

THE ST. LUKE SPIRIT



May 2016

Volume 5, Issue 1

Upcoming Resident & Tenant Activities:

- **Iowa Great Lakes Lutheran School performance**
May 4 at 1 p.m.
St. Luke Lutheran Home
- **Bingo with Spencer sixth grade students**
May 6 at 2 p.m.
Riverview & Hillside Terrace Assisted Living
- **Ladies Day Tea**
May 7 at 2:30 p.m.
Riverview & Hillside Terrace Assisted Living
- **Sunrise Gospel Singers**
May 16 at 3 p.m.
St. Luke Lutheran Home
- **Hands of Harmony Bell Choir performance**
May 25 at 3 p.m.
St. Luke Lutheran Home
- **Music with Kevin Anderson**
May 27 at 3 p.m.
St. Luke Lutheran Home

More May 2016 activities are available online at www.stlukelh.com

DAVID WEST NAMED CEO/ADMINISTRATOR OF ST. LUKE HOMES & SERVICES



Alan Campbell congratulates David West (at right) for being named the fifth CEO/Administrator of St. Luke Homes & Services, Inc. Campbell concluded a three-year term as the Spencer campus' CEO/Administrator at the end of April. Following a 40-year career of service and commitment to health care, Campbell now intends to golf and spend time with family, as well as do some healthcare consulting and temporary assignments.

As of May 1, David West took over the helm as St. Luke Homes & Services' chief executive officer and administrator. The experienced leader in long-term care has held administrative roles in Wisconsin, but called the Spencer position a "great professional opportunity."

"I look forward to making northwest Iowa home for my family and to overseeing this very reputable and respected faith-based, nonprofit long-term care community," West said.

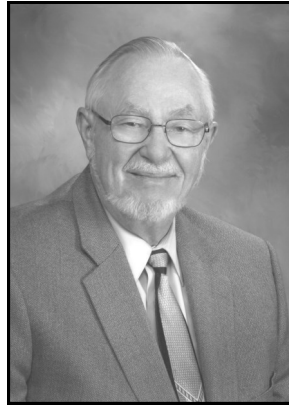
Born in Seneca, Illinois, David received his Long-Term Care Administration degree from Concordia College in Moorhead, Minnesota. He became a Wisconsin-licensed nursing home administrator in 1987 and has managed facilities in Prairie Farm, Port Edwards and Chetek, Wisconsin.

David was named Administrator of St. Luke Lutheran Home in mid-January, and became an Iowa-licensed nursing home administrator shortly after. He is the fifth CEO/Administrator of St. Luke Homes & Services, succeeding Alan Campbell, the late Terry Dandy, the late Rev. Lyle Peters and the late Glenn Neve.

The St. Luke Homes & Services campus, which began in February 1967 with the opening of St. Luke Lutheran Home, currently includes Riverview Terrace, Hillside Terrace and The Highlands residences, on-site rehabilitation personnel and services, a memory care unit, and a rehabilitative indoor aquatic center.

RETIRING BOARD MEMBERS

A special thank you to retiring St. Luke Homes & Services board members Kaylan Abel and Ron Muetzel for their selfless service in support of residents, tenants, homeowners and staff associated with our nonprofit, long-term care campus. Kaylan's and Ron's vision, commitment and leadership for the future will be their lasting legacy for generations to come.



Kaylan Abel
St. Luke Homes & Services Board Member
March 1995 - March 2016



Ron Muetzel
St. Luke Homes & Services Board Member
March 1993 - March 1999 and
March 2010 - March 2016

▪ WELCOME

Dave Hessman

Martha Rhodes

Hazel Christenson

Marvin & Pat
Thuringer

Connie Alger

▪ BEST WISHES

Jackie Wyman

James Vollmer

Virginia Olson

▪ SYMPATHY

Joanne Arthur

Orlyn Wiemers

Helen Bohr

Arlene Nelson

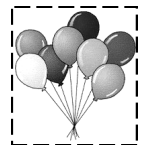
Esther Shelley

Laura Conner

MAY HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

1 - James Pitts
1 - Gayla Sorenson
2 - Velma Boonstra
3 - Freda Heuer
5 - Josie Cromer
5 - Dorothy Huberg
7 - Gladys Stoever
10 - Milton "Burdette" Geidl

