



THE ST. LUKE SPIRIT

November 2016

Volume 4, Issue 11

Upcoming Resident & Tenant Activities:

- **American Legion to serve omelets**
November 4 at 7:30 a.m.
Riverview Terrace
- **Hands of Harmony Bell Choir performance**
November 4 at 2:30 p.m.
PARC Hall, Emmetsburg
- **“Prohibition in Iowa” program**
November 7 at 1 p.m.
Spencer Public Library
- **Veterans Day program**
November 11 at 3 p.m.
St. Luke Lutheran Home
- **Rosie Osterberg accordion performance**
November 12 at 2:30 p.m.
St. Luke Lutheran Home
- **Tiki Cart and Pumpkin Pie in a Cup**
November 26 at 2:30 p.m.
St. Luke Lutheran Home

More November activities are available online at www.stlukelh.com

CELEBRATING OUR VETERANS

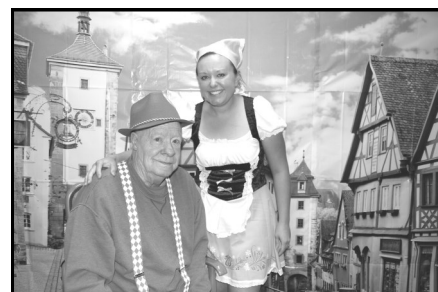
You are invited to join in honoring the following men and women of The Highlands, Riverview Terrace Assisted Living, and St. Luke Lutheran Home for their service during a 3 p.m. program on Veterans Day at St. Luke Lutheran Home:



World War II veterans: Stanley Andersen, Norman Boonstra, Claire Ferguson, Milton “Burdette” Geidl, Gerald Graeber, Barney Granstra, Robert Guerttman, Richard “Dick” Hallett, Gerald Hansen, Ellen Hart, Stanley Jespersen, Dr. Harry Rasdal, Richard “Dick” Romp, Robert Stewart, Robert Stoerber, Glen Stoterau and Roy Stroud. **World War II and Korean War:** Harold Hammerstrom. **Korean War veterans:** Gerald Cummins, Ronald Haraldson, Roger Hoberg, Eldon Kopel, Duane Kracht, Donald Lamaak, Don Linnan, Curtis Paulsen, Jim Pitts, Carlton Quee, Robert Rinehart, Charles Scheil, Marvin Schmidt, Marvin Thuringer, Roger Waggie and Louis Wiemers. **Cold War:** Gene Jacobsen and Verdis Koehlmoos. **Vietnam:** Keith Grover, Robert Hughes, Craig Marr and Robert Regennitter.

- **Spencer Municipal Utilities will videotape this event. Replays are scheduled at 8:30 p.m. on November 11, 1 p.m. on November 12, 6:30 p.m. on November 13, and at 5 p.m. on November 14 on Spencer Channel 3.**

OKTOBERFEST FUN AT ST. LUKE LUTHERAN HOME



(From left): On October 19, Helen Leith, Arla Gould, James Darrah and St. Luke Homes & Services Activities Director Amanda Klein dressed up for fun Oktoberfest photographs before enjoying a meal of German sausage with sauerkraut, spätzle and German chocolate cake. More fun Oktoberfest photos are available on St. Luke Homes & Services’ Facebook page.

CONGRATULATIONS, NANCY MILLS, RN-BC!



Nancy Mills is a Registered Nurse with recent national board certification in her specialty, gerontological nursing, from the American Nurses Credentialing Center. Nancy, who has served as the Director of Health Services for St. Luke Homes & Services since the summer of 2003, earned her Associate degree in Nursing from Iowa Lakes Community College in 1986 and continued her education and training from Rochester University, where she was exposed to clinical experiences at St. Mary's and Methodist Hospitals.

Congratulations on this achievement, Nancy!

