THE ST. LUKE SPIRIT



February 2014 Volume 2, Issue 2

Upcoming **Resident/Tenant Activities:**

- · Music with Jerry and Peggy Roberts, 2:30 p.m. Feb. 6, at St. Luke
- Campus-wide Coffee, 9:45 a.m. Feb. 12, at Riverview Terrace
- Mix & Mingle with a light meal, cards and games, 5 p.m. Feb. 14, at The Highlands
- Jessie James Band to play, 2 p.m. Feb. 19, at The Highlands
- Valentine-themed potluck, 6 p.m. Feb. 21, at The Highlands
- Music with Robert Johnson, 2:30 p.m. Feb. 24, at St. Luke
- Piano playing and hymn sing with Ray Meyer, 2:30 p.m. Feb. 27, at St. Luke
- The Pajama Game, eve of Feb. 27, at Spencer Community Theatre
- More February 2014 activities are available online at www.stlukelh.com

VALENTINE'S DAY WITH FRIENDS



Hillside Terrace Assisted Living residence tenants, (from left), Doretta Unrau, Maxine Thompson, Winona Loomis and Pearl Steinke are prepared for Valentine's Day 2014!

Celebrating Valentine's Day is an extra special, fun time on the St. Luke Homes and Services, Inc. campus. Being pampered and entertained while having a memorable dinner with friends. old and new. has become a tradition Highlands homeowners. Hillside and **Riverview Terrace** tenants, St. Luke residents, and staff look forward to every year. This year, our special three-course evening dinners on Thursday. Feb. 13, will feature wine or sparkling grape juice, a relish tray, a choice of

lettuce, pink lady or strawberry salad, roast beef or chicken cordon bleu, dinner Home and the Spencer



rolls, a choice of twicebaked potato or cheesv hash browns, and ice cream sundaes or an assortment of pies. We are especially looking forward to the Spencer Hy-Noon Kiwanis members

who will serve this special meal at St. Luke Lutheran

Kiwanis After Five members who will serve at Riverview Terrace and Hillside Terrace. Our much-anticipated dinner party entertainment will feature Jill Barr singing at Hillside Terrace, Rosie Osterberg on the piano at St. Luke, and Chaplain

John Syvertson tickling the ivories at Riverview Terrace.

Homeowners at The Highlands will get together Valentine's Day evening for a fun Mix & Mingle event featuring a light meal, cards and games.

NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes and Services, Inc. campus:

> • Lisa Rigby St. Luke Cook

• Heather Prange St. Luke Dietary Aide

• Ayrial Schnell St. Luke Dietary Aide

• Karlee Schnell St. Luke Dietary Aide



Career opportunities currently available on campus are posted online at: www.stlukelh.com

Complete an application online or in person at St. Luke Lutheran Home, 1301 St. Luke Drive, Spencer.

MATCHING FUNDS RECEIVED



Modern Woodmen Financial Representative Candice Getting, (front center), presents a \$3,600 check to St. Luke Homes & Services' Activities Director Amanda Klein, (front right), and to St. Luke Lutheran Home Auxiliary representatives, (from left to right), Marie Welle, Caroline Kressin, Marilyn Lewis, Gwen Vetter, Bonnie Anderson, Elayne Grapenthin, Eleanor Nielsen, Dixie Rigby and Barb Christensen.

Modern Woodmen of America members in Spencer and surrounding areas recently helped raise money for the St. Luke Lutheran Home Auxiliary during various projects hosted by the sponsoring churches of the St. Luke Homes and Services, Inc. campus, of Spencer. The respective events, held on various dates in the fourth quarter of 2013, raised \$3,600. This includes \$1,800 matched by Modern Woodmen's home office through the organization's Matching Fund Program. The money will be used for various projects on the St. Luke campus.

<u>FEBRUARY</u> <u>EMPLOYEE</u> <u>ANNIVERSARIES</u>

1 - Emily Knapp	(1 year)
9 - Loretta Johnson	(8)
17 - Ellen Johnson	(17)
17 - Lee Henderson	(10)
18 - Brandi Kruse	(1)
20 - Shane Nielsen	(8)
22– Evelyn Krogh	(8)
24 - Amanda Riley	(2)
28 - Shayla Quail	(3)

STAY WITH US!

Are you planning to visit a friend or loved one on the St. Luke campus? Spend some quality time and remain nearby in a beautiful, convenient and affordable family suite. Please call to reserve your spot in advance:

The Highlands - (712) 262-5404 Riverview Terrace - (712) 262-5932 Hillside Terrace - (712) 262-5934

ST. LUKE HOMES AND SERVICES, INC. BOARD OF DIRECTORS

John Jensen, President Mark Nothwehr, Vice President Kaylan Abel, Secretary Neal Drefke Frank Halverson Don Helmkamp Rev. Peter Maisenbach Ron Muetzel Denise Kramer Tolzmann

SHARING THE HOLIDAY SPIRIT





• (Left) Stanley Jespersen, a homeowner at The Highlands, ushered 2014 in with a bang and (right) St. Luke Homes and Services' Activities Director Amanda Klein shows St. Luke Lutheran Home resident Mae Koch a bright, cozy Christmas gift she received.

