

THE ST. LUKE SPIRIT



December 2014

Volume 2, Issue 12



Upcoming Resident & Tenant Activities:

- Men's Coffee Group, 10:30 a.m. Dec. 3, 10 & 31 at St. Luke Lutheran Home
- Antiques Roadshow presentation by Paul Brenner, 3 p.m. Dec. 11, at St. Luke Lutheran Home
- Crafts with Lincoln Elementary students, 9:30 a.m. Dec. 12, at Riverview Terrace
- Bingo with Fairview Elementary students, 10 a.m. Dec. 15, at St. Luke Lutheran Home, Hillside & Riverview Terrace
- Reading with Fairview Elementary students, 10:30 a.m. Dec. 17, at St. Luke Lutheran Home, Hillside & Riverview Terrace
- Crafts and games with Trinity Kids Care-n-Share, 9:30 a.m. Dec. 19, at St. Luke Lutheran Home, Hillside & Riverview Terrace
- **More December 2014 activities are available online at www.stlukelh.com**

CHRISTMAS MEMORIES

"My husband, Leo, and I did not have money when we first married. He surprised me with a wedding ring after our first Christmas together."

- **Lorene Hanson of St. Luke Lutheran Home**

"After the kids grew up and moved away, they all made it a point to come back for a traditional Christmas. I enjoyed that."

- **JoAnn Kemp of Hillside Terrace**

"A special tradition my family had was having oyster stew on Christmas Eve. When I was at home, that was the only time we had oyster stew."

- **Doris Jespersen of The Highlands**

"I have fond memories of getting a Christmas tree, hanging stockings on Christmas Eve and going to Christmas programs at church."

- **Esther Shelley of St. Luke Lutheran Home**

"Being with family at Christmas has always been a joy for me."

- **Vivian Rock of Hillside Terrace**

"I was a teacher, so I remember many school programs. My mother, who was a great cook, made a huge assortment of different Christmas cookies. I also fondly remember the exchange of gifts between family members."

- **Ina Faye Underwood of St. Luke Lutheran Home**

"I am looking forward to going to my daughter's home in Peterson this year for Christmas."

- **Doris Schultz of The Highlands**



"We always had Christmas with my parents. The whole family would come. It was really nice. We had a Christmas tree and my mother would make homemade bread."

- **Laura Recher of St. Luke Lutheran Home**

"I am looking forward to spending Christmas with my children, grandchildren and great-grandchildren."

- **Marlene Schmidt of Riverview Terrace**

"One Christmas, our car wouldn't start. So, my father put the horses on the front of the car to start it. Since my brother and I were outside the car, when they turned east, we thought they were heading to Grandpa and Grandma's without us. Today, I can laugh about the trauma it caused me as a child."

- **Arlene Benson of Riverview Terrace**

"I remember going to my grandmother's home. Somehow, we would get into the other room, where dolls were gathered around the tree. In those days, everybody received a doll for Christmas."

- **Beverly Beving of St. Luke Lutheran Home**

"My adopted daddy got the pickup out and put an organ in the back of it. My adopted brother was going to play music while his dad drove around town. I remember my brother's hands getting real cold. They had to buy another organ because something happened to the pedals of the organ during that trip."

- **Helen Duhn of St. Luke Lutheran Home**



▪ **WELCOME**

Shirley Carlson
 Janice Swanson
 Max & Phyllis Hurdle

▪ **SYMPATHY**

Hazel Freeman
 Ronald Fritz
 Lorraine Yager
 Garold Becker
 Margaret Koopman
 Lucille Hansen
 Alvin DeWall
 Lawrence Evans

▪ **BEST WISHES**

Mildred Anderson



▪ **NEW STAFF**

Welcome to the following individuals who recently joined the St. Luke Homes & Services, Inc. campus:

- Tricia Finch
St. Luke LPN
- Darlene Severeid
St. Luke Dietary Aide
- Jenna VandeStroet
St. Luke Dietary Aide

RECOGNIZING OUR VETERANS

The St. Luke Homes & Services, Inc. campus is grateful for the veterans who have served our land. We thank the following men and women of The Highlands, Hillside & Riverview Terrace Assisted Living, and St. Luke Lutheran Home for serving:

World War II veterans : Earl Angell, Norman Boonstra, Kenneth Brinkley, Lawrence Evans, Milton “Burdette” Geidl, Robert “Bob” Guerttman, Gerald Graeber, Gerald Hanson, Stanley Jespersen, Freeman Knudtson, Robert Miller, Richard Schuster, Leo “Joy” Smith, Meryl Smith, Robert Stewart, Robert Stoeber, Roy Stroud, and Maxine Thompson. **World War II and Korea:** Harold Hammerstrom. **Korea:** Alvin DeWall, Stanley Hillmer, Roger Hoberg, Marvin Schmidt, Glenn Storm and Orville “Rocky” Tronson, **Cold War:** Gene Jacobsen. **Vietnam:** Keith Grover, James Hoye, Craig Marr and Robert Regennitter.



