

THE ST. LUKE SPIRIT



April 2015

Volume 3, Issue 4

Upcoming Resident & Tenant Activities:

- **Iowa Great Lakes Lutheran students**
April 1 at 1 p.m.
St. Luke Lutheran Home
- **Knitting Class**
Wednesdays at 3 p.m.
Riverview Terrace
- **Wellness Expo**
April 11 from 10 - 4 p.m.
Clay County Regional Events Center
- **Movie**
April 21 at 1:30 p.m.
Spencer Public Library
- **Bethlehem of Royal Ladies Group**
April 23 at 2 p.m.
Riverview Terrace
- **Joseph and the Amazing Technicolor Dreamcoat**
April 23 at 7 p.m.
Spencer Community Theatre
- **Trinity Lutheran Preschool students**
April 24 at 9:30 a.m.
Riverview & Hillside Terrace and St. Luke Lutheran Home

• More April 2015 activities are available online at www.stlukelh.com

TOP 20 THANKFULNESS LIST

Seven months ago, Amos Christensen Jr. became a resident of St. Luke Lutheran Nursing Home in Spencer. Following an evening visit with him in early March, Tim and Susan Christensen and their children, Claire and Saul, of Royal, compiled the following thankfulness list and posted it on Facebook.

While some feel life in a nursing home would be a life full of drudgery, my family has been finding joy in this season with Amos in his new home. Here's our Top 20 Thankfulness List for St. Luke Lutheran Nursing Home:



Amos and Virginia Christensen

- Quality care facility for Grandpa.
- Nursing staff who really care - and have great senses of humor!
- Meeting new elderly friends daily who we might never have met before.
- Non-alcoholic traveling tiki bar on wheels.
- Mr. Marshmallow - the fluffy, fat yellow bird in the aviary.
- Indoor, heated pool.
- Smiling chauffeur.
- Afternoon cookie lady.
- Frequent visits by furry, four-legged friends.
- FREE cable.
- Staff who frequently pray for, and with, residents.
- An amazing, multi-tasking chaplain who's always got a smile.
- UBER creative activity department.
- Houdini laundresses who never lose socks.
- Sparkling floors you could probably sock surf on.
- The most patient social workers this side of the Missouri River.
- Yummy traditional Sunday dinner - with PIE for dessert!
- Historical picture hallway.
- Macho maintenance men who will let you wield a hammer if you ask.
- A peaceful and joy-filled home for people in their twilight years!

CONTACT A CAMPUS DIRECTOR

Alan Campbell.....	CEO/Administrator.....	(712) 262-5931, ext. 104
Nancy Mills.....	Health Services.....	(712) 262-5931, ext. 112
Greg Meeter.....	CFO/Controller.....	(712) 262-5931, ext. 105
Georgia Wrightsman.....	Social Worker.....	(712) 262-5931, ext. 109
Dale Meyer.....	Maintenance.....	(712) 262-5931, ext. 139
Pastor John Syvertson.....	Chaplain.....	(712) 262-5931, ext. 103
Kris Todd.....	Public Relations/Marketing.....	(712) 262-5931, ext. 646
Jenna Walsh.....	Dietary Services.....	(712) 262-5931, ext. 125
Amanda Klein.....	Activities.....	(712) 262-5931, ext. 107
Linda Manwarren.....	Laundry.....	(712) 262-5931, ext. 111
Becky Thong.....	Housekeeping.....	(712) 262-5931, ext. 110
Kim Krause.....	Office/Human Resources.....	(712) 262-5931, ext. 108
Kerri Kofoot.....	Director of Assisted Living.....	(712) 262-5932, ext. 201
Mavis Leinen.....	The Highlands.....	(712) 262-5404

▪ WELCOME

Dr. Harry Rasdal

Vivian Geidl

Lela Anderson

Frances Schuett

▪ SYMPATHY

Dorris Brooks

Maxine Miller

Charles Mills

Ilo Hatten

Ruth Williams

Eleanor King

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Gary Ogburn, of Spencer, donated nursing supplies for use by residents on the St. Luke Homes & Services campus.
- D.L. Spora, of Iowa Falls, donated \$10 to St. Luke Lutheran Home in memory of Helma Hofsommer.
- Karlon Ann Associates, of Spencer, donated a historical video, narrated by the late State Sen. Lee Holt, about the founding of the St. Luke Homes & Services campus.
- Dick and Marsha Swanson, of Spirit Lake, donated a four-wheeled walker for use at the Riverview Terrace Assisted Living residence.
- Karen Eickhoff, of Spencer, the daughter of Maxine Miller, a late resident of St. Luke Lutheran Home, donated a walker and a lift chair for use at St. Luke Lutheran Home.
- The Immanuel Lutheran Ladies Aid, of Terril, donated \$20 to St. Luke Lutheran Home as a memorial for two Ladies Aid members.
- The family of Arlan Clausen, a late resident of Hillside Terrace Assisted Living and of St. Luke Lutheran Home, donated a walker and side safety bedrails for use at the Hillside Terrace Assisted Living residence.
- Alyda Roetman, of Sheldon, donated handmade walker pocket bags for use by residents of the St. Luke Homes & Services campus.
- Donald and Janet Wilson, of Topeka, Kansas, donated \$25 to St. Luke Lutheran Home in memory of Helma Hofsommer.
- The family of Ilo Hatten donated a walker and walker tray for use at St. Luke Lutheran Home.