• Additional campus-wide photographs are available on St. Luke Homes and Services' Facebook page.

FEBRUARY RESIDENT & STAFF BIRTHDAYS

1 - Becky Ricketts

- 2 Barbara Halverson
- 2 Marian Stanley
- 3 Loretta Johnson
- 3 Gladys "Birdie" Tibbetts
- 4 Evelyn Cadwell
- 4 Robert Stewart
- 5 Samantha Guthrie
- 5 Dana Zernechel
- 6 Jane Larson
- 6 Eric Weber

- 7 Brenda Funck7 Becky Thong
- 8 Carol Albers
- 8 Meryl Smith
- 11 Arlene Nelson
- 12 Marcia Simon
- 13 Natalie Thiesen
- 14 Rose Marie Kast
- 15 Norman Boonstra
- 15 Kayla Bredehoeft
- 15 Craig Marr
- 17 Pastor John Syvertson

STIMULATING CONNECTIONS



Cailin Wycoff, of Milford, sparks a joyful memory and conversation with her mother, St. Luke Lutheran Home resident Dolores Fitzpatrick, with a family photograph on her iPad.



DIRECTORS

Alan Campbell

CEO / Administrator Nancy Mills **Director of Health Services** Greg Meeter CFO / Controller Georgia Wrightsman Social Worker Pastor John Syvertson Chaplain Kris Todd Public Relations & Marketing Director **Dale Meyer** Maintenance Director Mary Hughes Interim Director of **Dietary Services**

Amanda Klein St. Luke Homes & Services Activities Director

Lisa Hansen

Director of Assisted Living Activities

Kim Krause

Office Manager / Human Resources

Linda Manwarren Laundry Supervisor

Becky Thong

Housekeeping Director

Mavis Leinen Sales & Service Coordinator

for The Highlands Kerri Kofoot

Director of Assisted Living

Marti Rosacker

Assistant Director of Assisted Living

Deb McGuire Service Coordinator for Riverview Terrace

- 18 Cole Lytle
 - 18 Michelle Nielsen
 - 18 Ann Roberts
 - 20 Betty Behrends
 - 22 Nichole Smith
 - 23 Willa Jean Leu
 - 24 Laura Recher
 - 24 Emma Reed
 - 25 Mary Kacmarynski
 - 26 Beverly Beck
 - 26 Frances Larsen
 - 26 Lynn Shepherd

WELCOME

Anice Eslick Garold Becker Fern McKinnon Mary Eischeid

BEST WISHES

Shyral Nelsen

IN LOVING MEMORY

> Florence Foltz Clifford Durst Simon Sikora

Memorial Service

Please join us at 2:30 p.m. Saturday, Feb. 8, at St. Luke Lutheran Home in remembering homeowners of The Highlands, tenants of Hillside and Riverview Terrace, and residents of St. Luke Lutheran Home who passed away between October 2013 and January 2014.

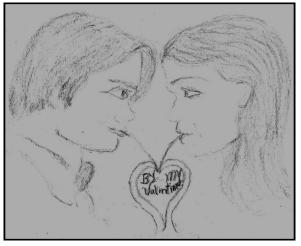
Please feel free to bring photographs or share a few words about your loved one at this service.

CELEBRATING WITH ONE ANOTHER



(Clockwise from upper left): St. Luke resident Helen Leith grins as she displays a festive holiday gift she received. Hillside Terrace tenant Winona Loomis celebrates the New Year with a game of Big Deal Bingo. Riverview Terrace tenant Pat Carter listens as two special friends visit. Ron Ahrenstorff, of Spirit Lake, celebrates Christmas Eve with his mother, Beulah. Highlands homeowner Doris Brooks cheerily brings in 2014 with a smile, appetizers and a party hat.

ART FROM THE HEART





• St. Luke resident Arla Gould sketched Norman Rockwell's version of young love on *Valentine's Day* (above).

MY CHOICE

I have had the opportunity to live in three buildings of this campus - The Highlands, St. Luke Lutheran Home and **Riverview Terrace.** My husband and I moved into our spacious home at The Highlands together and were very happy to be able to live in much the same way as we had been accustomed. There was a fully-equipped kitchen, dining area, lovely living room with a beautiful view, as well as a laundry room off the bathroom, and two bedrooms. We had indoor parking for our van and a downstairs storage space. My husband took advantage of the swimming pool and enjoyed inviting grandchildren to join him when they visited. We also appreciated being able to use the family meeting room for larger family gatherings. In addition, our family hosted a very special wedding anniversary party in the main dining room. It was a memorable event and we were happy to be able to invite the other homeowners.



Viv Keninger

When my husband's health made it necessary for him to move to St. Luke's Special Care Unit, I was able to visit him daily until I developed a bad case of Shingles, at which time I needed to move to St. Luke, as well, until my condition improved. My memory of that time is hazy, but my family tells me I received excellent care and therapy during the time I was there. Since I was unable to visit my husband, I was grateful to the staff for bringing him to my room for short visits.