- Visit the St. Luke Homes & Services, Inc. Facebook page for more Veterans Day 2014 photographs and video.

THANK YOU

We appreciate your tax-deductible gifts and donations. They enhance the lives of campus homeowners, tenants and residents and continue to help make the fulfillment of St. Luke Homes & Services’ Christian mission possible.

- **Mr. and Mrs. Wayne Ginger, of Everly,** donated \$25 to the Riverview Terrace Assisted Living residence’s Activities Department.
- **Gary and Denise Kramer Tolzmann, of Spencer,** donated \$20 to the St. Luke Lutheran Home Special Gifts Fund in memory of Carl Abel.
- **Bethlehem Lutheran Church Woman, of Royal,** donated \$10 to the St. Luke Lutheran Home Special Gifts Fund in memory of Lois Koenig.

CAMPUS TRANSITIONS

Those who have come into contact with Marcia Sexton over the last 15 years at St. Luke Lutheran Home, know that she always has a good word or story to share. However, Marcia has decided to pursue her next big adventure in life, retirement.

After graduating from Iowa State University with a Food & Nutrition/Dietetics degree, Marcia served as the Assistant Food Service Director at Friley Hall on the college campus in Ames. Next, she and her husband, Bill, moved to Spirit Lake. Marcia worked for Head Start as a nutrition consultant for an eight-county area in Northwest Iowa and also served as a dietary consultant at care centers in Estherville, Lake Park, Milford and Cresco.

Marcia and Bill, a retired real estate broker who owned Sexton Real Estate in Spirit Lake, plan on participating in swamp walks, kayaking with alligators, relaxing by the pool, volunteering and spending more time with their family.

We wish Marcia the very best and thank her for her years of dedicated service.



**Marcia Sexton
Dietitian**

COMMUNITY CORNERSTONES



Bethany Lutheran Church
15 West 14th Street, Spencer
Len Halvorson, Pastor
(712) 262-2327
www.bethluthspencer.com



Bethlehem Lutheran Church
207 Church Street, Royal
Deb Mechler, Pastor
(712) 933-2229
<http://royalbethlehemlutheran.com>



Christ the King Lutheran Church
500 Fourth Avenue SW, Spencer
The Rev. David Zimmer, Pastor
(712) 262-2244
www.ctkspencer.com



First English Lutheran Church
1311 E. 18th Street, Spencer
Paul Kaldahl, Pastor
(712) 262-5598
<http://spencer-church.com>



First Lutheran Church
1525 Three Cross Road, West Okoboji
Bob Vaage, Pastor
(712) 338-4514
www.3cross.org



Grace Lutheran Church
380 N. Rerick Avenue, Primghar
(712) 957-4795



Grace Lutheran Church
801 Hill Avenue, Spirit Lake
Dr. Martin Lucin, Pastor
(712) 336-2446
www.gracelutheranspiritlake.org



Hope Lutheran Church
206 N. Washington Street, Evely
Dan Taylor, Pastor
(712) 834-2767
www.hopeevely.com



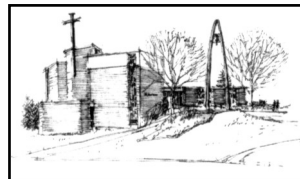
Immanuel Lutheran Church
206 Terril Avenue, Terril
David Doellinger, Pastor
(712) 853-6192
www.facebook.com/lcmsterril



St. Paul's Lutheran Church
60 N. Central Avenue, Hartley
(712) 728-2711
www.stpaullutheranhartley.com/



Trinity Lutheran Church
105 East High Street, Linn Grove
David Bernhardt, Pastor
(712) 296-4438



Trinity Lutheran Church
9th & 11th Avenue West, Spencer
The Rev. C. Peter Maisenbach, Pastor
(712) 262-1287

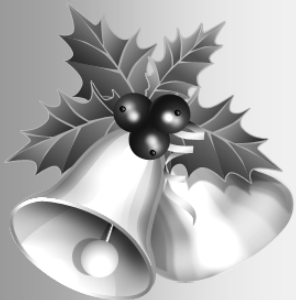
Love came down at Christmas; love all lovely, love divine;
Love was born at Christmas, stars and angels gave the sign.

- Christina Georgina Rossetti

Blessed is the season which engages the whole world in a conspiracy of love.