APRIL RESIDENT AND STAFF BIRTHDAYS

1 - *Doretta Unrau*
 3 - Emily Lamoureux
 3 - Antionette Macias
 3 - Kim Goettsch
 4 - *Mary Eischeid*
 4 - *Vivian Geidl*
 9 - Crystal Tiffit
 10 - *Dennis Nagel*
 12 - Madison Manwarren

14 - Peyton McGuire
 17 - Sarah Kladstrup
 17 - *Harold Hammerstrom*
 18 - *Marlene Schmidt*
 19 - *Thora Grover*
 21 - Robert Marshall
 21 - *Betty DeVos*
 22 - *Lavone Jespersen*
 23 - Marti Rosacker
 24 - *Pearl Steinke*

COMMUNITY CORNERSTONES

- **Bethany Lutheran Church**
15 West 14th Street, Spencer
Pastor Len Halvorson
(712) 262-2327
www.bethluthspencer.com
- **Bethlehem Lutheran Church**
207 Church Street, Royal
Pastor Deb Mechler
(712) 933-2229
royalbethlehemlutheran.com
- **Christ the King Lutheran Church**
500 Fourth Avenue SW, Spencer
The Rev. David Zimmer
(712) 262-2244
www.ctkspencer.com
- **First English Lutheran Church**
1311 E. 18th Street, Spencer
Pastor Paul Kaldahl
(712) 262-5598
<http://spencer-church.com>
- **First Lutheran Church**
1525 Three Cross Road, Milford
Pastor Bob Vaage
(712) 338-4514
www.3cross.org
- **Grace Lutheran Church**
801 Hill Avenue, Spirit Lake
The Rev. Dr. Martin Lucin
(712) 336-2446
www.gracelutheranspiritlake.org
- **Grace Lutheran Church**
380 N. Rerick Avenue, Primghar
(712) 957-4795
- **Hope Lutheran Church**
206 N. Washington Street, Everly
Pastor Dan Taylor
(712) 834-2767
www.hopeeverly.com
- **Immanuel Lutheran Church**
2300 27th Street, Spirit Lake
The Rev. David Simonson
(712) 336-1010
lcmslakes.org
- **Immanuel Lutheran Church**
206 Terril Avenue, Terril
Pastor David Doellinger
(712) 853-6192
www.facebook.com/lcmsterril
- **St. Paul's Lutheran Church**
60 N. Central Avenue, Hartley
(712) 728-2711
www.stpaullutheranhartley.com/
- **Trinity Lutheran Church**
105 East High Street, Linn Grove
Pastor David Bernhardt
(712) 296-4438
- **Trinity Lutheran Church**
9th & 11th Avenue West, Spencer
The Rev. C. Peter Maisenbach
(712) 262-1287
www.trinitylutheranchurchspencer.com

YOU ARE INVITED TO A SERVICE OF INSTALLATION



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astor Chris Nitzel has accepted the call to serve a local congregation.



You are invited to celebrate the installation of Pastor Nitzel during an April 19th service, at 3 p.m., at St. Paul's Lutheran Church in Hartley.

Born to William and Ruby Nitzel and raised in Spencer, he graduated from Concordia University of St. Paul, Minnesota, and Concordia Seminary of St. Louis, Missouri. Pastor Nitzel has served as an associate pastor at Trinity Lutheran Church in Bloomington, Illinois, since 2006.

Pastor Nitzel and his wife, Heather, have three young children: Aiden, Josiah and Simeon. The Nitzels are expecting their fourth child in September.

HAPPY EASTER

NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes & Services campus:

- Laura Root
St. Luke LPN
- Clarissa Severson
Riverview Terrace
Personal Service
Assistant
- Dacia Knipp
St. Luke
Registered Nurse
- Sheila Tatman
St. Luke
Registered Nurse
- Sarah Lee
St. Luke LPN

FRIENDLY REMINDER

To ensure that our resident environment remains safe and as free of potential risks as possible, the use of assistive devices, such as wheelchair foot pedals when pushing a friend or loved one in their wheelchair, is requested. Thank you for helping to keep The Highlands, Hillside & Riverview Terrace, and St. Luke Lutheran Home as accident-free as possible.

PHOTOGRAPHS



St. Luke Lutheran Home residents celebrated St. Patrick's Day with green Grasshopper drinks served by St. Luke staff. Kim Manwarren is shown serving Lela Anderson.

More fun photographs are available on St. Luke Homes & Services' Facebook page.



RETIRING BOARD MEMBERS



John Jensen and Don Helmkamp

A special thank you to retiring St. Luke Homes & Services board members John Jensen, Don Helmkamp and Denise Kramer Tolzmann for their selfless service in support of residents, tenants, homeowners and staff on our nonprofit, long-term care campus. Their vision, commitment and leadership for the future will be their lasting legacy for generations to come.



