

# THE ST. LUKE SPIRIT



March 2014

Volume 2, Issue 3

## Upcoming Resident/Tenant Activities:

- Auxiliary meeting, 2:30 p.m. March 3, at St. Luke
- Campus-wide Coffee, 9:45 a.m. March 12, at The Highlands
- St. Patrick's Day party, 2:30 p.m. March 13, at St. Luke
- First English Christian Preschool program, 10:15 a.m. March 17, at Hillside Terrace
- St. Patrick's Day party, 2:15 p.m. March 17, at Hillside Terrace
- St. Patrick's Day party, 2:30 p.m. March 17, at Riverview Terrace
- First English Christian Preschool program, 10:30 a.m. March 18, at Riverview Terrace
- Music with Nicole, 2:30 p.m. March 18, at St. Luke
- Music with David Damstrom, 2:30 p.m. March 19, at Riverview Terrace
- **More March 2014 activities are available online at [www.stlukelh.com](http://www.stlukelh.com)**

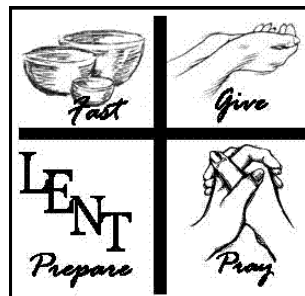
## COMMUNITY LENTEN LUNCH & WORSHIP



The St. Luke Homes and Services campus - which includes The Highlands, Hillside Terrace, Riverview Terrace, and St. Luke Lutheran Home - is pleased to be included among the area churches sponsoring the Community Lenten Lunch & Worship series.

Please join us Wednesdays, March 5 through April 16, at Grace United Methodist Church, 311 Second Ave. W., in Spencer. Lunch to be served at 11:30 a.m. Worship and a message to follow at 12:20 p.m.

Pastor John Syvertson, St. Luke Homes and Services' chaplain, will lead the Wednesday, April 2 message for this Community Lenten Lunch & Worship series.



The Season of Lent consists of the 40-day period which begins on Ash Wednesday (March 5) and concludes at the Great Vigil of Easter (April 19).

The 40-day timeframe is a recurring theme which represents spiritual discipline, devotion and preparation in the Bible. It also signifies a time of preparation before the Easter celebration.

Please join us at 2014 Lenten services - focusing on "Meditations on the Lord's Prayer" - at St. Luke Lutheran Home, Hillside Terrace (HST), and Riverview Terrace (RVT). **The weekly services (at right) will be officiated by Pastor John Syvertson on the following dates & times in March:**

<u>DATE</u>	<u>TIME</u>	<u>PLACE</u>
March 4	2:15 p.m.	RVT
March 4	3:15 p.m.	HST
March 5	2:30 p.m.	St. Luke
March 12	2:30 p.m.	St. Luke
March 13	2:15 p.m.	RVT
March 13	3:15 p.m.	HST
March 18	2:15 p.m.	RVT
March 18	3:15 p.m.	HST
March 19	2:30 p.m.	St. Luke
March 26	2:30 p.m.	St. Luke
March 27	2:15 p.m.	RVT
March 27	3:15 p.m.	HST

## NEW STAFF

*Welcome to the following individuals who recently joined the St. Luke Homes and Services, Inc. campus:*

- Morgan Kiyanchuk  
St. Luke  
Indirect Care Aide
- Nicole Ellenwood  
St. Luke CNA
- Anna Hefner  
Hillside Terrace  
PSA
- Amanda Ward  
St. Luke  
Dietary Aide
- Kim Carrigan  
St. Luke  
Registered Nurse

## MAKING JEWELRY & MAGIC



Riverview Terrace tenant Arleen Crowe (left) works to string together a beautiful bracelet. St. Luke Lutheran Home resident Mavis Olin (right) helps Kevin Spencer perform a magic trick. Following an accident years ago, which required him to need rehabilitation therapy, Spencer learned that all the movements required to perform magic tricks are the same movements required in traditional therapy. The magician slid some therapy in the back door recently while interacting with St. Luke residents. Spencer was escorted to the St. Luke Homes and Services, Inc. campus by "hometown boy" Charles Swanson, the executive director of Hancher Auditorium at the University of Iowa in Iowa City.

## MARCH EMPLOYEE ANNIVERSARIES

2 - Jodi MacGregor (3 years)	8 - Ann Myers (15 years)
2 - Joni Stein (9)	15 - Lisa Hansen (15)
5 - Amanda Guerttman (4)	21 - Emma Reed (1)
5 - Melissa Weber (5)	22 - Mary Kacmarynski (32)
7 - Crystal Gambell (2)	26 - Kaleb Dandy (2)
8 - Christine Lowe (2)	29 - Nancy Newgard (3)
8 - Shelby Meyer (3)	

## ST. LUKE HOMES AND SERVICES, INC. BOARD OF DIRECTORS

John Jensen, President  
 Mark Nothwehr, Vice President  
 Kaylan Abel, Secretary  
 Neal Drefke  
 Frank Halverson  
 Don Helmkamp  
 Rev. Peter Maisenbach  
 Ron Muetzel  
 Denise Kramer Tolzmann

## MUSIC TO SATISFY EVERY TASTE



▪ The Jessie James band (left) recently performed with some musical “outlaws” from The Highlands, Hillside and Riverview Terrace, and St. Luke Lutheran Home. Director of Assisted Living Activities Lisa Hansen and Riverview Terrace tenant Dennis Nagel (right) are shown playing American country music artist Jason Aldean’s song “Night Train” with the couple from Spirit Lake.

