalbethlehmlutheran.com)

▪**First Lutheran Church**

1525 Three Cross Road, Milford  
Pastor Perry Aalgaard  
(712) 338-4514  
[www.3cross.org](http://www.3cross.org)

▪**Hope Lutheran Church**

206 N. Washington Street, Everly  
Pastor Dan Taylor  
(712) 834-2767  
[www.hopeeverly.com](http://www.hopeeverly.com)

▪**St. Paul's Lutheran Church**

60 N. Central Avenue, Hartley  
Pastor Chris Nitzel  
(712) 728-2711  
[www.stpaullutheranhartley.com/](http://www.stpaullutheranhartley.com/)

▪**Trinity Lutheran Church**

9th & 11th Avenue West, Spencer  
Rev. C. Peter Maisenbach  
(712) 262-1287  
[www.trinitylutheranchurchspencer.com](http://www.trinitylutheranchurchspencer.com)

▪**Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer  
Rev. David Zimmer  
(712) 262-2244  
[www.ctkspencer.com](http://www.ctkspencer.com)

▪**Grace Lutheran Church**

801 Hill Avenue, Spirit Lake  
Rev. Dr. Martin Lucin  
(712) 336-2446  
[www.gracelutheranspiritlake.org](http://www.gracelutheranspiritlake.org)

▪**Immanuel Lutheran Church**

2300 27th Street, Spirit Lake  
Rev. David Simonson  
(712) 336-1010  
[lcmslakes.org](http://lcmslakes.org)

▪**Trinity Lutheran Church**

105 East High Street, Linn Grove  
Rev. Rhonda Wykoff  
(712) 296-4438

## PAYING IT FORWARD



St. Luke Homes & Services has a fund that supplements tenants and residents who do not have the financial resources available to participate in optional activities.

If you would like to assist, please make a tax-deductible donation to:

St. Luke Homes & Services  
c/o The Benevolent Fund  
1301 St. Luke Drive  
Spencer, Iowa 51301

- St. Luke Homes & Services**
- South Ridge Heights
  - Riverview Terrace
  - St. Luke Lutheran Home
  - The Highlands

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.

**We're on the Web!**  
**www.stlukelh.com**

*St. Luke Homes & Services, Inc.*  
*"A Caring Community"*



## **Governing Board**

Frank Halverson  
Roger Morris  
Rev. Peter Maisenbach  
Jerry Clausen  
Dr. Dean Pingel  
Gary Halverson  
Jim Hitchcock  
Rev. Deb Mechler  
Sandi Schmidt

## **HAPPY NEW YEAR!**

*May the year of 2018 be  
A year of Health & Happiness..*

*A year of Wealth & Wisdom...*

*A year of Peace & Prosperity..*

*A year of Glee & Glow...*

*And also a year of Love & Laughter...*

*Happy New Year!*



## **RESIDENT OF THE MONTH**

Born January 15, 1919, in Eagle Grove, Alice Carlson was the third of nine children. She grew up knowing how to work. She explains that she and a sister were responsible for milking the family's 10 cows before and after school each day. They also separated the milk by hand, fed the pigs, baked and cooked.

Her family moved to Laurens and then again to Linn Grove, where Alice graduated as her class' salutatorian in 1936.

She earned \$3 a week, or 50-cents per day, at Carlson Grocery Store in Linn Grove, where she served ice cream cones, malted milks, fountain drinks and rang up groceries. In February 1938, she married her former employers' son.

"Don was my honey. He was the only guy I ever dated," Alice said. "He was so kind."



**Alice Carlson**  
**St. Luke Lutheran Home**  
**resident since August 2016**

Her eyes twinkle when she recalls her husband building their three farm homes near Linn Grove and the time they and their four children - Mary Lee (Melvin) Meyers of Linn Grove, David (Norma) Carlson of Iowa City, Jim Carlson of Fargo, North

Dakota, and Julie (Torrey) Carlblom of St. Peter, Minnesota - spent together at them.

Alice kept busy gardening, canning fruits and vegetables for the family. She also helped with planting and harvest once their children left the farm.

The active member of Riverside Church in Linn Grove participated in Bible studies and women's groups, taught Sunday school classes, and sang in the choir. She made many quilts and accomplished many other sewing projects at church, as well as knitted many mittens and kept many hands warm over the years.

Alice moved to Riverview Terrace in May 2007 and transferred to St. Luke Lutheran Home in August 2016. She is a "regular" member of the St. Luke campus' Hands of Harmony Bell Choir. She also likes to knit scarves and complete Sioux City Journal crossword puzzles. Spending time with her 27 grandchildren, 23 great-grandchildren and one great-great-grandson are additional joys for Alice.