▪ WELCOME

Duane Kracht

Phyllis Abel

Glen Stoterau

▪ SYMPATHY

Cleona Schmidt

Alice Dotson

Helen Duhn

▪ NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

• Courtney Odegaard
St. Luke Dietary Aide

• Hilary Becker
St. Luke CNA

• Amanda Henderson
St. Luke CNA

• Alana Sand
St. Luke RN



Look for St. Luke Homes & Services at the

WOW Women's Okoboji Weekend show
Friday, Nov. 11.....4 - 7 p.m.
Saturday, Nov. 12.....9 a.m. - 5 p.m.

at the Dickinson County Expo building
in Spirit Lake

NOVEMBER HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

2 - Karen Arndt
2 - Winona Loomis
5 - Gene Jacobsen
6 - Claire Ferguson
6 - Ina Faye Underwood
8 - Mary Killmar
8 - Nancy Lewis
9 - Donald Manley
10 - Robert Guerttman
10 - Phyllis Haraldson

17 - Geraldine Rabel
21 - Teresa Kopel
22 - Dorothy Veitch
23 - James Darrah
25 - Helen Damstrom
27 - Helen "Connie" Peters
28 - Lela Anderson
29 - Doris DeBoer
29 - Edith Hansen
30 - Betty Pothast

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

• Immanuel Lutheran Church, of Spirit Lake, donated \$200 to the Special Gifts Fund of St. Luke Homes & Services, Inc.

• Hy-Vee, of Spencer, donated 20 bags of candy to distribute to Halloween trick-or-treaters at The Highlands, Riverview Terrace Assisted Living and St. Luke Lutheran Home.

A TEAM EFFORT: WE'RE ALZ IN



The St. Luke Homes & Services team, shown above, numbered over 115 members at the Walk to End Alzheimer's event hosted October 2 in Spencer. It was the largest group to participate.

The family of St. Luke Lutheran Home CNAs Robert Marshall and Ann Carroll, shown at right, were among the St. Luke Homes & Services team members who donned "We're ALZ in" T-shirts and walked for the cause.



With your help this summer, the St. Luke Homes & Services team raised \$4,455. All of the funds raised were donated to the Alzheimer's Association to help advance care, support and research efforts. Commander Frank Lehman, shown at right, is shown presenting a \$600 check to CEO/Administrator David West, Kris Todd and Lori Jensen of the St. Luke Homes & Services team for a benefit breakfast hosted August 14 at V.F.W. Post #3159 in Spencer.

Thank you for your support in advancing the fight against Alzheimer's disease.



CONGRATULATIONS!

Melissa Weber, an RN who serves at St. Luke Lutheran Home, is the lucky winner of this beautiful purple glass vase designed by artist Jesse Bogenrief.

A special thank you to everyone who participated in this raffle.

All proceeds raised benefited the Alzheimer's Association.



THANK YOU, CLAY COUNTY COMMUNITY FOUNDATION!

St. Luke Homes & Services is honored to have received a \$10,000 grant award from the Clay County Community Foundation. The foundation’s aim is to “connect donors who care with causes that matter and to serve as a trusted resource for addressing issues that impact the quality of life in Clay County.”

This award has allowed for the purchase of two advanced geriatric manikins, an infant manikin, an Automated External Defibrillator (AED) and CPR training unit, a television set and a Blu-Ray player. All are being used to advance the clinical training opportunities for healthcare staff.

So far, five Iowa Lakes Community College nursing students, enrolled in “The Aging Adult” course, have completed their clinical training and nine individuals have completed an American Heart Association Basic Life Support (CPR and AED) program training at St. Luke Lutheran Home.



LONG-TERM CARE THE FOCUS OF LEGISLATIVE FORUM

Legislators and area caregivers gathered at The Highlands on October 5 for a 2017 Iowa Health Care Association legislative forum. Following the forum, legislators spent some quality time visiting with interested constituents.