10 - Marvin Schmidt
11 - Shirley Grandstra
13 - Thelma Mills
21 - Dorothea Donaldson
30 - Sandra Burnett
30 - Keith Grover
30 - Edith Pitts
31 - JoAnn Kemp



THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Leah Wyman, of Spencer, donated items to be used as bingo prizes at St. Luke Lutheran Home.
- Carole Peterson, of The Highlands, donated \$20 to St. Luke Lutheran Home in memory of Robert Miller.
- The Clay County Community Foundation presented a \$10,000 grant award to St. Luke Homes & Services for the advancement of clinical training opportunities of long-term healthcare staff at St. Luke Lutheran Home and other healthcare organizations with the development of a state-approved clinical long-term care training site at St. Luke Lutheran Home.
- The St. Luke Lutheran Home Auxiliary donated \$2,380 to St. Luke Lutheran Home for the purchase of two iPads, a projector and screen for the new training room in St. Luke Lutheran Home, and for landscaping.
- Joel Hartmann, of Everly, and Lois Johnson, of Spencer, directed Thrivent Choice program dollars to St. Luke Homes & Services.
- Jan Swanson, of The Highlands, donated \$20 to St. Luke Homes & Services for a chapel banner in memory of Elwyn "Pee Wee" Rogers.

COMMUNITY CORNERSTONES

▪**Bethany Lutheran Church**

15 West 14th Street, Spencer
(712) 262-2327
www.bethluthspencer.com

▪**First English Lutheran Church**

1311 E. 18th Street, Spencer
Pastor Paul Kaldahl
(712) 262-5598
<http://spencer-church.com>

▪**Grace Lutheran Church**

380 N. Rerick Avenue, Primghar
(712) 957-4795

▪**Immanuel Lutheran Church**

206 Terril Avenue, Terril
Pastor David Doellinger
(712) 853-6192
www.facebook.com/lcmsterril

▪**Bethlehem Lutheran Church**

207 Church Street, Royal
Rev. Deb Mechler
(712) 933-2229
royalbethlehemlutheran.com

▪**First Lutheran Church**

1525 Three Cross Road, Milford
Pastor Bob Vaage
(712) 338-4514
www.3cross.org

▪**Hope Lutheran Church**

206 N. Washington Street, Everly
Pastor Dan Taylor
(712) 834-2767
www.hopeeverly.com

▪**St. Paul's Lutheran Church**

60 N. Central Avenue, Hartley
Pastor Chris Nitzel
(712) 728-2711
www.stpaulslutheranhartley.com/

▪**Trinity Lutheran Church**

9th & 11th Avenue West, Spencer
Rev. C. Peter Maisenbach
(712) 262-1287
www.trinitylutheranchurchspencer.com

▪**Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer
Rev. David Zimmer
(712) 262-2244
www.ctkspencer.com

▪**Grace Lutheran Church**

801 Hill Avenue, Spirit Lake
Rev. Dr. Martin Lucin
(712) 336-2446
www.gracelutheranspiritlake.org

▪**Immanuel Lutheran Church**

2300 27th Street, Spirit Lake
Rev. David Simonson
(712) 336-1010
lcmslakes.org

▪**Trinity Lutheran Church**

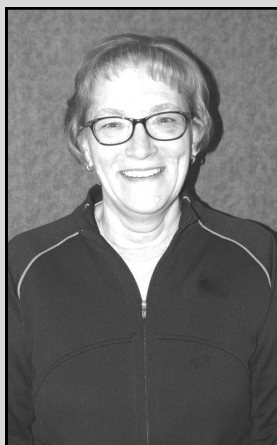
105 East High Street, Linn Grove
(712) 296-4438

MEET OUR NEWEST BOARD MEMBERS

Welcome to St. Luke Homes & Services' newest board members, Roger Morris and Sandi Schmidt. Both were elected to the board on March 6. The governing board has also elected new officers: Frank Halverson serves as president; Mark Nothwehr as vice president; and Rev. Peter Maisenbach serves as secretary.



