THE ST. LUKE SPIRIT



February 2016 Volume 4, Issue 2

Upcoming Resident & Tenant Activities:

- Iowa Great Lakes Lutheran students to perform February 3 at 1 p.m.
- Spencer Women of Today helpers February 9 at 3 p.m. St. Luke Lutheran Home

St. Luke Lutheran Home

- Lifelong Learners: The Great Depression February 15 at 2:30 p.m. Riverview Terrace
- Community Lenten Services Wednesdays at 11:30 a.m. Hope Church, Spencer
- Clay County Naturalist to speak February 24 at 10 a.m. Hillside Terrace
- Music with Ray Meyer February 25 at 3 p.m. St. Luke Lutheran Home

More February 2016 activities are available online at www.stlukelh.com

CELEBRATING VALENTINE'S DAY IN STYLE

A special Valentine's Day meal served the evening of February 18th will feature:

Hors d'oeuvres



Strawberry glow salad or Lettuce salad Roast beef or Shrimp scampi Loaded mashed potatoes Boston cream pie or Three berry pie



♥ Spencer After Five Kiwanis members will serve this holiday evening meal at Riverview &

Hillside Terrace Assisted Living

- ♥ Spencer Hy-Noon Kiwanis members will serve this special dinner at St. Luke Lutheran Home
- ♥ Photographs will be available on St. Luke Homes & Services' Facebook page.



WELCOME, VOLUNTEER MARY ELLEN ERICKSEN!

Dean and Mary Ellen Ericksen relocated from a retirement community in Allen, Texas, to the historic district of Sioux City before purchasing a home in October 2015 in the community of Stoneybrook Circle in Spencer. Mary Ellen immediately set about finding local opportunities in which to serve others.

She liked what she saw on the St. Luke Homes & Services campus and at Sacred Heart Catholic Church.

Please join us in welcoming Mary Ellen as a volunteer at Riverview & Hillside Terrace Assisted Living and St. Luke Lutheran Home.

You may join in her Story Time Book Club, scheduled every Monday afternoon at 2:30 p.m. at Hillside Terrace. Or, find Mary Ellen with her Yorkshire Terrier, Carmel between one-on-one visits with residents of St. Luke.



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- WELCOME

Beverly Shelton

Donald LaMaak

Arvilla Sassman

Margaret Lundquist

Marlyn Barglof

Bill Frederick

- BEST WISHES

Lorraine Birchard

- NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

- Erik Forslund St. Luke RN
- David West St. Luke Administrator
- Emily Gilderhus
 St. Luke Cook

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Jan Swanson, of The Highlands, donated \$20 in memory of Dwight Schumann. Her memorial has been designated for a chapel banner.
- Don and Sylvia Moore, of Spencer, donated \$50 to the Special Gifts Fund at St. Luke Lutheran Home.
- Carole Peterson, of The Highlands, donated \$20 to St. Luke Lutheran Home in memory of Betty Brown, a former tenant of Riverview Terrace Assisted Living.

FEBRUARY HOMEOWNER, TENANT & RESIDENT BIRTHDAYS

- 1 Beverly Shelton
- 2 Barbara Halverson
- 4 Bob Stewart
- 6 Jane Larson
- 10 Louis Wiemers
- 11 Arlene Nelson
- 12 Marcia Simon
- 14 Rose Marie Kast
- 15 Norman Boonstra
- 15 Craig Marr
- 16 Betty Schwarck

- 17 Shirley Johnstone
- 17 Eldon Kopel
- 19 Max Hurdle
- 20 Betty Behrends
- 23 Willa Jean Leu
- 24 Florence Hammerstrom
- 27 Margaret Bohn
- 28 Gloria Dykstra



Bruns Celebrates 100 Years



Family and friends gathered ! January 16, 2016, to celebrate the 100th birthday of Mildred Bruns at The Highlands. The delightfully positive and kind centenarian (front center) is shown with (from ! left) her granddaughter, Sarah Bruns, of New York City, daughter-in-law and son, Sandi and Bill Bruns, of Frisco, Colorado, and son and daughterin-law, Jim and Nadine Bruns, of Hawaii. Mildred and her late husband, Carl, moved from Sheldon in March 1994 to become homeowners at The Highlands.

ST. LUKE LUTHERAN HOME IS IN NEED OF A GOOD, WORKING ELECTRONIC PIANO AND/OR ORGAN. IF YOU KNOW OF EITHER, PLEASE CONTACT PASTOR JOHN SYVERTSON AT (712) 262-5931.