▪ Additional campus-wide photographs and videos are available on the St. Luke Homes and Services’ Facebook page.

## MARCH RESIDENT & STAFF BIRTHDAYS

- |                          |                      |                      |
|--------------------------|----------------------|----------------------|
| 1 - Emily Knapp          | 9 - Carl Abel        | 23 - Ruth Hoffman    |
| 1 - Eileen Shellum       | 10 - Marie Butler    | 25 - Ferne Schuller  |
| 2 - Kady Groen           | 10 - Paul Hansen     | 28 - Kris Todd       |
| 2 - Minnie Vance         | 15 - Cliff Hartmann  | 29 - Emilie Bartley  |
| 3 - Gary Christofferson  | 18 - Nancy Newgard   | 29 - Marc Watts      |
| 3 - Margaret Koopman     | 19 - Nadia Banashak  | 30 - Joni Stein      |
| 3 - Marvin Sump          | 21 - Sarah Diekmann  | 31 - Dave Beal       |
| 7 - Barbara Brees        | 22 - Charlie Rezabek | 31 - Querida Decker  |
| 7 - Danielle Prendergast | 22 - Barb Tomlinson  | 31 - Orville Tronson |

## THANK YOU

Thank you so much for the rose that was sent to Clifford’s funeral. Thank you, Pastor John Syvertson, for visiting Clifford and for your prayers. The memorial service right after he died was so meaningful with all the comments.

Georgia Wrightsman made us feel welcome and was so helpful - always stopping to say something. I just can’t name everyone - meal servers, certified nursing assistants, nurses, activities, just everyone - made a difficult time easier.

Ardell Durst, wife of Clifford Durst  
Spencer



## DIRECTORS

- Alan Campbell**  
CEO / Administrator
- Nancy Mills**  
Director of Health Services
- Greg Meeter**  
CFO / Controller
- Georgia Wrightsman**  
Social Worker
- Pastor John Syvertson**  
Chaplain
- Kris Todd**  
Public Relations & Marketing Director
- Dale Meyer**  
Maintenance Director
- Mary Hughes**  
Interim Director of Dietary Services
- Amanda Klein**  
St. Luke Homes & Services Activities Director
- Lisa Hansen**  
Director of Assisted Living Activities
- Kim Krause**  
Office Manager / Human Resources
- Linda Manwarren**  
Laundry Supervisor
- Becky Thong**  
Housekeeping Director
- Mavis Leinen**  
Sales & Service Coordinator for The Highlands
- Kerri Kofoot**  
Director of Assisted Living

# Powerful Tools for *Caregivers*

As a participant in the upcoming *Powerful Tools for Caregivers* sessions, you will learn how to reduce stress, improve self-confidence, better communicate feelings, balance your life, increase your ability to make tough decisions and locate helpful resources.

*Powerful Tools for Caregivers* is a series of six classes which will begin April 3 and will be held on consecutive Thursdays from 6 - 8:45 p.m. at the Clay County ISU Extension and Outreach office in Spencer.

Space is limited. To reserve your spot, call (712) 262-2264 or email Mackenzie Johnson at johnson7@iastate.edu.

St. Luke Homes and Services, Inc. is a proud supporter of this program.



How would you like to spend an afternoon having fun with friends on our campus?

St. Luke Homes & Services, Inc. is partnering with the Spencer Area Activity Center to offer **you** this **FREE** afternoon of soaking in our indoor aquatic center's spa and swimming in the pool!

The first session will occur:

**Wednesday, March 19**  
**1:30 - 3:30 p.m.**

Don't worry. We'll provide the transportation to and from the Spencer Area Activity Center. St. Luke Homes & Services, Inc. will also supply the shower facilities, a locker to place your belongings in and your towel for the afternoon.

All we ask is that you arrive by 1 p.m. at the Spencer Area Activity Center, located at 104 East Fourth Street.

Because space is limited (up to 25 individuals can participate), we need you to RSVP your spot now! **To reserve your place, call the Spencer Area Activity Center at 262-1782.**

## WELCOME

*Gene Jacobsen*

*Barbara Faber*

## BEST WISHES

*Kathleen "Kate"  
Remillard*

## IN LOVING MEMORY

*Pastor Paul  
Bussert*

## NOMINATE THE BEST OF THE BEST

At The Highlands, along with Riverview Terrace, Hillside Terrace and St. Luke Lutheran Home, we know that our staff members are exemplary.

