

# THE ST. LUKE SPIRIT



November 2014

Volume 2, Issue 11

## Upcoming Resident & Tenant Activities:

- Holiday Design show, 10 a.m. Nov. 7, at Del's Garden Center, Spencer
- Veterans Day program, 3 p.m. Nov. 11, at St. Luke
- Riverview Terrace to eat lunch, Nov. 14, at Bird House Café, Milford
- Dinosaurs Before Dark presentation, 3 p.m. Nov. 12, at Hillside Terrace
- Family Fall Gathering for Riverview Terrace, 2 p.m. Nov. 16, at St. Luke
- Campus-wide Coffee, 9:45 a.m. Nov. 17, at The Highlands
- Music with Ray Meyer, 3 p.m. Nov. 20, at The Highlands
- Village Singers to perform, 2:30 p.m. Nov. 24, at St. Luke
- More November 2014 activities are available online at [www.stlukelh.com](http://www.stlukelh.com)

## LONG-TERM CARE FOCUS OF LEGISLATIVE FORUM

Legislators learned more about long-term healthcare priorities during a legislative forum hosted Wednesday afternoon, Oct. 15, at The Highlands on the St. Luke Homes & Services, Inc. campus in Spencer. Merlin Bartz, Congressman Steve King's district director from Mason City, State Sen. David Johnson, State Rep. Megan (Hess) Jones, and State Rep. candidate John Wills participated. Healthcare professionals from Clay, Dickinson and Palo Alto counties were able to share their personal insights about long-term healthcare with the lawmakers.

The quality of care being offered by workers in skilled nursing facilities and nursing centers, assisted living facilities, and home health agencies throughout Iowa was highlighted at the forum. Increasing healthcare costs, low Medicaid reim-



State Rep. Megan (Hess) Jones addresses the crowd at a legislative forum hosted at The Highlands. From left: State Sen. David Johnson, Congressman Steve King's district director Merlin Bartz, Jones and State Rep. candidate John Wills shared their legislative insights about healthcare industry concerns with those attending.

bursements, inability to fully staff operations, Medicaid eligibility and application process delays were major topics of discussion.

Iowa Health Care Association and Iowa Center for Assisted Living Executive Director Steve Ackerson outlined four legislative priorities for lawmakers during the 2015 session. These include: Fully funding nursing facility Medicaid programs; ad-

justing Medicaid reimbursements to reflect more current costs (rebasings); improving funding and access for home and community-based services (Medicaid waiver).

The legislative forum was one of 28 being sponsored across the state by the Iowa Health Care Association and the Iowa Center for Assisted Living.

## Five generations gather at St. Luke

Seven-week-old Edith Becker was the main feature recently at St. Luke Lutheran Home. She is shown with (from left) her grandmother, Lindy Herda, great-grandmother Bev Skinner, great-great-grandmother Freda Heuer, and mother Hilary Becker, all of Spencer.



▪ **WELCOME**

Donna Waller

▪ **SYMPATHY**

Eileen Shellum

▪ **BEST WISHES**

Mildred Anderson

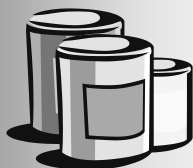
Roberta Travis

Gladys "Birdie" Tibbetts

▪ **NEW STAFF**

*Welcome to the following individual who recently joined the St. Luke Homes & Services, Inc. campus:*

- Robert Macias  
Riverview Terrace  
Cook/Dietary Aide



An annual food drive will occur between Nov. 1 and Dec. 18 at The Highlands, Hillside & Riverview Terrace, and St. Luke Lutheran Home.

Please donate your non-perishable food items in support of the Upper Des Moines Opportunity and the Dream Center food pantries. St. Luke Homes & Services' representatives will deliver your donations. Thank you in advance for your contributions.

**WE ENJOY YOUR VISITS**



**St. Luke  
Homes & Services, Inc.**

*Spencer, Iowa*

Visiting and coloring trick-or-treating bags kept second, fourth and fifth grade students from Lincoln Elementary School and Riverview Terrace tenants busy the morning of Oct. 17.

(Make sure to visit the St. Luke Homes & Services' Facebook page for Halloween 2014 photographs.)

**THANK YOU**

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services' Christian mission possible.

- Gladys "Birdie" Tibbetts, of Sutherland, donated \$30 to the Riverview Terrace Assisted Living residence for monthly birthday party celebrations.
- Trinity Lutheran Church members, of Spencer, donated \$225 to St. Luke Lutheran Home for the annual St. Luke Auxiliary gifting bazaar.
- Jan Anderko, of Mount Prospect, Ill., donated \$50 to the Hillside Terrace Assisted Living residence in memory of her cousin, Dwight Joe Geerdes.
- Robert & Lori Peters, of Spencer, donated two lift chairs to St. Luke Lutheran Home.

**CAMPUS TRANSITIONS**

LeAnn Meyer, who became a Registered Nurse at St. Luke Lutheran Home in September 2011, was named Unit Manager & Medicare/Minimum Data Set (MDS) Coordinator in September 2014.

LeAnn and her husband, Duane, have three children: Kayla, a surgical technician in Watertown, S.D.; Melissa, a Wayne State College student pursuing a career in special and elementary education; and Nathan, a diesel mechanic from Ruthven.

Outside of work, LeAnn enjoys spending time with her family, reading, visiting over cups of coffee with friends, and shopping. She is an active member of the Ruthven United Methodist Church.