- Hamilton Wright Mabie





**Hands of
Harmony Bell
Choir
Performances:**

2:30 p.m. Monday,
Dec. 8 at St. Luke
Lutheran Home

2:30 p.m. Monday,
Dec. 15 at
Hilltop Care Center,
Spirit Lake

2:30 p.m. Tuesday,
Dec. 16 at
The Highlands

2 p.m. Sunday,
Dec. 21 at Southpark
Mall, Spencer

2:30 p.m. Tuesday,
Dec. 23 at Community
Memorial Health
Center, Hartley

Please join us!

*Thoughts for
the Day*

*God's children come
in all shapes and sizes
- and ages.*

*Asking God's blessing
for someone else also
blesses us.*

CONNECT WITH OTHERS

- **The Nativity Scene: A Narrative Christmas Story and Lights**
November 29 through January 4, 2015
First Lutheran Church, West Okoboji
- **Midweek Advent Services**
7 p.m. Wednesday, December 3, 10 & 17
Immanuel Lutheran Church, Terril
- **Midweek Advent Suppers & Worship**
Wednesday, December 3, 10 & 17
Supper at 6 p.m., worship at 7 p.m.
Bethany Lutheran Church, Spencer



- **Live Nativity Scene**
5 p.m. Sunday, December 7
First Lutheran Church, West Okoboji
- **"The Gathering" Community Meal**
5-6 p.m. Thursday, December 11
Meet friends, enjoy a home-cooked meal
Bethany Lutheran Church, Spencer
- **Cookie and Candy Walk**
9-11 a.m. Saturday, December 13
First Lutheran Church, West Okoboji




ADVENT & CHRISTMAS EVE SERVICES

Advent Services:
(through Dec. 16 & 17)

3 p.m. Tuesdays at St. Luke

2 p.m. Wednesdays
at Riverview Terrace

3 p.m. Wednesdays
at Hillside Terrace




Christmas Eve Services:

10 a.m. Dec. 24 at St. Luke

2 p.m. Dec. 24 at
Riverview Terrace

3 p.m. Dec. 24 at
Hillside Terrace



A CALL TO ACTION



Hillside & Riverview Terrace Assisted Living residences in Spencer are great places to call home.

Hillside & Riverview Terrace are part of a quality continuum of care offered on the St. Luke Homes & Services campus.

Both are very affordable, provide three nutritious meals a day, and offer many activities and amenities. We invite you to compare our services and their cost at www.stlukelh.com.

A limited number of suites are available at Hillside & Riverview Terrace with a special limited time offer.

Please call (712) 262-5931 for details about existing specials.

CONNECT WITH OTHERS

- **Celebration Choir Christmas Cantata**
5:30 p.m. Saturday, December 13
8:30 & 11 a.m. December 14
First Lutheran Church, West Okoboji
- **Sunday School Christmas Program**
9 a.m. Sunday, December 14
Bethany Lutheran Church, Spencer
- **Choir Cantata: "The Christmas Story"**
9 a.m. Sunday, December 21
Bethany Lutheran Church, Spencer
 - **Annual Christmas Cantata**
10:45 a.m. Sunday, December 21
St. Paul's Lutheran Church, Hartley



- **Candlelight Christmas Eve Service**
6 p.m. Wednesday, December 24
Immanuel Lutheran Church, Terril
- **Spencer & Surrounding Areas
Baseball Celebration**
Clay County baseball memorabilia is sought for an April 1 - Oct. 31, 2015, exhibit at the Parker Historical Society. The Parker Historical Society will receive, catalog, display and return your items.
For more information, contact Bill Kersting at (712) 363-1613.



▪ For Retired Persons:

Gracious heavenly Father, people often look to retirement as life's ultimate goal.

Make me a good carrier of the message that ultimate value and ultimate trust rest in Your Word of Life, in Jesus.

May all those living in retirement see the many opportunities You open for them to be Your witnesses in new settings, even on golf courses, in coffee shops, and in volunteer roles.

We pray in Jesus' name. Amen.

DECEMBER RESIDENT & STAFF BIRTHDAYS

2 - *Beverly Dunkelberger*
7 - *Stanley Jesperson*
7 - Hunter Hurst
7 - Cathy Wittrock
8 - Alan Campbell
8 - *Adrienne Crouch*
8 - *Millie Hoefgen*
9 - *Ruth Williams*
10 - *Roy Stroud*
11 - Kaleb Dandy
13 - Celesta Oxley

13 - *Audley Tensen*
16 - *Ada Lauck*
17 - Jessica Bleeker
19 - Lynne Niemeyer
19 - *Marion Peters*
19 - *Esther Shelley*
19 - Brenda Zapata
21 - Laura Seeley
22 - Mercedes Bredehoeft
24 - *Michael Anderson*
24 - Shannon Hall

24 - Lee Henderson
27 - Brandi Kruse
27 - *Fred Schmidt*
30 - Jodi MacGregor
31 - *Lucile Carpenter*



Residents of St. Luke Lutheran Home celebrated Thanksgiving by taking some fun holiday-inspired photographs. From left: Eleanor King, Keith Grover and Ina Faye Underwood.