Roger Morris



Sandi Schmidt

- Roger serves as the electric and operations manager for Spencer Municipal Utilities. He enjoys farming and carpentry work in his spare time and treasures family vacations. His wife, Lois, works for the accounting firm of Winther Stave & Co. The couple attends Christ the King Lutheran Church in Spencer.

- Sandi is vice president of deposit operations at Northwest Bank in Spencer. She enjoys gardening, reading, hiking in Rocky Mountain National Park, and exploring national parks around the country. Sandi is an active member of Bethany Lutheran Church, where she serves as treasurer, sings in the choir, and plays in the bell choir. Her husband, Kirby, serves as the Planning and Zoning officer for Spencer.

▪ **NEW STAFF**

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

• Shelby Johnson
St. Luke Housekeeper

• Stephen Blackford
St. Luke CNA

• Beth Holland
St. Luke
Unit Manager &
MDS Coordinator

• Tohnya Carney
St. Luke CNA

• Tierney Nissen
St. Luke Dietary Aide

• Adam Norgaard
St. Luke LPN

• Aleah Mathews
St. Luke Dietary Aide

• Bruce Loring
St. Luke Campus
Landscaper

• Linda Teepe
St. Luke Housekeeper

• Jillian Hewitt
St. Luke CNA

• Eula Guider
St. Luke CNA

▪ **SPECIAL NOTE**

If you currently have The St. Luke Spirit monthly newsletter mailed to you and would rather receive it in an email format, please email:

stlukelh@stlukelh.com
or
kris.todd@stlukelh.com

CONTACT A CAMPUS DIRECTOR

David West.....	CEO/Administrator.....	(712) 262-5931, ext. 104
Nancy Mills.....	Health Services.....	(712) 262-5931, ext. 112
Greg Meeter.....	CFO/Controller.....	(712) 262-5931, ext. 105
Georgia Wrightsman.....	Social Worker.....	(712) 262-5931, ext. 109
Dale Meyer.....	Maintenance.....	(712) 262-5931, ext. 139
Pastor John Syvertson.....	Chaplain.....	(712) 262-5931, ext. 116
Kris Todd.....	Public Relations/Marketing.....	(712) 262-5931, ext. 646
Jenna Walsh.....	Dietary Services.....	(712) 262-5931, ext. 125
Amanda Klein.....	Activities.....	(712) 262-5931, ext. 107
Linda Manwarren.....	Laundry.....	(712) 262-5931, ext. 111
Becky Thong.....	Housekeeping.....	(712) 262-5931, ext. 110
Kim Krause.....	Office/Human Resources.....	(712) 262-5931, ext. 108
Kerri Kofoot.....	Director of Assisted Living.....	(712) 262-5932, ext. 201
Mavis Leinen.....	The Highlands.....	(712) 262-5404

CELEBRATE WITH US!

Help residents and staff of St. Luke Lutheran Home to celebrate National Nursing Home Week by visiting and dressing in the special attire on the following dates:

- May 9.....Disney Day
- May 10.....Western Day
- May 11.....Patriotic Day
- May 12.....Sports Day
- May 13.....Beach Day



Please join St. Luke Homes & Services in appreciating its valued LPNs and RNs during National Nurses Week, May 6-12.