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COMMUNITY CORNERSTONES

Bethany Lutheran Church

15 West 14th Street, Spencer (712) 262-2327

www.bethluthspencer.com

•First English Lutheran Church

1311 E. 18th Street, Spencer Pastor Paul Kaldahl (712) 262-5598

http://spencer-church.com

Grace Lutheran Church

380 N. Rerick Avenue, Primghar (712) 957-4795

Immanuel Lutheran Church

206 Terril Avenue, Terril Pastor David Doellinger (712) 853-6192

www.facebook.com/lcmsterril

•Trinity Lutheran Church

9th & 11th Avenue West, Spencer Rev. C. Peter Maisenbach (712) 262-1287

www.trinitylutheranchurchspencer.com

Bethlehem Lutheran Church

207 Church Street, Royal Rev. Deb Mechler (712) 933-2229 royalbethlehemlutheran.com

•First Lutheran Church

1525 Three Cross Road, Milford Pastor Bob Vaage (712) 338-4514 www.3cross.org

•Hope Lutheran Church

206 N. Washington Street, Everly Pastor Dan Taylor (712) 834-2767 www.hopeeverly.com

St. Paul's Lutheran Church

60 N. Central Avenue, Hartley Pastor Chris Nitzel (712) 728-2711

www.stpaullutheranhartley.com/

•Christ the King Lutheran Church

500 Fourth Avenue SW, Spencer Rev. David Zimmer (712) 262-2244 www.ctkspencer.com

•Grace Lutheran Church

801 Hill Avenue, Spirit Lake Rev. Dr. Martin Lucin (712) 336-2446

www.gracelutheranspiritlake.org

Immanuel Lutheran Church

2300 27th Street, Spirit Lake Rev. David Simonson (712) 336-1010 lcmslakes.org

Trinity Lutheran Church

105 East High Street, Linn Grove (712) 296-4438



Letters are now being sent to all church pastors and/or board chairpersons seeking representatives to the St. Luke Homes & Services Annual Meeting, to be hosted on Sunday, March 6, from 2 - 3:30 p.m. at St. Luke Lutheran Home in Spencer.

THANK YOU!

St. Luke Lutheran Home, Riverview & Hillside Terrace Assisted Living, and The Highlands want to thank all of the individuals from area churches and groups who assist in "rounding up" residents on the St. Luke Homes & Services campus for church services each week. Those who volunteer to play piano or organ for services also enrich our spiritual lives. If you know a pianist or organist who would like to join the campus' ministry, or are part of a group of four to six who would enjoy assisting others to church, please contact Pastor John Syvertson at (712) 262-5931, extension 103.

<u>Date</u>	Round-Up Team	<u>Musician</u>
Feb. 7	First English Lutheran Church, Spencer	John Goede
Feb. 14	Bethlehem Lutheran Church, Royal	Ray Meyer
Feb. 21	Grace United Methodist Church, Spencer	Eileen Johnson
Feb. 28	Hope Reformed Church, Spencer	Open
March 6	Hope Lutheran Church, Everly	John Goede
March 13	Bethany Lutheran Church, Spencer	Ray Meyer
March 20	Living Word Outreach Church, Spencer	Eileen Johnson
March 27	(Easter) Open	Harold Skelton

St. Luke Homes & Services

- The Highlands
- Hillside Terrace
- Riverview Terrace
- St. Luke Lutheran Home

1301 St. Luke Drive Spencer, Iowa 51301

Phone: (712) 262-5931 Fax: (712) 262-4743 E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes & Services, Inc. "A Caring Community"



Governing Board

Kaylan Abel
Mark Nothwehr
Frank Halverson
Jerry Clausen
Neal Drefke
Jim Hitchcock
Rev. Peter Maisenbach
Rev. Deb Mechler
Ron Muetzel

EMPLOYEE OF THE MONTH

Esmeralda Ibanez makes it a point to always arrive at work with a smile on her face and to say a cheerful "Good morning" to others. This daily routine makes for a great day at St. Luke Lutheran Home for both Esmeralda and those she has contact with. Friendly interactions with this Certified Nursing Assistant (CNA) are sought after by the residents she cares for, their families and her co-workers. Many St. Luke residents appreciate, and request, Esmeralda because of her thoughtful actions and kind words. Born and raised in Texas, Esmeralda moved to Wa-



Esmeralda Ibanez St. Luke CNA since April 2015

terloo in 1997. She worked at IBP and became a safety representative and interpreter for the company before becoming an assistant teacher at Head Start in Marshalltown.

She returned to Texas in 2009, but missed the nice, safe setting she had found

in Iowa, and returned to Northwest Iowa to raise her children: Alondra and Antonio. Esmeralda, who was trained as a CNA in 2005, has worked in other nursing homes, but pre-

fers St. Luke Lutheran Home.

"I love serving at St. Luke and look forward to coming to work, to serve with my CNA peers, each and every day," Esmeralda said. "People here enjoy helping one another. That makes a difference."

The joyful CNA is planning to become a nurse.

Away from work, Esmeralda enjoys listening to Spanish and country music, especially Alan Jackson. She likes to dance, read and would like to take up painting with acrylics again.

HOMEOWNERS OF THE MONTH

Bob and Beverly Stewart grew up in the same community of Webb. They complement one another and find delight in spending quality time with other homeowners at The Highlands.

Bob enlisted in the U.S. Navy and served in the Pacific on an escort aircraft carrier. The World War II veteran was honorably discharged from duty in 1946.

After college, he worked at Citizens State Bank of Webb and First State Bank of Sioux Rapids. Bob currently serves on the First State Bank's board of directors.

While raising her children, Beverly was very active in club work. Over the years, she has been instru-



Bob & Beverly Stewart
The Highlands homeowners
since October 1995

mental in the TTT, Federated Club, Harmony Club, church and 4-H.

Bob moved to The Highlands in October 1995. Beverly joined him on his 75th birthday, the same day they wed, in February 2002.

"I didn't want to have another date to forget," Bob explained with a smile and twinkling eyes.

"We get along real well," Beverly added. "Marriage has been a good thing for both of us."

While Bob enjoys woodworking and computer work, Beverly likes to read and does some writing. She has several articles published in Federated Reading.

Together, the Stewarts savor time spent gardening, reading, being active members of First Christian Church of Christ in Spencer, traveling, visiting their cabin on Garfield Lake in northern Minnesota, and spending time with family.

The couple has eight children: Robert Stewart of Sioux City, Sidney Rasmussen of Lilburn, Georgia, Thomas Stewart of Gurnee, Illinois, Mary Beth Richerson of Iowa City, Alan Donaldson of Orange City, David Donaldson of Spencer, Linda Gray of Everly, and Janice Donaldson of Dickens.