- St. Luke Homes & Services
- The Highlands
 - Hillside Terrace
 - Riverview Terrace
 - St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to enjoy your retirement years, call Georgia Wrightsman at (712) 262-5931, ext. 109.



St. Luke Homes & Services, Inc.
"A Caring Community"



Governing Board

John Jensen
Mark Nothwehr
Kaylan Abel
Neal Drefke
Frank Halverson
Don Helmkamp
Rev. Peter Maisenbach
Ron Muetzel
Denise Kramer Tolzmann

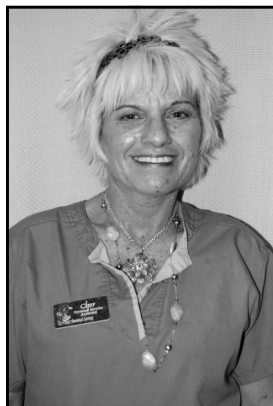
EMPLOYEE OF THE MONTH

Cher Lindahl, a Personal Service Assistant (PSA) at the Hillside Terrace Assisted Living residence, was born and raised in Leominster, Mass. In 1980, she relocated to Spencer.

Upon her move to Northwest Iowa, Cher worked as a Certified Nursing Assistant (CNA), a housekeeper and as a daycare provider.

She chose to "follow her heart," and in October 2005, became a PSA at Hillside Terrace.

"For me, this is not a job. I enjoy helping others, so I love what I'm doing," Cher said. "I can't think of anything else I'd rather do. It feels like I'm com-



Cher Lindahl
Hillside Terrace Assisted
Living Personal Service
Assistant

ing to my second family instead of work."

Cher cares deeply for each of the tenants she cares for. She strives to make their days brighter with laughter and prayers.

Cher is also considerate of

her fellow workers and goes the extra mile to make sure visitors feel comfortable in the assisted living residence.

"This is where I would like my mother to be. I wouldn't worry about her at all while she was at Hillside Terrace," she added.

Outside of work, Cher enjoys spending time with her children: Tyler, Krista, Hayden and Marriah; and her grandchildren: Treyton, Javen and Anna.

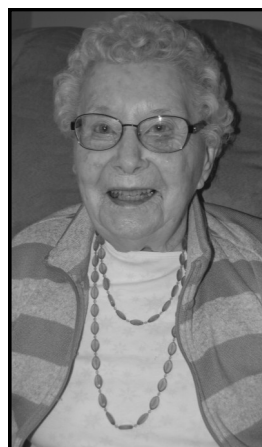
The member of Covenant Fellowship also enjoys decorating her home, playing with her Yorkie dog, Louie, watching scary movies, hosting cookie exchanges between friends and anything associated with fashion.

RESIDENT OF THE MONTH

Dorothy Schmid is a trendsetter with an unflinching positive attitude.

In August 1991, Dorothy and Carl Schmid moved from rural Fostoria to The Highlands. They were among the inaugural residents of the newly-opened, independent living building's east wing.

Dorothy's ties to the St. Luke Homes & Services, Inc. campus began in the 1970s, when she started donating her time as a shampoo volunteer for residents of St. Luke Lutheran Home. Over the years, she watched The Highlands grow. Dorothy also witnessed the inception of the Riverview & Hillside Terrace Assisted Living facilities, an indoor aquatic center and a system of con-



Dorothy Schmid
St. Luke Lutheran Home
resident since April 2013

necting hallways between the campus' residences.

Dorothy, who became a resident of St. Luke Lutheran Home in April 2013, celebrat-

ed her 102nd birthday this fall. She advises others to not wait too long to enjoy the retirement community in southeast Spencer.

"The time to move here is when you are young," she said. "Go while you are still able to enjoy the activities. And, if you have a husband or wife, go while you can still enjoy each other's company here."

Over the years, Dorothy has enjoyed playing the piano and organ, swimming, sewing, knitting, reading, walking, playing cards and participating in St. Luke Auxiliary activities.

Today, the First English Lutheran Church member enjoys her time with sons Robert, Lawrence and David, her grandchildren, great-grandchildren and friends. Dorothy also finds delight in listening to music and audiobooks.