



Upcoming Resident & Tenant Activities:

- **Public Open House**
(See Page 4)
May 6 from 10 - 11:30 a.m.
Riverview Terrace
- **Ladies' Day Tea**
May 9 at 2:30 p.m.
Riverview Terrace and
St. Luke Lutheran Home
- **Nursing Home Week**
May 10 - 16
St. Luke Lutheran Home
- **Hands of Harmony**
Bell Choir performance
May 13 at 2 p.m.
Longhouse Care Center
- **Music with Bob Floss**
May 14 at 3 p.m.
The Highlands
- **Ladies' Day Tea**
May 23 at 2:30 p.m.
Hillside Terrace
- **Memorial Day**
May 25
- **Fishing**
May 27 at 1:30 p.m.
Stolley Pond, Spencer
- **Music with Ray Meyer**
May 28 at 3 p.m.
The Highlands

More May 2015 activities
are available online
at www.stlukelh.com

MEET OUR NEWEST BOARD MEMBERS

W

elcome to St. Luke Homes & Services' newest board members, Jerry Clausen and Rev. Deb Mechler. Both were appointed to the board on March 30th. The St. Luke Homes & Services governing board has also elected new officers: Kaylan Abel serves as president; Mark Nothwehr as vice president; and Frank Halverson serves as secretary.



Jerry Clausen works as an accountant for Cutty's Okobojo Resort Club in Spirit Lake. In addition to serving as an organist for Christ the King Lutheran Church in Spencer, he serves as chairman of the church's finance committee. Jerry is an officeholder for the Spencer Family YMCA Public Benefit Holding Corporation and the Iowa Great Lakes Lutheran School board.

He is a retired Certified Public Accountant and a former member of the American Institute of Certified Public Accountants and the Iowa Society of Certified Public Accountants, of which he served on a state taxation committee. Jerry has also served as treasurer of the Clay County Thrivent board.

Jerry's father was a recent resident of the Hillside Terrace Assisted Living residence and of St. Luke Lutheran Nursing Home. He saw how very caring and professional the staff was and, as a St. Luke Homes & Services board member, wants to see that this continues.



Rev. Deb Mechler is the minister of Bethlehem Lutheran Church in Royal. She is a past board president of Spencer Community Theatre, and was a founding board member for Little Mavs Child Care Center. She has also served on the board for Birthright of Spencer. Rev. Mechler was the director of chaplaincy services for the St. Luke Homes & Services campus from 2002 until 2007. Her past ministry roles include education consultant for the Reformed Church in America's Synod of the Heartland, and director of education and youth ministry at Hope Church in Spencer.

As a former staff member, she has great respect for leaders and employees of the St. Luke Campus. Rev. Mechler believes it is a privilege to be of service to an institution that makes such a difference in so many lives.

Rev. Mechler and her husband, Dean, live in Spencer. The couple enjoys spending time with their two children: Karen, of Indianapolis, and Kyle (Janessa) Mechler, of Spencer, and their two grandchildren: Rydia and Link.

▪ WELCOME

LaVern Benson

Marcella Brodersen

Richard "Dick" Romp

Vertalie Otis

Virginia Koenen

Dorothea Donaldson

▪ SYMPATHY

Frances Larsen

Lucille Fear

▪ BEST WISHES

Lawrence Smith

Beatrice "Bea" Wede

▪ Receive an e-Newsletter!

If you would prefer to receive your monthly copy of The St. Luke Spirit newsletter via email, please send your name and email address to Kris Todd, St. Luke Homes & Services' director of public relations & marketing, at: kris.todd@stlukelh.com

Your email address will not be shared with a third party, and you can unsubscribe to The St. Luke Spirit newsletter at any time.

FOR YOUR CONVENIENCE

A delightful place to prepare a meal, rest a spell, take a relaxing shower, and to entertain. All while visiting friends and loved ones on our all-inclusive Continuing Care Retirement Community campus.



Both scenarios fit our family guest rooms at Riverview & Hillside Terrace and our furnished suite at The Highlands, all of which are available whenever you are in the area visiting a resident, tenant or homeowner. We'd like to make your visit comfortable and memorable.

■ For more information about these rental opportunities, please contact Kerri Kofoot, of Riverview & Hillside Terrace Assisted Living, at (712) 262-5932, or Mavis Leinen, of The Highlands, at (712) 262-5404.

