

THE ST. LUKE SPIRIT



June 2015

Volume 3, Issue 6

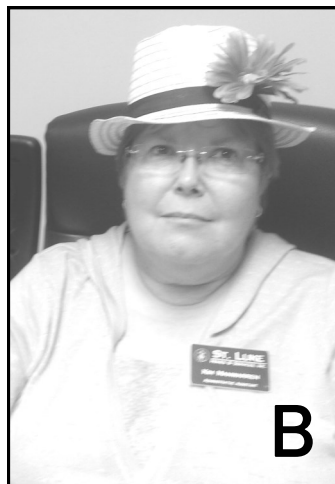
Upcoming Resident & Tenant Activities:

- **Harry Rasdal & Bob Rose to speak about Grand Avenue, Spencer**
June 3 at 2:30 p.m.
Riverview Terrace
- **SONrise Singers**
June 8 at 2:30 p.m.
The Highlands
- **Hands of Harmony Bell Choir performance**
June 9 at 2:30 p.m.
Community Memorial Health Center, Hartley
- **Rock the Roof**
June 11
Arnolds Park
- **Men's Barbecue**
June 16 at 5:30 p.m.
St. Luke Lutheran Home
- **Hands of Harmony Bell Choir performance**
June 23 at 2:30 p.m.
The Highlands
- **Fishing**
June 24 at 1:30 p.m.
Stolley Pond, Spencer

More June 2015 activities are available online at www.stlukelh.com

2015 NATIONAL NURSING HOME WEEK MEMORIES

St. Luke Lutheran Home residents and staff celebrated National Nursing Home Week, May 10-16, "in style" this year. In photograph A below, St. Luke Homes & Services CEO/Administrator Al Campbell was present as Spencer Mayor Reynold Peterson signed a proclamation recognizing the special week locally. Special dress-up days were held throughout National Nursing Home Week. Administrative Assistant Kim Manwarren sported the winning head gear on Monday, otherwise known as "Hat Day" at St. Luke. Licensed Practical Nurse Laura Root marked "Decades Day" with a hairstyle and clothing worn in the 1980s. Activities Department staff, left to right in photograph D, Megan Sanderson, Amanda Klein, Linda Kreibaum and Lauren Steffens, dressed as the Teenage Mutant Ninja Turtles on "Super Hero Day." Certified Nursing Assistant (CNA) Dena Birchard was the epitome of tourists on "Tourist Day," and St. Luke CNA Katie Watkins dressed as Nursing Administrative Assistant Cindy Hahn on "Occupation Day."



▪ **WELCOME**

Doris Anderson

Louis Wiemers

Lois Fliss

Virginia Jorgensen

▪ **SYMPATHY**

Frances Schuett

Gladys Johnson

▪ **FRIENDLY
REMINDER**

To ensure that our resident environment remains safe & as free of potential risks as possible, the use of assistive devices, such as wheelchair foot pedals when pushing a friend or loved one in their wheelchair, is requested.

▪ **NEW STAFF**

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

● Esmeralda Ibanez
St. Luke Certified
Nursing Assistant

● Oma Clem
St. Luke Certified
Nursing Assistant

● Brenda Devers
St. Luke Certified
Nursing Assistant

● Xavier Obermeier
Riverview Terrace
Dietary Aide

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Sue Juenemann, of Sanborn, Minnesota, donated a microwave to St. Luke Lutheran Home.
- Amos and Virginia Christensen, of Spencer, donated \$50 toward the planting of annuals by Clay County PALS program participants in a St. Luke Lutheran Home courtyard.
- Lonnie and Cindy Meister, of Spencer, donated party décor and supplies for use on the St. Luke Homes & Services campus.

Congratulations to Richard and Leora Riedemann, of Spencer, who won an overnight stay in a suite at Riverview or Hillside Terrace!

FUN WITH FAMILY & FRIENDS AT LADIES' DAY TEAS



The families of Lucile Grell (at left) and Marlyn Barglof (at right) are among those who celebrated together in May. Additional photographs are available on St. Luke Homes & Services' Facebook page.



JUNE RESIDENT & STAFF BIRTHDAYS (RESIDENTS BOLDED)

- 1 - Mavis Leinen
- 5 - **Beverly Stewart**
- 9 - Linda Manwarren
- 9 - Melissa Weber
- 12 - Jessica Orthmann
- 14 - Torrey Krause
- 14 - Bonnie Newman
- 15 - Kalli Miller
- 16 - Barbara Simonson
- 16 - **Janice Swanson**
- 17 - Robert Macias

- 18 - **Sharon Burgeson**
- 18 - Kim Manwarren
- 19 - **Doris Anderson**
- 20 - **Dixie Kanago**
- 21 - Tasha Baas
- 22 - Mary Ginger
- 22 - **Janelle Saunders**
- 27 - Peggy Hutcheson
- 27 - Taylor McGuire
- 29 - **Vertalie Otis**
- 30 - **Dale Geerdes**

BEST WISHES, HOLLEY!



Congratulations to Holley Withee, who graduated May 23 with a bachelor's degree in Social Work from Buena Vista University! Two days prior to her collegiate graduation, the 22-year-old Sioux Center native completed a three-month internship with St. Luke Homes & Services' Social Work department. Holley chose to learn, and serve, on the continuing-care retirement community because of her desire to work with seniors. Holley quickly became an instrumental part of the campus' long-term care team.

We wish you the best in all of your future endeavors, Holley!