(From left): State Rep. John Wills shares a story with Highlands homeowner Edith Hansen. State Rep. Megan Jones listens to an issue of concern raised by Highlands homeowner Eldon Kopel. And, State Senator David Johnson briefs Highlands homeowner Miriam Bergen on what he sees happening this legislative session.

THANKSGIVING MEAL

Plan to enjoy a traditional Thanksgiving noon meal with all the fixings and your loved one(s) at Riverview Terrace Assisted Living and St. Luke Lutheran Home. You may call between 8 a.m. and 4:30 p.m. to make holiday dining arrangements. At least a 24-hour advance notice is requested. Meals may be charged to a resident’s or tenant’s account with his or her permission, or may be paid for directly at the front desk or dietary department.

COMMUNITY CORNERSTONES

▪**Bethany Lutheran Church**

15 West 14th Street, Spencer
 Rev. Jennifer L. Henry
 (712) 262-2327
www.bethluthspencer.com

▪**Bethlehem Lutheran Church**

207 Church Street, Royal
 (712) 933-2229
royalbethlehemlutheran.com

▪**Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer
 Rev. David Zimmer
 (712) 262-2244
www.ctkspencer.com

▪**First English Lutheran Church**

1311 E. 18th Street, Spencer
 Pastor Paul Kaldahl
 (712) 262-5598
<http://spencer-church.com>

▪**First Lutheran Church**

1525 Three Cross Road, Milford
 Pastor Bob Vaage
 (712) 338-4514
www.3cross.org

▪**Grace Lutheran Church**

801 Hill Avenue, Spirit Lake
 Rev. Dr. Martin Lucin
 (712) 336-2446
www.gracelutheranspiritlake.org

▪**Grace Lutheran Church**

380 N. Rerick Avenue, Primghar
 (712) 957-4795

▪**Hope Lutheran Church**

206 N. Washington Street, Everly
 Pastor Dan Taylor
 (712) 834-2767
www.hopeeverly.com

▪**Immanuel Lutheran Church**

2300 27th Street, Spirit Lake
 Rev. David Simonson
 (712) 336-1010
lcmslakes.org

▪**Immanuel Lutheran Church**

206 Terril Avenue, Terril
 Pastor David Doellinger
 (712) 853-6192
www.facebook.com/lcmsterril

▪**St. Paul's Lutheran Church**

60 N. Central Avenue, Hartley
 Pastor Chris Nitzel
 (712) 728-2711
www.stpaullutheranhartley.com/

▪**Trinity Lutheran Church**

105 East High Street, Linn Grove
 (712) 296-4438

▪**Trinity Lutheran Church**

9th & 11th Avenue West, Spencer
 Rev. C. Peter Maisenbach
 (712) 262-1287
www.trinitylutheranchurchspencer.com

CONTACT A ST. LUKE HOMES & SERVICES DIRECTOR

David West.....	CEO/Administrator.....	(712) 262-5931, ext. 104
Nancy Mills.....	Health Services.....	(712) 262-5931, ext. 112
Greg Meeter.....	CFO/Controller.....	(712) 262-5931, ext. 105
Georgia Wrightsman.....	Social Worker.....	(712) 262-5931, ext. 109
Dale Meyer.....	Maintenance.....	(712) 262-5931, ext. 139
Pastor John Syvertson.....	Chaplain.....	(712) 262-5931, ext. 103
Kris Todd.....	Public Relations/Marketing.....	(712) 262-5931, ext. 646
Jenna Walsh.....	Dietary Services.....	(712) 262-5931, ext. 125
Amanda Klein.....	Activities.....	(712) 262-5931, ext. 107
Linda Manwarren.....	Laundry.....	(712) 262-5931, ext. 111
Becky Thong.....	Housekeeping.....	(712) 262-5931, ext. 110
Kim Krause.....	Office/Human Resources.....	(712) 262-5931, ext. 108
Kerri Kofoot.....	Director of Assisted Living.....	(712) 262-5932, ext. 201
Mavis Leinen.....	The Highlands.....	(712) 262-5404

- St. Luke Homes & Services**
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

- Frank Halverson
Mark Nothwehr
Rev. Peter Maisenbach
Jerry Clausen
Neal Drefke
Jim Hitchcock
Rev. Deb Mechler
Roger Morris
Sandi Schmidt

EMPLOYEE OF THE MONTH

Megan Sanderson's upbeat and always-willing-to-help-others attitude are among the things that make her a valued employee on the St. Luke Homes & Services campus.