MAY RESIDENT & STAFF BIRTHDAYS (RESIDENTS BOLDED)

2 - *Velma Boonstra*

3 - *Freda Heuer*

3 - Janelle Leth

4 - Deb McGuire

5 - *Josie Cromer*

5 - *Dorothy Huberg*

6 - Ann Carroll

7 - *Gladys Stoever*

10 - *Milton "Burdette" Geidl*

10 - *Marvin Schmidt*

10 - Tricia Steward

11 - Beverly McGuire

11 - Clarissa Seversen

12 - Nicole Petersen

13 - *Thelma Mills*

14 - *Erma Schmid*

15 - Jane Lake

17 - *Gladys Johnson*

19 - Ange Cohoon

21 - *Dorothea Donaldson*

22 - Emily Beers

25 - Staci Jensen

26 - Dacia Knipp

29 - Madison DeVlaeminck

30 - *Keith Grover*

31 - *JoAnn Kemp*

THANK YOU

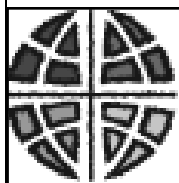
We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- The Clay County Community Foundation presented a \$5,500 grant award for the purchase of a NuStep machine for use by residents of St. Luke Lutheran Home.
- St. Luke Lutheran Home Auxiliary purchased a labeling machine for resident clothing.
- Joan Waller and the Clay County Veterans Affairs office, of Spencer, donated a "Korea Reborn: A Grateful Nation Honors War Veterans for 60 Years of Growth" limited edition commemorative book to the St. Luke Homes & Services campus.
- Arlene Nelson, of Spencer, donated \$20 to St. Luke Lutheran Home in memory of Chuck Mills.
- Allan Schuster, of Spencer, and Mark Schuster, of Woodbury, Minnesota, donated \$100 to the Riverview Terrace Assisted Living residence in memory of their father, Richard S. Schuster.
- Ruth Hoffman, of Spencer, donated hair curlers for use by residents of St. Luke Lutheran Home.
- Bruce Shine, of Woodbury, Minnesota, donated two tickets to see the "Joseph and the Amazing Technicolor Dreamcoat" performance at Spencer Community Theatre.
- The family of Lucille Fear, a late resident of Riverview Terrace and St. Luke Lutheran Home, donated a recliner, nightstand and television stand for use on the St. Luke Homes & Services campus.

COMMUNITY CORNERSTONES

- | | | |
|--|--|--|
| <p>▪<u>Bethany Lutheran Church</u>
15 West 14th Street, Spencer
Pastor Len Halvorson
(712) 262-2327
www.bethluthspencer.com</p> | <p>▪<u>Bethlehem Lutheran Church</u>
207 Church Street, Royal
The Rev. Deb Mechler
(712) 933-2229
royalbethlehemlutheran.com</p> | <p>▪<u>Christ the King Lutheran Church</u>
500 Fourth Avenue SW, Spencer
The Rev. David Zimmer
(712) 262-2244
www.ctkspencer.com</p> |
| <p>▪<u>First English Lutheran Church</u>
1311 E. 18th Street, Spencer
Pastor Paul Kaldahl
(712) 262-5598
http://spencer-church.com</p> | <p>▪<u>First Lutheran Church</u>
1525 Three Cross Road, Milford
Pastor Bob Vaage
(712) 338-4514
www.3cross.org</p> | <p>▪<u>Grace Lutheran Church</u>
801 Hill Avenue, Spirit Lake
The Rev. Dr. Martin Lucin
(712) 336-2446
www.gracelutheranspiritlake.org</p> |
| <p>▪<u>Grace Lutheran Church</u>
380 N. Rerick Avenue, Primghar
(712) 957-4795</p> | <p>▪<u>Hope Lutheran Church</u>
206 N. Washington Street, Everly
Pastor Dan Taylor
(712) 834-2767
www.hopeeverly.com</p> | <p>▪<u>Immanuel Lutheran Church</u>
2300 27th Street, Spirit Lake
The Rev. David Simonson
(712) 336-1010
lcmslakes.org</p> |
| <p>▪<u>Immanuel Lutheran Church</u>
206 Terril Avenue, Terril
Pastor David Doellinger
(712) 853-6192
www.facebook.com/lcmsterril</p> | <p>▪<u>St. Paul's Lutheran Church</u>
60 N. Central Avenue, Hartley
Pastor Christopher Nitzel
(712) 728-2711
www.stpaullutheranhartley.com/</p> | <p>▪<u>Trinity Lutheran Church</u>
105 East High Street, Linn Grove
Pastor David Bernhardt
(712) 296-4438</p> |
| | <p>▪<u>Trinity Lutheran Church</u>
9th & 11th Avenue West, Spencer
The Rev. C. Peter Maisenbach
(712) 262-1287
www.trinitylutheranchurchspencer.com</p> | |

CHURCH NEWS



Evangelical Lutheran Church in America

God's work. Our hands.