COMMUNITY CORNERSTONES

▪ **Bethany Lutheran Church**

15 West 14th Street, Spencer
Pastor Len Halvorson
(712) 262-2327
www.bethluthspencer.com

▪ **First English Lutheran Church**

1311 E. 18th Street, Spencer
Pastor Paul Kaldahl
(712) 262-5598
<http://spencer-church.com>

▪ **Grace Lutheran Church**

380 N. Rerick Avenue, Primghar
(712) 957-4795

▪ **Immanuel Lutheran Church**

206 Terril Avenue, Terril
Pastor David Doellinger
(712) 853-6192
www.facebook.com/lcmsterril

▪ **Bethlehem Lutheran Church**

207 Church Street, Royal
Rev. Deb Mechler
(712) 933-2229
royalbethlehemplutheran.com

▪ **First Lutheran Church**

1525 Three Cross Road, Milford
Pastor Bob Vaage
(712) 338-4514
www.3cross.org

▪ **Hope Lutheran Church**

206 N. Washington Street, Everly
Pastor Dan Taylor
(712) 834-2767
www.hopeeverly.com

▪ **St. Paul's Lutheran Church**

60 N. Central Avenue, Hartley
Pastor Chris Nitzel
(712) 728-2711
www.stpaulslutheranhartley.com/

▪ **Trinity Lutheran Church**

9th & 11th Avenue West, Spencer
Rev. C. Peter Maisenbach
(712) 262-1287
www.trinitylutheranchurchspencer.com

▪ **Christ the King Lutheran Church**

500 Fourth Avenue SW, Spencer
Rev. David Zimmer
(712) 262-2244
www.ctkspencer.com

▪ **Grace Lutheran Church**

801 Hill Avenue, Spirit Lake
Rev. Dr. Martin Lucin
(712) 336-2446
www.gracelutheranspiritlake.org

▪ **Immanuel Lutheran Church**

2300 27th Street, Spirit Lake
Rev. David Simonson
(712) 336-1010
lcmslakes.org

▪ **Trinity Lutheran Church**

105 East High Street, Linn Grove
(712) 296-4438

Love
SPENCER



Members of 14 area churches gathered together Saturday, May 2, for Love Spencer. The seventh annual “kindness explosion” that occurred via the Love Spencer celebration had a myriad of individuals sharing their time and showing the love of Jesus to the people of Spencer while enjoying fellowship with others.

Potted plants were delivered by Love Spencer volunteers (shown at left) to tenants of the Riverview & Hillside Terrace Assisted Living residences, and to residents of St. Luke Lutheran Nursing Home.

Others in Spencer were served through car and dog washes, the distribution of free hot dogs, popcorn and bottles of water, the raking of yards, the cleaning of ditches and parks, and various cleanup projects around town.

- St. Luke Homes & Services**
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

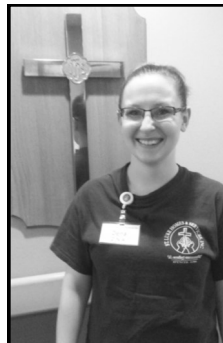
- Kaylan Abel
- Mark Nothwehr
- Frank Halverson
- Jerry Clausen
- Neal Drefke
- Rev. Peter Maisenbach
- Rev. Deb Mechler
- Ron Muetzel

EMPLOYEE OF THE MONTH

As a St. Luke Lutheran Home Certified Nursing Assistant (CNA), Dena Birchard is recognized by others as being very conscientious and helpful to both residents and her fellow staff members. Dena, who works three 12-hour day shifts each week and every third weekend, seems to always have a smile on her face.

"I really enjoy being a CNA, and I am very happy at St. Luke," she said. "I appreciate the one-on-one contact I have with residents. I also like the busyness of my job, because there is always something new to do."

When asked about her consistently enthusiastic



Dena Birchard
St. Luke Certified
Nursing Assistant
since August 2014

attitude while at work, Dena smiled and reported she recently found it outlined as the fortune in a fortune cookie:

"Enthusiasm is contagious and not having enthusiasm is also contagious."

Prior to joining St. Luke

Lutheran Home as a CNA in August 2014, Dena sorted chickens for five years at Hy-Line and worked for four years as a CNA at another area long-term care facility. She and her husband, Justin, have two girls: Arianna will celebrate her second birthday in July, and Aaliyah is 6 months old.

Outside of work, Dena enjoys golfing and spending time with her family. The Birchards are active members of Living Word Outreach Ministries in Spencer. Dena and her husband are also an instrumental part of Club Armadillo, a local Saturday morning kid's club with the aim of "arming children with the armor of God" while having fun.

HOMEOWNERS OF THE MONTH

Norman and Velma Boonstra became homeowners at The Highlands in April 2012. The couple relocated to Spencer because they liked their new retirement home and all of its amenities, as well as being closer to their daughter, Julie Hill, and son, Dan Boonstra.

The Boonstras are members of Hope Church in Spencer. They enjoy reading, having coffee with their friends at The Highlands, and spending time with their five grandchildren and eight great-grandchildren.

The couple first became acquainted when Velma began writing letters to Norman, who volunteered



Norman & Velma Boonstra
Homeowners at The Highlands

to serve as an Army Signal Corps electronics technician during the Battle of Okinawa in World War II and, later, in Occupied Korea. The couple eventually married in July 1947.

After 12 years of marriage, Norman returned to the former Northwestern Junior College to finish his

Chemistry degree, and was offered a head chemist position at Diamond Vogel Paint Company.

Velma taught kindergarten students in Alton, a second-grade boy in his home, and first-graders in Orange City. She became Sioux County's first magistrate court clerk, and served in this position for 14 years.

While residents of Orange City, the Boonstras were active members of First Reformed Church and The Gideons' western district of Iowa association. They performed in many Tulip Festival night shows and enjoyed camping with their children, Dan and Julie.

After retiring, the Boonstras spent 18 winters in Arizona, where they enjoyed golfing and hiking.