**LeAnn Meyer, R.N.  
Unit Manager &  
MDS Coordinator**

## COMMUNITY CORNERSTONES



**Bethany Lutheran Church**  
15 West 14th Street, Spencer  
Len Halvorson, Pastor  
(712) 262-2327  
[www.bethluthspencer.com](http://www.bethluthspencer.com)



**Bethlehem Lutheran Church**  
207 Church Street, Royal  
Deb Mechler, Pastor  
(712) 933-2229  
<http://royalbethlehemlutheran.com>



**Christ the King Lutheran Church**  
500 Fourth Avenue SW, Spencer  
The Rev. David Zimmer, Pastor  
(712) 262-2244  
[www.ctkspencer.com](http://www.ctkspencer.com)



**First English Lutheran Church**  
1311 E. 18th Street, Spencer  
Paul Kaldahl, Pastor  
(712) 262-5598  
<http://spencer-church.com>



**First Lutheran Church**  
1525 Three Cross Road, Milford  
Bob Vaage, Pastor  
(712) 338-4514  
[www.3cross.org](http://www.3cross.org)



**Grace Lutheran Church**  
380 N. Rerick Avenue, Primghar  
(712) 957-4795



**Grace Lutheran Church**  
801 Hill Avenue, Spirit Lake  
Dr. Martin Lucin, Pastor  
(712) 336-2446  
[www.gracelutheranspiritlake.org](http://www.gracelutheranspiritlake.org)



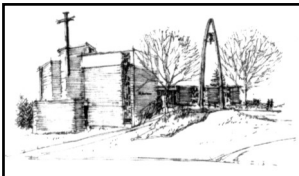
**Hope Lutheran Church**  
206 N. Washington Street, Everly  
Dan Taylor, Pastor  
(712) 834-2767  
[www.hopeeverly.com](http://www.hopeeverly.com)



**Immanuel Lutheran Church**  
206 Terril Avenue, Terril  
David Doellinger, Pastor  
(712) 853-6192  
[www.facebook.com/lcmsterril](http://www.facebook.com/lcmsterril)



**Trinity Lutheran Church**  
105 East High Street, Linn Grove  
David Bernhardt, Pastor  
(712) 296-4438



**Trinity Lutheran Church**  
9th & 11th Avenue West, Spencer  
The Rev. C. Peter Maisenbach, Pastor  
(712) 262-1287

### DID YOU KNOW ...

St. Luke Homes & Services, Inc. can email you a monthly bill from The Highlands, Hillside & Riverview Terrace Assisted Living, and St. Luke Lutheran Home.

St. Luke Homes & Services, Inc. can also electronically withdraw funds from your bank to pay your account here.

We can help make this monthly task easier! Please contact Greg Meeter or Liz Essick at (712) 262-5931 to set this in motion.

- St. Luke Homes & Services
- The Highlands
  - Hillside Terrace
  - Riverview Terrace
  - St. Luke Lutheran Home

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes & Services, Inc.  
*"A Caring Community"*



## Governing Board

John Jensen  
Mark Nothwehr  
Kaylan Abel  
Neal Drefke  
Frank Halverson  
Don Helmkamp  
Rev. Peter Maisenbach  
Ron Muetzel  
Denise Kramer Tolzmann

## EMPLOYEE OF THE MONTH

Cheerful team player.

Optimistic.

Helpful.

Can-do attitude.

Residents and staff of St. Luke Lutheran Home believe these words fit Jill Henningsen "to a T."

"Jill is a hard worker who constantly goes above and beyond the call of duty. She has a good sense of humor and tries to make life better for the residents she cares for," wrote the person who nominated her as the campus' Employee of the Month.

Her coworkers enjoy working with Jill.

"Jill is a caring person who takes pride in her work. She is always willing to help somebody else and



Jill Henningsen  
St. Luke Lutheran Home  
Nurse

she readily shows that she loves the residents," wrote another St. Luke coworker.

St. Luke residents who are cared for by Jill compliment her positive attitude and skilled abilities.

"She gets medications

and services to us efficiently and answers all of our questions. I value her service," penned one St. Luke resident.

Jill, who graduated with a retail marketing management degree, quickly realized that she wanted to help others in another way. In turn, she worked for one year as a Certified Nursing Assistant at St. Luke, returned to Iowa Lakes Community College as a nursing student, and was rehired as a Licensed Practical Nurse in November 2007.

The Sioux Central High School alumna lives on a farm near Sioux Rapids. Her eyes light up when she talks about her 7-month-old son, Drayke, and her boyfriend, Jeff Kies. Jill also enjoys bowling, golfing and having fun with friends.

## TENANT OF THE MONTH

Judy Wilson arrived at Riverview Terrace at the recommendations of her doctor, physical therapist and children. They wanted her to have access to experienced, well-trained team members who would be available to her 24 hours a day.

Judy, a quality control inspector who retired in 1989, had fallen several times at her former residence.

At Riverview Terrace, Judy has a nurse assisting her with the management and administration of her daily medications. She still enjoys her independence, visits with family



Judy Wilson  
Riverview Terrace tenant  
since March 2014

frequently, and enjoys going out to eat and walking at the mall with friends. Judy also participates in the many planned social activities at Riverview Terrace. She makes certain to

attend the monthly wellness checks offered, walks the hallways of the building with her walker and swims in the campus' indoor aquatic center.

The very cordial and congenial woman enjoys conversing with others while eating lunch and dinner each day. While her favorite, spaghetti, is included in the Riverview Terrace menu, she also makes it a point to eat the pancakes served every Friday morning for breakfast.

"I like it here," Judy said. "I appreciate the help I am receiving. It helps to take my mind off the inconsequential stuff, so I can instead focus on the important things in my life."