Participants in the Western Iowa Synod 2015 Assembly will gather for two days, beginning Friday, May 29, at the Clay County Regional Events Center in Spencer.

Featured speakers will include Jim La Doux of Vibrant Faith Ministries, Rev. Michael Stadie of Lutheran Disaster Response, and Western Iowa Synod Bishop Rodger Prois. Pastor John Syvertson, of the St. Luke Homes & Services campus, and Pastor Kelly Heide will lead a “Finding Assurance, Comfort, Hope and Love in One’s Final Years” forum for those in attendance.

A pre-assembly gathering, scheduled from 9 a.m. to 2 p.m. on May 29th, will be hosted at The Highlands.

▪ NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

- Kelsey Stoever
St. Luke Certified
Nursing Assistant
- Crystal Gambell
St. Luke Certified
Nursing Assistant
- Haley Folsom
St. Luke Dietary Aide
- Jolene Handy
Riverview Terrace
Personal Service
Assistant
- Meghan Siefken
Hillside Terrace
Personal Service
Assistant

▪ FRIENDLY REMINDERS

• If you would like to enjoy a meal on the St. Luke campus, please notify us by calling (712) 262-5931. At least two hours advance notice, or 24-hours notice for a holiday meal reservation, is appreciated.

• Purchase an indoor aquatic center package: 50 tickets for \$150, or a \$50 savings. This special deal is available at the St. Luke Lutheran Home front desk between 8 a.m. and 4 p.m. Monday through Friday.

FIVE GENERATIONS OF LOVE



St. Luke resident Dorothy Schmid is the proud matriarch featured in this five-generation photograph. Great-great-grandmother Schmid, 102 years of age, is shown holding five-week-old Evan Gilbert, of St. Louis. Standing behind them are his mother, Jennifer Gilbert, his grandfather, Jim Schmid, also of St. Louis, and his great-grandfather, Robert Schmid, of Brandon, S.D.

More photographs and video are available on the St. Luke Homes & Services' Facebook page.

WE ARE HIRING

Join us - and invite any interested individuals you may know - to the Northwest Iowa Job Fair. It is scheduled from Noon until 8 p.m. on Thursday, May 7th at the Clay County Regional Events Center in Spencer.

Current positions available on the St. Luke Campus include:

- **Full-time Personal Service Assistant**, 2-10 p.m., at Riverview Terrace
- **Part-time Cook/Dietary Aide**, 4-7 p.m., at St. Luke

& Riverview Terrace

- **Permanent Part-time Laundry Aide**, day shift, at St. Luke Lutheran Home
- **Full-time Gardener / Landscape Director**, flexible hours and days, for the St. Luke Campus
- **Full-time & Part-time Certified Nursing Assistants** at St. Luke Lutheran Home

An application may be filled out online, prior to the Job Fair, at: www.stlukelh.com

OPEN HOUSE

Please join us!

**Wednesday, May 6
10 a.m. to 11:30 a.m.
at Riverview Terrace**

- Strength & balance testing
- Cognition testing
- Food & drink provided
- Giveaways

Attend yourself or bring special others who may also benefit from these short, informative sessions.

We look forward to seeing you!

WELLNESS EXPO 2015



Kerri Kofoot, St. Luke Homes & Services' director of assisted living, and Nancy Mills (at left), St. Luke Homes & Services' director of health services, visited with hundreds of individuals and took blood pressures during the Wellness Expo, hosted April 11th at the Clay County Regional Events Center.

Maurice and Glenda Kruckenberg, of Spirit Lake, were selected to win the \$75 Visa gift card given away by the St. Luke Homes & Services campus.

Celebrate With Us!



May 6 - 12, 2015

National Nursing Home Week

May 10 - 16, 2015



National Nursing Assistants Week

June 11 - 18, 2015

Congratulations, Graduates!