They make it evident with their words and actions every day and every night.

Any employee, visitor or resident can nominate a St. Luke Homes and Ser-

vices, Inc. employee for the *Employee of the Month* award by completing a short form and indicating what event or action determined that he or she went "over and above" what is expected.

Nomination forms are available at the front desks of Hillside Terrace, Riverview Terrace and St. Luke Lutheran Home.

Please make sure to sign your completed form!



# CELEBRATING VALENTINE'S DAY



## THANK YOU

Your tax-deductible gifts and donations enhance the lives of campus residents and continue to make St. Luke Homes and Services, Inc. an extension of the social ministries of area Christian congregations.

**Sharon Rutter**

\$30 charitable donation designated for St. Luke Lutheran Home calendars

**Eric and Mary Helmke**

\$25 memorial to the St. Luke Special Gifts Fund for Ernest "Ernie" Langfitt

**Zion Lutheran Church, Paullina**

\$100 charitable donation to the Special Gifts Fund of St. Luke Lutheran Home

**St. Luke Auxiliary**

\$300 charitable donation designated for St. Luke Lutheran Home activities

**Lutheran Ladies Aid, Terril**

\$100 charitable donation designated for St. Luke Lutheran Home activities

- St. Luke Homes & Services
- The Highlands
  - Hillside Terrace
  - Riverview Terrace
  - St. Luke Lutheran Home

1301 St. Luke Drive  
Spencer, Iowa 51301

Phone: (712) 262-5931  
Fax: (712) 262-4743  
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.

**We're on the Web!**  
[www.stlukelh.com](http://www.stlukelh.com)

St. Luke Homes and Services, Inc.  
"A Caring Community"



## EMPLOYEE OF THE MONTH

She may be quiet when away from work, but it sure is easy to tell when Barb Simonson is at St. Luke Lutheran Home because her voice carries. Most notably, it echoes in the sharing of lively stories and songs with the residents of our skilled nursing facility. The Certified Nursing Assistant also isn't afraid to share her hearty laugh with others while serving them. "Barb is very kind and respectful to residents. She is patient and caring, uses positive approaches and relates well with families," wrote the person who nominated her as the campus' *Employee of the Month*. Known for being very kind and having her heart in the



**Barb Simonson**  
St. Luke CNA

right place, Barb began as a St. Luke CNA on Aug. 28, 2006. She appreciates the one-on-one interactions she has with the residents and their families.

"My sole purpose as a St. Luke CNA is to help the resi-

dents with their daily lives and to help make St. Luke feel as if it is their home," she said.

Raised in Storm Lake, Barb and her husband, Stan, now live on a Linn Grove acreage.

Outside of work, Barb enjoys spending time with her sons, Jason and Jake Belcher, and her five grandchildren. Sampling all the different foods at the Clay County Fair, working on the computer, spending time with her cat, Lucky Boy, and enjoying a good cup of Black Earth Java coffee with a lot of Half & Half added to it are also among her favorite activities.

Congratulations, Barb!

## TENANTS OF THE MONTH

Ken and Virginia Brinkley are a humble, hard-working and faith-filled couple.

Ken, who was raised on a farm near Dickens, enlisted in World War II. Today's Army Air Force veteran rode the Queen Mary in February 1942 to England, where he served as an airplane engine mechanic. Ken, who achieved the rank of corporal, was honorably discharged from service in December 1945.

Following her 1941 graduation from Spencer High School, Virginia worked as the first nurse aide at Spencer Hospital. In 1943, she moved to Hawthorne, Calif., with her late friend, Marjorie Guerttman, to serve as a wartime "Rosie the Riveter."

At the war's conclusion, Ken and Virginia both returned to Clay County. Prior to marrying on Feb. 21,



**Ken & Virginia Brinkley**  
Tenants of Riverview Terrace  
since September 2013

1947, Virginia worked in the Ella Hammer Dress Shop in Spencer.

Together, the Brinkleys farmed for 40 years near Langdon and east of Spencer. They retired from farming in 1985 and moved to Spencer.

On Sept. 21, 2013, Ken and Virginia moved to the Riverview

Terrace residence. The couple appreciates the assistance offered during their various activities of daily living. They also enjoy playing bingo and take delight in the meals served at Riverview Terrace.

"I cooked over a stove for 66 years and put food out for others. I'm enjoying every morsel that is set in front of me here," she says with a smile.

The Brinkleys are members of First English Lutheran Church, Spencer. Virginia has served as a Sunday school teacher and on the altar guild; Ken has volunteered as a church trustee and secretary.

The couple has two sons: Roger of Woodenville, Wash., and Gary of Hampton, Iowa. Their son Ken, who passed away at the age of 49 in 2002, is known to be the longest living person with Prader-Willi syndrome in Iowa. The Brinkleys are also proud of their six grandchildren and seven great-grandchildren.