Megan grew up in nearby Dickens and graduated from Ruthven High School. While still a high school student, she earned her Certified Nursing Assistant (CNA) certification. Megan served as a CNA from 2011 through 2013 at St. Luke Lutheran Home and attended classes at Iowa Lakes Community College in Spencer.



Megan Sanderson
Activities Assistant since
September 2014

Megan and her fiancé, Kyle Toillion, the owner/operator of Toillion Trucking, live on an acreage between Spencer and Everly with their two-year-old son, Brantley.

In September 2014, Me-

gan was hired as an Activities Assistant for St. Luke Homes & Services. She enjoys the teamwork displayed within the department and loves being able to use her creativity to impact residents' and tenants' lives in a positive manner.

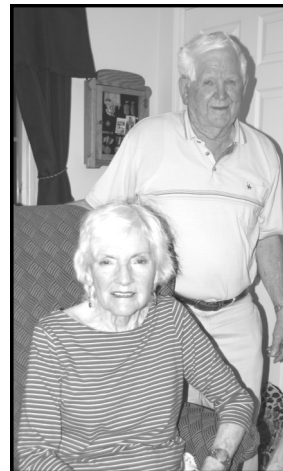
Megan, who looks forward to becoming a mother to more children someday, is artistic. She likes Pinterest and trying new recipes. Time spent with her parents, Delbert and Laurie Sanderson of Spencer, brothers Ben and Jordan Sanderson of Dickens, niece Shayla Sanderson and nephew Blane Sanderson is also important to Megan.

TENANTS OF THE MONTH

Stanley Andersen grew up in Clay County and is a 1941 graduate of Spencer High School. Doris Andersen was raised near Randolph, Nebraska, moved to a farm south of Royal in January 1945, and became a 1946 alumna of SHS.

Drafted by the U.S. Army on January 29, 1943, Stanley trained in Texas and Tennessee before being shipped to a staging area in New Guinea. He went to the Philippines shortly after the invasion and helped set up a hospital there. Five months after President Truman ordered the dropping of atomic bombs on Hiroshima and Nagasaki, Stanley was honorably discharged in January 1946.

Doris, meantime, sold shoes at K & D Bootery, served as a receptionist for Dr. Fair Rasdal, and worked at



Stanley & Doris Andersen
Riverview Terrace tenants
since November 2015

Lynch Drug Store in Spencer.

Following "love at first sight," the couple married on June 1, 1948. Two weeks later, Stanley started a 35-year career with the U.S. Postal Service (USPS) in Spencer and Dickens.

The Andersen family -

which grew to include daughters Denise Lovitt of Spencer, Nancy Letcher of Milford, Jeannie Pippin of Cedaredge, Colorado, and Lisa Buchan of Spencer - enjoyed spending summers together in Colorado.

When Stanley retired from the USPS, he began another 20-year career as a driver for H & N Chevrolet Buick. The couple would spend the winter months in Panama City Beach, Florida.

At their daughters' prompting, the Andersens relocated to Riverview Terrace in November 2015. While both enjoy the "friendly, helpful" staff at Riverview Terrace, Stanley appreciates the happiness he has witnessed in his wife since they moved in. Just as the couple enjoys participating in the activities offered, they also make it a point to continue dancing, eating out, and spending time with their nine grandchildren and 11 great-grandchildren.