

# THE ST. LUKE SPIRIT



October 2015

Volume 3, Issue 10

## Upcoming Resident & Tenant Activities:

- **Spencer vs. LeMars High School football**  
October 2 at 7 p.m.  
Dale Norton Field
- **Lifelong Learners**  
October 7 at 2:30 p.m.  
Riverview Terrace Chapel
- **Mix & Mingle with Glenn Henriksen performing**  
October 16 at 5 p.m.  
The Highlands
- **Pumpkin Patch outing**  
Oct. 19-20 at 2:30 p.m.  
Hawk Valley Garden
- **Ireland Travel Talk**  
October 21 at 3 p.m.  
St. Luke Lutheran Home
- **Spencer Women of Today Helpers**  
October 27 at 2:30 p.m.  
Hillside Terrace
- **Halloween Trick or Treat Parade**  
October 31 at 6:30 p.m.  
The Highlands, Hillside & Riverview Terrace, and St. Luke Lutheran Home

**More October 2015 activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**

## HOSPICE PUBLIC FORUM

We invite you, your family and your friends to attend a **Hospice Public Forum** scheduled at 10 a.m. on Tuesday, October 6, at The Highlands, which is located at 1211 St. Luke Drive in Spencer.

Three regional hospice providers (listed at the right) will take part in this forum. Each will present valuable information about end-of-life care. Forum attendees will also have the opportunity to ask questions of each of the hospice providers.

The **Hospice Public Forum** is free and open to the public.

Light, healthy snacks and refreshments will be offered.

We look forward to seeing you on October 6 at The Highlands!

**ST. CROIX**  
HOSPICE



**GENTIVA**  
Hospice



**Hospice**  
of Spencer Hospital  
*Care you trust. From people you know.*

## OMELETS SERVED ON LABOR DAY 2015

Members of Glen Pedersen American Legion Post No. 1, of Spencer, prepared delicious, made-to-order omelets for tenants and staff at Riverview Terrace. Thank you, Lynn Wee, Jack St. Peters, Ken Heimgartner, Bob & Sharon Faulkender, and Darrel Tonderum!



▪ **WELCOME**

Shirley Johnstone

Ruby McKee

Mildred Klett

Robert Hughes

Betty Schwarck

Edwin Geerdes

Lorraine Pullen

▪ **NEW STAFF**

*Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:*

• Debora Poland  
St. Luke RN

• Jacki Neal  
St. Luke CNA

• Angela Ballesteros  
St. Luke CNA

**THANK YOU**

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Dolores Schmidt, of Milford, donated \$500 toward nursing supplies at St. Luke Lutheran Home in memory of her husband, George Schmidt.
- The Bethlehem Lutheran Women of the ELCA, of Royal, donated \$10 to St. Luke Lutheran Home in memory of LaVone Jespersen.

**Trick or Treat with Us!**



Saturday, October 31  
from 6:30 to 7:30 p.m. at:

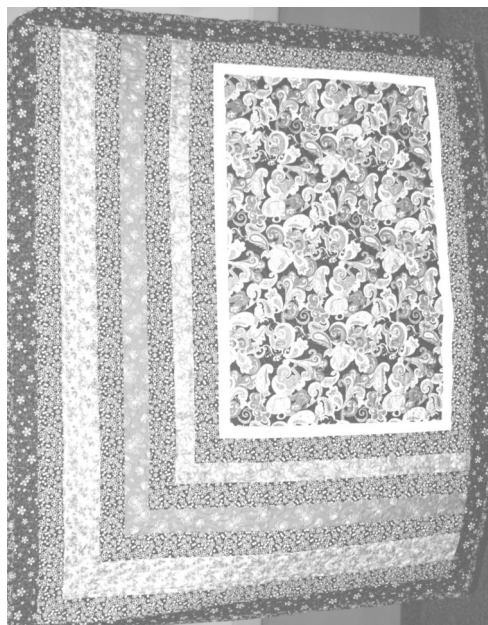
- Riverview Terrace Assisted Living
- St. Luke Lutheran Home
- The Highlands
- Hillside Terrace Assisted Living

**OCTOBER HOMEOWNER, TENANT & RESIDENT BIRTHDAYS**

- 1 - Gladys McMillin
- 3 - Marcella Brodersen
- 3 - Muriel Johnson
- 4 - Verdis Koehlmoos
- 6 - Elayne Grapenthin
- 7 - Vivian Rock
- 9 - Leona Ver Meer
- 11 - Earl Angell
- 14 - Carla Zenkovich

- 19 - Robert Stoeber
- 20 - Carole Peterson
- 21 - Marjorie Batcheler
- 22 - Alice Dotson
- 22 - Ethel Schmidt
- 26 - Helen Brigham
- 28 - Helen Andersen
- 30 - Lucile Grell
- 31 - Lorraine Pullen

**QUILT RAFFLE**



**Have you purchased chances to win this beautiful 48" by 62" quilt?**

Raffle tickets, which run \$5 a piece or \$20 for five tickets, are available at the front desks of:

- The Highlands, 1211 St. Luke Drive, Spencer
- Riverview Terrace, 1501 St. Luke Drive
- Hillside Terrace, 1209 12th Street SE, Spencer
- St. Luke, 1301 St. Luke Drive, Spencer

Raffle tickets may be purchased by calling (712) 262-5931, ext. 646. Please leave a message with your contact information. You may also inquire about purchasing raffle tickets at the Community Cornerstones listed on Page 3.

Proceeds from the Quilt Raffle will support enhancing the life, health and faith of St. Luke Homes & Services residents.