- | | |
|-------------------|-----------------|
| Julie Behrens | Janice Bell |
| Brianna Blair | Beth Holland |
| Jessica Bleeker | Dee Kilpatrick |
| Kim Carrigan | Nancy Mills |
| Erik Forslund | Joni Stein |
| Katie Hall | Sarah Lee |
| Shannon Johnson | Tara Mixon |
| Samuel Moranga | Adam Norgaard |
| Deb Poland | Sherry Simcox |
| Heather Rosendahl | Tricia Steward |
| David Thiessen | Natalie Thiesen |
| Melissa Weber | Dana Zernechel |
| Amber Wittrock | Linda Sterling |
| Kerri Kofoot | Lori Jensen |
| Cari Seversen | Lisa Small |

WELLNESS EXPO 2016 WINNER ANNOUNCED

Congratulations to Geneva Knudtson, of Milford, who won a relaxing, one-night stay in a luxurious suite at The Highlands, Riverview or Hillside Terrace Assisted Living during the Wellness Expo, hosted April 9, at the Clay County Regional Events Center in Spencer! Her overnight stay will also include a complimentary lunch for two and admission to the campus' indoor aquatic center.

Geneva, please call (712) 262-5931 to claim your prize!

LUNCH & LEARN

You are invited to participate in a series of discussions over lunch.

- May 4.....Care Choices for Loved One & Care for the Caregiver.....with David West
- May 18Estate Planning 101.....with Bridget Bailey
- May 25.....Advance Directives, Healthcare Options & Services.....with Georgia Wrightsman
- June 1.....Spiritual Health in Later Years.....with John Syvertson
- June 8.....Home Maintenance Issues for Seniors.....with Dale Meyer

Reserve your spot for each Lunch & Learn by calling St. Luke Lutheran Home at (712) 262-5931, between 8 a.m. and 4 p.m. Monday through Friday, one week prior to the event you wish to attend. Space is limited to the first 13 who call. Lunch will be provided at no charge at St. Luke Lutheran Home.

INDUSTRY OF THE YEAR AWARD

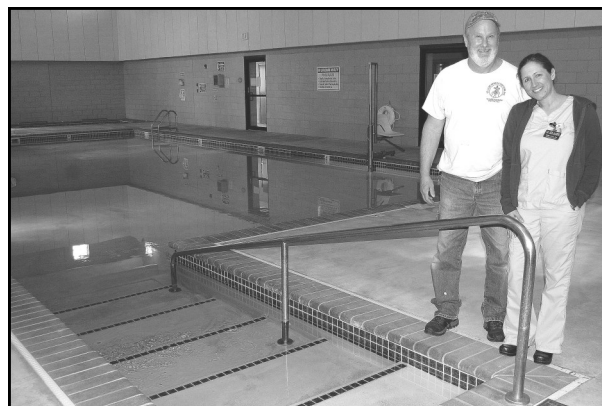
The indoor aquatic center on the St. Luke Homes & Services campus, in Spencer, was named the 2015-16 Industry of the Year at the Iowa Environmental Health Association annual meeting, which was hosted during the 2016 Governor’s Conference on Public Health in Des Moines.

Clay County Environmental Health Administrator Tammy McKeever nominated St. Luke Homes & Services for the Industry of the Year award.

“The St. Luke Campus aquatic center is an exemplary facility. If every pool was ran the way this pool is operated, there would be no need for inspectors,” McKeever wrote in her nomination. “Every year, St. Luke Homes & Services’ Certified Pool Operators go above and beyond what is expected of them. They have shown leadership qualities by sharing many of their forms and practices with other facilities in Clay County.”

The award denotes leadership and concern for the environment by the nonprofit long-term care organization, as well as the staff members who oversee the indoor pool and spa. The Industry of the Year award also acknowledges St. Luke Homes & Services’ contribution to public health, as well as its work with state, county and city governments.

Certified Pool & Spa Operators Kerri Kofoot and Ken Stoeber have managed the indoor aquatic center on the St. Luke Homes & Services campus since it opened in 2006.



