September 2013

Spencer, Iowa

THE ST. LUKE SPIRIT



Volume 1, Issue 3

Upcoming Activities:

- Ice Cream Social, 2:30 p.m. Sept. 2, at Hillside and Riverview Terrace
- Cowboy Jim to entertain, 6:30 p.m. Sept. 5, at St. Luke Lutheran Home
- Spencer Support Group for Parkinson's Disease,
 1 p.m. Sept. 10, at Hillside Terrace Assisted Living
- The Riverview Terrace Hands of Harmony Bell Choir to perform,
 2:30 p.m. Sept. 20, at Milford Nursing Center
- Travel to Wisconsin, Ohio, Kentucky, Indiana and Illinois with Amanda, 2:30 p.m. Sept. 21, at St. Luke Lutheran Home
- The Riverview Terrace Hands of Harmony Bell Choir to perform, Sept. 24, at Ruthven Care Center
- Telephone presentation by Myrna Heimensen,
 2:15 p.m. Sept. 25, at Hillside Terrace
- Monthly Birthday Party sponsored by St. Luke Homes and Services, 2 p.m. Sept. 30, at Spencer Area Activity Center
- More September 2013 activities are available online at www.stlukelh.com

MASON CITY-BOUND

An Aug. 21 day trip, sponsored by The Highlands, gave participants (at right) opportunities to enjoy themselves while touring the Surf Ballroom in Clear Lake (below), visiting Meredith Willson's home and museum (bottom right), and exploring Music Man Square (below center) in Mason City.









Welcome

Helen Leith Patricia Woods



In Loving Memory

Doris Hemphill Betty Stoeber Daisy Weaver Page 2 September 2013

WELCOME, PATTY MANWARREN!

Patty Manwarren is a competitor

Manwarren, who will officially join the St. Luke Homes and Services campus on Sept. 9 as its Director of Dietary Services, believes she has found her winning team at the Continuing Care Retirement Community in Spencer.

"I'm excited to work in the same community I live in," she said.

Prior to joining the St. Luke campus, Manwarren served as the certified dietary manager/food protection professional at Lakes Regional Healthcare in Spirit Lake and as the general manager of Kinbrae Steakhouse in Arnolds Park.

Manwarren is a member of the Association of Nutrition and



Patty Manwarren
Director of Dietary Services

Foodservice Professionals.

"As a certified dietary manager," she said, "I'm interested in increasing resident satisfaction while also broadening my culinary and educational horizons within this wonderful long term care organization."

Manwarren, who anticipates earning a graduate degree in Business Administration from Southwest Minnesota State University in the Spring of 2014, enjoys any type of athletic activity. She completed the Tough Mudder 12-mile mud-run obstacle course in three hours this summer in Somerset, Wis. The premier endurance event tests mental as well as physical strength. Patty and her husband, Redge, have two children: Owen, 7, and Kathryn, 2.

Thank you to the women of Bethlehem
Lutheran Church,
Royal, for donating \$48
to the Special Gifts
Fund.

EMPLOYEE ANNIVERSARIES

4 - Ange Cohoon	(6 years)	19 - LeAnn Meyer (2	years)
10 - Julie Blume	(6)	19 - Patrick Zenkovich	(1)
10 - Kim Buhr	(6)	21 - Robert Marshall	(10)
11 - Kim Manwarren	(13)	22 - Stew Sierck	(4)
12 - Nicole Petersen	(2)	25 - Amanda Brigham	(1)
13 - Kim Krause	(18)	26 - Antionette Macias (2)	
16 - Lynn Shepherd	(3)	27 - Becky Ricketts (3)	
18 - Sherry Simcox	(18)	27 - Danielle Prendergast (2)	
18 - Phyllis Larson	(13)	27 - Lori Klein	(1)
19 - Brandee Robert	s (6)	28 - Cheri Prange	(20)

NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes and Services campus:

Madison DeVlaeminck

Tammy Gillis

Justina Cherry

Patty Manwarren

Macy Kuehler

Charity Ortiz

Lynne Niemeyer

Kelsey Hand

CAMPUS PHOTOS



Morgan Robinson, of Spencer, (above) shares a smile with St. Luke resident Carl Abel over a game of cards. Morgan's company was enjoyed by all as she volunteered this summer at our skilled nursing facility.



Jim Hass, of Jim's History Barn in Peterson, offers a figurative "peek" inside his restored 1928 barn (shown in photo at right), during the monthly Men's Coffee hosted at Riverview Terrace Assisted Living.

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CAMPUS PHOTOS





20 - Middy Deegan

Members of the Riverview Terrace Assisted Living residence's Hands of Harmony Bell Choir are shown (at left) joyfully entertaining residents of St. Luke Lutheran Home. A lively quartet of singers and an energetic dancing trio accompanied the bell choir members' presentation.