**Drawing to occur November 30.**

## COMMUNITY CORNERSTONES

▪**Bethany Lutheran Church**

15 West 14th Street, Spencer  
(712) 262-2327

▪**First English Lutheran Church**

1311 E. 18th Street, Spencer  
(712) 262-5598

▪**Grace Lutheran Church**

380 N. Rerick Avenue, Primghar  
(712) 957-4795

▪**Immanuel Lutheran Church**

206 Terril Avenue, Terril  
(712) 853-6192

▪**Bethlehem Lutheran Church**

207 Church Street, Royal  
(712) 933-2229

▪**First Lutheran Church**

1525 Three Cross Road, Milford  
(712) 338-4514

▪**Hope Lutheran Church**

206 N. Washington Street, Everly  
(712) 834-2767

▪**St. Paul's Lutheran Church**

60 N. Central Avenue, Hartley  
(712) 728-2711

▪**Trinity Lutheran Church**

9th & 11th Avenue West, Spencer  
(712) 262-1287

▪**Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer  
(712) 262-2244

▪**Grace Lutheran Church**

801 Hill Avenue, Spirit Lake  
(712) 336-2446

▪**Immanuel Lutheran Church**

2300 27th Street, Spirit Lake  
(712) 336-1010

▪**Trinity Lutheran Church**

105 East High Street, Linn Grove  
(712) 296-4438



The team representing the St. Luke Homes & Services campus (shown at left), was the largest group to participate in the 2015 Walk to End Alzheimer's. The walk, which began at East Leach Park in Spencer, took place the afternoon of Sunday, September 27.

## 'TAKING IT ALL IN' AT 'THE WORLD'S GREATEST COUNTY FAIR'

Riverview & Hillside Terrace Assisted Living tenants helped prepare photographs that were displayed during the 2015 Clay County Fair (photo at left, below). A number of World War II and Korean War veterans from the St. Luke campus attended a Veterans Day parade and program hosted on the fairgrounds. Campus residents enjoyed entertainment featured at several tent shows. Eating Nutty Bars, Tom Thumb Donuts, special treats prepared by Jones Lunch, and breakfast at the Daybreakers Kiwanis stand brought back fond fair memories (center and right photo). Another fair highlight was being transported around the Clay County fairgrounds aboard the Lions Club wagon.



- St. Luke Homes & Services**
- The Highlands
  - Hillside Terrace
  - Riverview Terrace
  - St. Luke Lutheran Home

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



*St. Luke Homes & Services, Inc.*  
*"A Caring Community"*



## **Governing Board**

- Kaylan Abel
- Mark Nothwehr
- Frank Halverson
- Jerry Clausen
- Neal Drefke
- Jim Hitchcock
- Rev. Peter Maisenbach
- Rev. Deb Mechler
- Ron Muetzel

## **EMPLOYEE OF THE MONTH**

Sarah Lee is cheerful, easy-going and compassionate. She is exactly the type of licensed practical nurse (LPN) that St. Luke is proud to have as an employee.

The northern Minnesota native graduated with a chiropractic technician degree from Northland Community & Technical College. After working four years for a chiropractor, Sarah chose to pursue nursing as a career. While enrolled at the college again, she worked full-time as a CNA in Grand Forks,



**Sarah Lee**  
**St. Luke Lutheran Home LPN**  
**since March 2015**

North Dakota.

Upon receiving her LPN license, Sarah worked at Valley Memorial Homes before relocating to Milford

and working for seven years as an LPN in Ruthven. "I enjoy what I do and I like it here. It's a nice facility," Sarah said of St. Luke. "I love my coworkers and the residents are great."

Sarah and her husband, Jeremy Lee, the CFO at Ag Partners in Albert City, have three boys: Ben, 9, Ethan, 6, and Logan, 3. Besides watching them swim and play soccer, Sarah enjoys reading mysteries, attending First Lutheran Church in Milford, fishing and traveling. The Lees are planning to visit St. John, Virgin Islands, in February.

## **HOMEOWNER OF THE MONTH**

Mildred "Middy" Deegan was born Sept. 20, 1915, to Ralph and Sylvia Woolston on a farm between Peterson and Sutherland. She graduated from Sutherland High School and spent 24 weeks over the next two summers as a student at Buena Vista College in Storm Lake. Following the first summer, she taught for three years in a Clay County country school near her home place.

On August 26, 1936, Middy married Basil Deegan, who, at the time, managed the Farmers Elevator in Peterson.

The couple purchased the former Sulphur Springs Elevator in 1942. With Basil's jovial and accommodating personality, and the site's very accessible location in Buena Vista County, the country-grade elevator prospered. The



**Mildred "Middy" Deegan**  
**Highlands homeowner**  
**since June 1995**

couple's three children – the late Kay Mescher, Karen "Dee" Vanderhoef, and Bill Deegan – all helped to weigh grain and accomplish other tasks at the elevator, which grew considerably under Basil's leadership until it was sold in 1978 to the Newell Grain Elevator.

The Deegans wintered in Bradenton, Florida, from

1972 through 1998. Middy was an avid golfer and shuffle board player. She enjoyed knitting and crocheting, and also volunteered at the Buena Vista Regional Medical Center.

Today, the cheerful centenarian enjoys playing bridge at The Highlands and the Spencer Area Activity Center, watching the Iowa Hawkeyes play football on television, attending plays at Spencer Community Theatre, and participating in worship services at First Congregational Church and at St. Luke Lutheran Home. The philanthropist also acts upon her strong desire to benefit the local community and its residents.

Middy is known for always having a smile and always being ready to participate.

"I couldn't have found a nicer place. The Highlands is delightful," Middy said. "It's clean, the other homeowners are friendly, and the location is beautiful."