Upon my recovery, I moved into an apartment at Riverview Terrace, where I am presently living. I like knowing that assistance is available when needed. But, only when needed. All I need to do is push a button and there will be someone to assist me with a smile. This makes

it possible for me to be quite independent and choose whether or not to participate in all the activities and recreational opportunities offered. I also appreciate the fact that my laundry is done and apartment cleaned each week. Shopping assistance is available as well. While I have a refrigerator, coffeepot and microwave in my room, I always ioin the other residents in the dining room for tasty meals, always well prepared and nicely served. New friendships are made here, but it's also a joy to be able to entertain old friends from the Spencer community as well. I especially enjoy being able to host my book club in my own apartment.

Perhaps the best thing about living here, in addition to the ability to enjoy some of the many amenities provided, is the peace of mind. Not only is help available should it be needed, but it's especially gratifying to know that should the time come when I need specialized nursing care, I will be able to move back to St. Luke where I will be well cared for without being a burden to my family.

THANK YOU

Your tax-deductible gifts and donations enhance the lives of campus residents and continue to make St. Luke Homes and Services, Inc. an extension of the social ministries of area Christian congregations.

St. Luke Auxiliary

\$250 charitable donation designated for the resident Christmas party

Cheryl Langfitt

\$85 memorial for Ernest "Ernie" Langfitt

First Lutheran Church, Milford

> \$500 charitable donation to the Special Gifts Fund of St. Luke Lutheran Home

Marion Peters' family

\$40 charitable donation designated for St. Luke activities

Lois Johnson

\$25 memorial for Glenn Neve

Shirley Clark

Donated a television for use in a St. Luke Lutheran Home resident's room

John Jensen

\$500 charitable donation designated for Hillside Terrace Chapel paraments

Fun and Fellowship Group at Bethany Lutheran Church, Spencer

Donated four crocheted afghans

St. Luke Homes & Services

- The Highlands
- Hillside Terrace
- Riverview Terrace
- St. Luke Lutheran Home

1301 St. Luke Drive Spencer, Iowa 51301

Phone: (712) 262-5931 Fax: (712) 262-4743 E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



EMPLOYEE OF THE MONTH

Whether it is 10 a.m. or 10 p.m., Ann Strait has a smile on her face. This dedicated, hardworking Personal Service Assistant (PSA) at Riverview Terrace always arrives early to work. Once there, she consistently goes above and beyond what is expected of her to help in any way she can.

This positive, giving attitude finds Ann readily appreciated by both her coworkers and tenants at the assisted living residence. "Once Ann has her 'assigned' duties completed, she is looking for the next thing needing to be accomplished," wrote one of the co-workers who nominated Strait for this special recognition of exemplary staff members



Ann Strait Riverview Terrace PSA

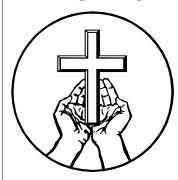
from the St. Luke Homes and Services, Inc. campus. "She is very conscientious about the cleanliness and appearance of Riverview Terrace. She wants it to be as clean and welcoming as it can be after her shift, and works hard every night to realize that goal."

Ann is also recognized by her peers as being a strong advocate for tenants of Riverview Terrace.

"She wants us all to be happy and comfortable," said one. "She is kind, empathetic, caring and has a lot of patience, love and understanding for us."

Raised in Archer, Ann has lived in Hartley and currently resides in Spencer. She began working as a Riverview Terrace PSA in May 2013. Ann, who draws inspiration and strength from God, is also devoted to her family. She adores spending time with her daughter, Rebecca Mersch, and her three precious grandchildren: Gracie, 6, Noah, 4, and John, 3.

St. Luke Homes and Services, Inc. "A Caring Community"



Inseparable since becoming high school sweethearts, Bob and Darlene Miller recently celebrated 67 years of marriage. Dec. 6, 1941, marked the couple's first date. "We started World War II," she recalled with a chuckle.

Darlene studied clothing, design and art at Stephens College in Columbia, Mo. After the war, she served as vice president of Central State Bank in State Center, her hometown. Recruited by the Iowa Auto Dealers Association (IADA) in Des Moines, Darlene arranged meetings and conventions. She was eventually named IADA's office manager and CFO.



HOMEOWNER OF THE MONTH

Darlene Miller A homeowner at The Highlands since December 2005

Her employment with the association allowed the couple to travel. It also introduced them to former lowa Sen. Lee and Dorothy Holt, the first homeowners at The Highlands. Next, Darlene was named office manager of Agri Financial Services in Des Moines. The couple took an early-retirement option offered in 1986.

The Millers relocated to St. Simons Island, Ga., and to Chandler, Ariz. Before returning to lowa in December 2005, they were instrumental in organizing a Lutheran church in Georgia. Darlene's interests include reading, quilting and collecting antiques. She is an avid walker and member of First English Lutheran Church in Spencer. As a couple, the Millers enjoy summertime lunches at the lowa Great Lakes, as well as participating in fitness classes and Bible studies at The Highlands.