A handful of Hillside Terrace Assisted Living tenants are shown (at right) taking a quick timeout from having fun at Blü, in the Boji Bay Fun House and Pavilion.

View additional photographs posted on the St. Luke Homes and Services' Facebook page.

CAMPUS BIRTHDAYS

	20 - Milday Deegan	
1 - Carol Lee	15 - Sharon Larson	21 - Florence Foltz
2 - Helen Duhn	15 - Tiarra Prange	21 - Linda Hansen
4 - Helen Leith	16 - Elvera Eckert	22 - Ann Sorenson
4 - Mary Uhe	16 - Tammy Gillis	22 - Christine Lowe
5 - Maxine Thompson	16 - Kim Krause	24 - Michelle Miller
6 - Shane Nielsen	17 - Velma Wiese	25 - Patty Simpson
6 - Georganna Peterson	17 - Linda Sterling	27 - Cari Seversen
7 - Dorris Brooks	18 - Ralph Day	28 - Margery Fraseur
8 - Lisa Small	18 - Mary Hughes	28 - Phaedra Arends
10 - Dorothy Schmid	19 - Jeannie Stone	29 - Andy Dodge
11 - Gwen Howe	20 - Clarence Taylor	30 - Bernice Bowers
		30 - Lawrence Osborn

WORDS TO LIVE BY

- ► "Happiness is like jam. You can't spread even a little without getting some on yourself."
- "Don't count the days. Make the days count."

HELP WANTED

St. Luke Homes and Services is an equal opportunity employer offering excellent salary and benefit levels. The following career opportunities are currently available on campus:

- Certified Nursing
 Assistants for full-time and part-time positions at
 St. Luke Lutheran Home.
- Registered Nurse for day and evening hours at St. Luke Lutheran Home.
- Permanent Part-Time Laundry Aide for 18 - 24 hours per week at St. Luke Lutheran Home.

Applications may be filled out online at **www.stlukelh.com** or in person at St. Luke Lutheran Home, 1301 St. Luke Drive.

ST. LUKE HOMES AND SERVICES' BOARD OF DIRECTORS

- John Jensen
- Mark Nothwehr
- Kaylan Abel
- Frank Halverson
- Denise Kramer Tolzmann
- Rev. Peter Maisenbach
- Ron Muetzel
- Don Helmkamp
- Neal Drefke

St. Luke Homes & Services
The Highlands
Hillside Terrace
Riverview Terrace
St. Luke Lutheran Home

1301 St. Luke Drive Spencer, Iowa 51301

Phone: (712) 262-5931 Fax: (712) 262-4743 E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to spend your retirement years, call Georgia Wrightsman at (712) 262-5931 ext. 109.



St. Luke Homes and Services, Inc. "A Caring Community"



DISPLAYING AT THE FAIR

St. Luke Homes and Services campus residents will be among those visiting the "World's Greatest County Fair" Sept. 7 - 15. The Clay County Fair. an annual celebration in Spencer since 1917. attracts more than 300,000 people each September for world-class grandstand entertainment, daily livestock and horse shows, thousands of competitive exhibits, every imaginable type of fair food, hundreds of unique commercial vendors, and the largest farm machinery display at any fair in the United States.

Another special highlight

at the 2013 Clay County Fair will be exhibits in the Creative Living Center by Carol Albers, of the Hillside Terrace Assisted Living residence, and by Bev Beck, Keith Grover, Marion Peters, Cleo Garrod and Rose Marie Kast, all of St. Luke Lutheran Home.

Marion Peters, below left, and Carol Albers are among the St. Luke Homes and Services campus residents who will be displaying their handcrafted works at the 2013 Clay County Fair.



CELEBRATING 'HOMEMADE HAPPINESS'

What do the Clay County Fair and National Assisted Living Week have in common?

Invariably, they fall on the same week, making both events even more exciting! With this year's theme. "Homemade Happiness," I thought of the fun of visiting the 4-H and Horticulture buildings with homemade crafts, baked goods and textiles created by participants of all ages. I'm always amazed at the diverse talent and creativity displayed. Although homemade goods are amazing and always better in my book, I think the best ingredients to make homemade happi-



Marti Rosacker
Assistant Director of
Assisted Livings

ness are love, kindness, understanding, trust, safety and so on. Every individual who makes their home in our Assisted Living is a living display of these immense abilities they have used to make their own "Homemade Happiness" or as I call it "Home full of Happiness." During Assisted Living Week, we want to show off our own display of talents. Please make it a point to stop in and visit with our residents at Hillside and Riverview Terrace, whose lives are a treasure of immense caring, creativity and giftings that they have used to enrich the lives of others, a true celebration!