We, of the St. Luke Homes & Services campus, want to congratulate the following young men and women. Each is currently employed on the St. Luke Homes & Services campus and will soon be graduating from high school. During their high school careers, these individuals have chosen to give their time and talents at the respective residences on campus:

St. Luke Lutheran Home: Elizabeth "Liz" Feldmann, Taylor McGuire, Haley Nielson (Spencer High School) and Justina Cherry (Clay Central/Everly High School)

Riverview Terrace Assisted Living: Robert Macias and Alecia Tiffit (Spencer High School)

St. Luke Lutheran Home and Hillside Terrace Assisted Living: Korina Almanza (Spencer High School)

CELEBRATING OUR VOLUNTEERS & SPRING IN IOWA


St. Luke Lutheran Home resident Ila Agler (at left) can't help but smile as she proudly displays a very timely craft she just completed.

Karen Titler, Barbara Dykstra and Lavon Kephart (at right) were among the individuals celebrated during the campus' annual Volunteer Appreciation Brunch, which was hosted April 18th at St. Luke Lutheran Home.



- St. Luke Homes & Services**
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

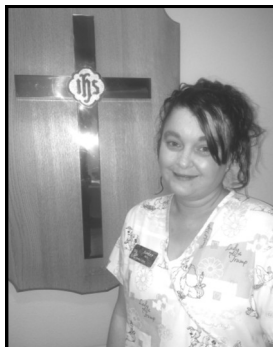
Kaylan Abel
Mark Nothwehr
Frank Halverson
Jerry Clausen
Neal Drefke
Rev. Peter Maisenbach
Rev. Deb Mechler
Ron Muetzel

EMPLOYEE OF THE MONTH

Amber Martinez cares for the Hillside Terrace Assisted Living tenants she assists as if they were her own family. Amber respects them because she believes working with the elderly, and serving as a Personal Service Assistant at Hillside Terrace, are her calling in life.

She is caring, considerate and tends to have a fun response for most everything. While Amber does not "sugar coat" things, she does place Hillside Terrace tenants before herself and makes sure they are happy.

Amber was raised by her grandparents, Jim and



Amber Martinez
Hillside Terrace
Personal Service Assistant
since April 2013

Donna Specht, on their Cherokee County farm. Among the lessons Amber learned from them are to take each day in stride and to treat others as you wish to be treated.

After working at Cherokee Villa and Hilltop

Care Center in Cherokee, she moved to Spencer in 1998. Amber worked at Hy-Line International and Super 8 hotel before joining Riverview Terrace Assisted Living as a full-time overnight Personal Service Assistant from 2007 through 2009. She joined Hillside Terrace Assisted Living in April 2013, and has shown her dedication by serving on both the 6 a.m. to 2 p.m. and the 2 p.m. to 10 p.m. shifts.

Amber, who is engaged to Lee Geisinger, a sous chef at Gary's on the River, enjoys spending time with her children: Teka, 13, Malakie, 11, and Nadia, 8. Their family also includes pit bulls Diamond and Precious.

TENANT OF THE MONTH

On the St. Luke Campus, Ada Lauck is known for her ever-ready smile and feisty, "can-do" attitude.

She married James Lauck in September 1943. Together, they farmed for many years northwest of Spencer. Just as she grew up tending to livestock on her family's farm, Ada actively assisted her husband with their milk cows and market hogs. Ada smiles as she also recalls driving a Jeep with a drag behind to prepare their farm's corn and soybean fields for planting.

The Clay and Dickinson County Farm Bureau member loved to dance - especially to their special song, "Could I Have This Dance," - and



Ada Lauck
Hillside Terrace tenant
since December 2012

served as a 4-H leader for their children: Linda (Reg) Shoesmith of Bettendorf, Dr. Jim (Dawn) Lauck of Apple Valley, Minnesota; and Diane Lauck of Spencer.

Faith is important to Ada, who has been a member of First Christian Church since

her confirmation. So is volunteering. Since moving to Spencer in 2002, Ada has kept busy setting tables, visiting with others and playing cards at the Spencer Area Activity Center.

The quiet, yet mighty, woman is proud of her Norwegian heritage. In June 2005, Ada traveled to Norway with her special friend, Joe Sperry, and family. During the two-week trip, they met relatives for the first time, saw several family farms, one of which dates back to the 1500s, and visited all of the fjords around Norway.

Ada moved to Hillside Terrace in December 2012, and is a welcome addition to the St. Luke Homes & Services campus. She admits to liking chocolate and spending time with her four grandchildren and eight great-grandchildren.