EMPLOYMENT OPPORTUNITIES

The following positions are currently available at St. Luke Lutheran Home and Riverview Terrace Assisted Living:

Full-Time Nurse (2)	Days, Evenings	**Bonus Eligible
Part-Time to Full-Time Activities Assistant	Days	
Full-Time Cook	Evenings	
Full-Time Dietary Aide	Days	
Temporary Full-Time Driver	Days	
Part-Time Cook (2)	Days, Evenings	
Part-Time or Full-Time Certified Nursing Assistant (2)	Evenings, Weekends	**Bonus Eligible

St. Luke Homes & Services offers a competitive wage and benefit package including: Health & dental insurance, med-flex/childcare plan, employer-matched 401(k), tuition assistance, paid vacation and paid holidays. Apply online today at www.stlukelh.com. Or pick up an application at: St. Luke Lutheran Home, 1301 St. Luke Drive, Spencer, Iowa.

- St. Luke Homes & Services**
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

- Frank Halverson
Mark Nothwehr
Rev. Peter Maisenbach
Jerry Clausen
Neal Drefke
Jim Hitchcock
Rev. Deb Mechler
Roger Morris
Sandi Schmidt

EMPLOYEE OF THE MONTH

To know Rhonda Hintz is to appreciate her.

Rhonda is helpful, kind, positive and always responsive to tenants of Riverview Terrace Assisted Living, their family members and her coworkers.

The Personal Service Assistant (PSA) usually has a smile on her face and a twinkle in her eye.

She is a joy to be around.

Rhonda grew up on a farm near Terril. After graduating from Terril High School, she graduated with a cosmetology license from Ms. Frances College of Cosmetology.

After working as a cosmetologist for 10 years in Estherville, Rhonda utilized her Early Childhood Education degree while providing day-care and in-home childcare



Rhonda Hintz
Riverview Terrace
Personal Service Assistant

for 14 years in Terril and Spencer.

Beginning in 1993, she worked for five years as a salesperson at the former Tractor Supply in Spencer. After working nights for one year at an assisted living facility in Milford, Rhonda chose in August 2013 to become a PSA at Riverview Terrace Assisted Living.

She hasn't looked back.

"I thoroughly enjoy my job," Rhonda said. "I get to make a real difference in other's lives. If I can make one of our tenant's lives a little easier, or bring a smile to their face, I feel as if I have done my job."

Family is very important to Rhonda. She enjoys spending time with her two children, Leaha (and Drew) Eldridge and Mitchell Meyer, all of Spencer, and her three grandchildren: Mersadies, Paxton and Crew Eldridge. The daily interactions she has with the tenants of Riverview Terrace, and their family members, have helped to extend her immediate family, Rhonda said.

Outside of work, Rhonda likes to fix up her 116-year-old home, ride bikes, walk the trails, fish, enjoy bonfires, feed the birds and sit on her front porch.

TENANT OF THE MONTH

Vivian Rock was born October 7, 1923, on a farm near Alta. She graduated from AIB College of Business in Des Moines and worked as a bookkeeper from 1942 through 1945 in an office in Des Moines.

Vivian married Joe Rock on April 20, 1944. While he served in the United States Army Air Corps during World War II, she moved to Denver and worked in an office for nine months before he returned home from serving in the South Pacific.

The couple moved to her family farm, along the Little Sioux River near Linn Grove, in 1949. They



Vivian Rock
Hillside Terrace
tenant since May 2014

raised corn, soybeans, cattle, hogs and chickens.

Vivian was busy with daily farm activities and tending to the couple's two children. She enjoyed sewing, gardening for her family, participating in a neighborhood women's

group that met monthly, being active in the Ladies Aid at Trinity Lutheran Church of Linn Grove, and taking part in the St. Luke Lutheran Home Auxiliary for three decades.

In May 2014, Vivian became a tenant of the Hillside Terrace Assisted Living residence.

"It was not a difficult decision for me. Because I have been active with the St. Luke Auxiliary for so many years, this was the only place I ever planned to look," she said. "I enjoy the privacy of my own apartment and the help when I need it. I also appreciate having a pastor on campus and regular church services. Being able to visit family and friends seals the deal for me."