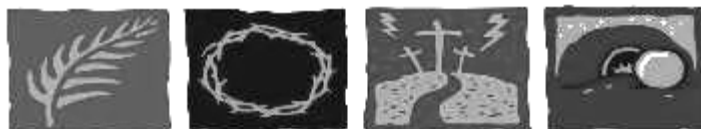
Denise Kramer Tolzmann

PHOTOGRAPHS



Did you celebrate the arrival of Spring with a free frozen treat and a smile?

Riverview Terrace Assisted Living tenants Pat Woods (left front), Betty Brown and Barb Halverson (back) are shown celebrating Dairy Queen's 75th anniversary, in mid-March, with soft-serve vanilla cones.



Holy Week Schedule

for the St. Luke Homes & Services campus
Spencer, Iowa

Palm Sunday, March 29

- 10 a.m. Worship Service at St. Luke Lutheran Home
- 11 a.m. Worship Service at Riverview Terrace Assisted Living

Monday, March 30

- 11 a.m. Worship Service at Hillside Terrace Assisted Living

Maundy Thursday, April 2

- 10 a.m. Worship Service at St. Luke Lutheran Home
- 2 p.m. Worship Service at Riverview Terrace Assisted Living
- 3 p.m. Worship Service at Hillside Terrace Assisted Living

Good Friday, April 3 (Led by Grace United Methodist Church and other local churches)

- 2 p.m. Worship Service at St. Luke Lutheran Home
- 3:30 p.m. Worship Service at Riverview Terrace Assisted Living

Saturday, April 4

- 3 p.m. Easter Worship Service at Hillside Terrace Assisted Living

Easter Sunday, April 5

- 10 a.m. Worship Service at St. Luke Lutheran Home
- 11 a.m. Worship Service at Riverview Terrace Assisted Living

Regular services and weekly Bible studies to resume on Sunday, April 12.

PHOTOGRAPHS



First English Christian Preschool students (at right), spread joy in early March while entertaining tenants of the Hillside & Riverview Terrace Assisted Living residences and residents of St. Luke Lutheran Home.

Beverly Beving (at left), displays a cross one of the students gave to her during their visit.



- St. Luke Homes & Services**
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

- Mark Nothwehr
Kaylan Abel
Neal Drefke
Frank Halverson
Rev. Peter Maisenbach
Ron Muetzel

EMPLOYEE OF THE MONTH

Antionette Macias, a Hillside Terrace employee since September 2011, was born in Detroit, and early on in her life moved to California with her seven siblings and mother. She is very people-oriented, bubbly and outgoing. She has always felt a strong compassion toward others, especially the elderly.

In 2003, Antionette relocated to Sanborn with her two youngest children, sons Robert (now 17) and Daniel (14), both Spencer High School students. Robert is currently employed at Riverview Terrace as a dietary aide. It



Antionette Macias
Hillside Terrace
CNA & PSA
since September 2011

was in Sanborn where Antionette landed an in-home care provider position for a gentleman, and cared for him approximately four years. It was then that she realized how much she enjoyed

caring for and working with the elderly. She enrolled into Iowa Lakes Community College, in Spencer, and received her Certified Nursing Assistant certification. This opportunity turned into one of the best decisions of her life, Antionette said, and is confirmed with the appreciation shown to her by the tenants at Hillside Terrace.

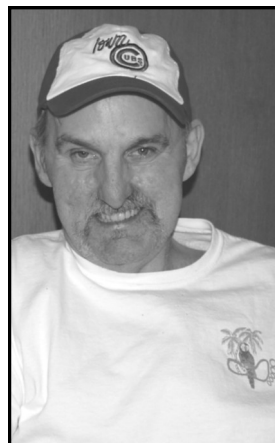
Most recently, Antionette's daughter Jessica, her husband Dennis, and grandsons Bryan and Chase, moved from California to Everly, which she is over-joyed about. In her spare time, Antionette enjoys boating, fishing, camping and, most of all, spending time with her family.

RESIDENT OF THE MONTH

Michael Anderson, who was born on Christmas Eve to Art and Marie Anderson of Spencer, learned how to work at a young age. Following graduation with his high school equivalency, he moved to San Diego and worked for a construction company. Michael then transferred to Sarasota, where he assisted in the construction of hurricane-proof apartment buildings.

In 1986, Michael returned "home" to Northwest Iowa.

He became a resident of St. Luke Lutheran Home in June 2013. Michael was



Michael Anderson
St. Luke Lutheran Home
resident since June 2013

already familiar with the campus' nursing home because he volunteered at St. Luke. The very social gentleman immediately liked his new sur-

roundings, the people in it and the activities offered to him.

"Being at St. Luke is perfect for me," Michael said. "I couldn't cook, and now I have three great meals served to me each day. My clothes are washed and hung up, and my room is always cleaned for me. I feel lucky to be at St. Luke."

Michael makes it a point to "check in" and socialize with staff members every day. He likes to eat out with friends, and enjoys attending church services and Bible studies offered at St. Luke. Spending time with his family and friends is also very important to Michael.