### THE ST. LUKE VIEW



MARCH / APRIL 2013

ST. LUKE CAMPUS SPENCER, IOWA

### Terry D. Dandy bids farewell to St. Luke campus

Terry Dandy is at home in Spencer. It is where he grew up and, over the past 23 years, where he has worked diligently to make a special home for others on the St. Luke Homes and Services, Inc. campus. Dandy will mark his official retirement March 31 as the nonprofit organization's most tenured, and only its third, CEO/administrator.



Terry D. Dandy

Dandy has been the leading force behind expansion of the continuing care retirement community (CCRC) in Spencer. As such, the fabric of this steadfast leader is woven into the campus' inner workings.

After owning and managing several businesses, as well as

working at a wide variety of jobs around the area, Dandy sought a change in 1978. Ensuing consultations with his pastor, Rev. Ronald Meyer of First English Lutheran Church, and friend Glenn Neve, St. Luke Lutheran Home's first administrator, encouraged Dandy to enter the senior healthcare field.

He began his education in long term care at Iowa Lakes Community College. After graduating, Dandy worked as an orderly during the 11 p.m. to 7 a.m. shift at St. Luke Lutheran Home.

He then enrolled at Des Moines Area Community College, interned at St. Luke Lutheran Home, and graduated with a Health Care Administration degree in May 1981.

Dandy immediately began his administrative career in the senior healthcare field at Hillside Manor in Glenwood. Next, he was hired to serve as the CEO/administrator at Salem Lutheran Home in Elk Horn.

Dandy then served in the same capacity for two years at Bartels Lutheran Home in Waverly.

Dandy, already familiar with St. Luke Lutheran Home and its daily operations, was sought to fill the local CEO/administrator position. He caught the nonprofit organization board's collective eye in March 1990 because of his experience with the CCRC in Waverly. The St. Luke board was searching for somebody to grow the Spencer CCRC campus.

Dandy was hired and The Highlands opened its doors to the public Aug. 26, 1991. Former Iowa Sen. Lee and Dorothy Holt were its first residents.

The Riverview Terrace Assisted Living Residence followed suit. This 65-unit apartment building, which opened April 1, 1999, was completed in three stages.

The Lee Holt Center for Adult Day Service was added to the mix; St. Luke Lutheran Home, Inc. became St. Luke Homes and Services, Inc.; Hillside Terrace, a 25-unit apartment assisted living facility on campus, opened Aug. 9, 2005; and a rehabilitative indoor aquatic center also became part of the campus' continuum of care in August 2006.

Rather than point to himself for the organization's continued growth over the past 23 years, the St. Luke Homes and Services leader credits continued support from the general public, sponsoring churches and a solid team of coworkers.



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#### **Board of Directors**

John Jensen.....President Mark Nothwehr......V.P. Kaylan Abel.....Secretary

Frank Halverson
Denise Kramer Tolzmann
Rev. Peter Maisenbach
Ron Muetzel
Don Helmkamp
Neal Drefke

#### **Mission Statement**

To enhance the life and maximize the potential of each individual we serve through a high quality continuum of care in a Christian setting.

## We're on the Web!

### Enjoy a meal with us

If you would like to enjoy a meal with a resident, please notify us in advance by calling 712.262.5931.

Our continuing care retirement community includes:

- The Highlands
- Riverview Terrace
- Hillside Terrace
- St. Luke Lutheran Home

### Accolades for Dandy

hen I was an administrator in training at St. Luke's, I had the opportunity to observe the daily life of a selfless leader. Terry was a distinguished administrator with a humble attitude. He had limitless wisdom and one of his lessons in particular had a lasting impression: "Plan your work and work your plan, but the plan can always change." Terry's vast experience, combined with his compassion and kindness, made for a great mentor in long term care. I am eternally thankful.

- Jenny Kabrick, executive director Careage Hills Rehabilitation & Healthcare Cherokee, Iowa

have had the honor of knowing Terry Dandy for over 30 years.

I first met Terry when he was an administrator at Hillside Manor in Glenwood. He had just completed his state training and licensure and we had the opportunity to have Terry come on board to work with us. I remember vividly that he was eager to learn, conscientious, always involved with the residents and staff. He also took great pride in making sure things were right and that we were financially successful. Terry brought a great deal of business background to his newfound career in healthcare administration that was greatly helpful to us as we organized further operational efficiency and effectiveness.

I've had the opportunity to work with Terry beyond that in several locations and he is a compassionate, kind, caring individual who also can successfully operate a healthcare organization. He truly gains the respect of co-workers and is a leader in many situations where it is necessary for leadership to arise. I fondly remember many situations where Terry would step in, handle a situation, take the lead and still be a coach to other people during that involvement.

It's been a pleasure to work with him over the years and I wish him the best in retirement.

- Clint Maun, senior partner Maun-Lemke Speaking & Consulting, LLC

used to own the Alibi Lounge. Terry, his sister Shirley, and his mother worked for me. Terry, who was my assistant manager at the time, was a young man you could trust and have confidence in his ability to handle things.

I remember the day he came back to Spencer and told me he had the job at St. Luke - he was so excited. Terry has overseen a lot of changes in the health care community and has progressed with the times. Some wonderful changes have occurred under his leadership. Terry will be missed but not forgotten! Congratulations, Terry, and enjoy your retirement!

- Tom and Mary O'Brien

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See more photos and video on St. Luke Homes and Services' Facebook page!

#### Top to Bottom:

St. Luke CNA Staci Jensen can't help but smile as Rosie Barger sings a cheery tune and keeps beat with a maraca.

Jim and Jessie Howard, known as local country band Jessie James and The Outlaws, have a good time entertaining at St. Luke Lutheran Home.

Querida Decker has fun listening to Cowboy Jim sing.

First Congregational Church members Mia Simpson (left) and Katie Halverson hang Easter decorations at St. Luke Lutheran Home as a community service project.

Colleen Hart works diligently to create an Easter egg decoration.

An Iowa Great Lakes Lutheran school student chats with Madora Peterson during a visit to St. Luke Lutheran Home.

St. Luke residents frosted Valentine's Day-inspired sugar cookies.

Hy-Noon Kiwanis members Julie Weaver and Greg Meeter serve the first of a special threecourse Valentine meal to Velma Wiese.

Beverly Beving draws an animated reaction from a Trinity Preschool student.

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# Hill Side Terrace Assisted Living



In celebration of Valentine's Day, we served a candlelight dinner, complete with special menu, servers and entertainment. Photos (from top left): Jill Barr singing, Blake Rosacker serving **Carl Abel**, **Maxine Thompson** walking with Brady Rosacker, **Orville Tronson** being seated by Corey Jordan. **Carol Albers**, **Evelyn Tigges**, **Lloyd Ahrenstorff** served by Brady Rosacker, **JoAnn Kemp** and **Laura Connor**. Hillside Terrace tenants enjoyed the perfect evening.

#### April & May Birthdays

April 1 Doretta Unrau

April 5 Lorrene Moermand

April 23 Pearl Steinke

May 5 Arlan Clausen

inay 5 minum Glauser

May 14 Erma Schmid

May 31 JoAnn Kemp

Congratulations and best wishes to Terry Dandy on his retirement as CEO/

administrator of the St.

Luke campus.

We appreciate him and all that he accomplished for

our home and community.
Terry, you will be missed.



#### **Upcoming Activities**

April 17 Movie at Spencer Public Library

April 16 Birthday Party

April 19 Spring Outing

April 23 Jelly Bean Party

May 10 Mother's Day Party



First Congregational Church youth Bre Wilkerson, Mia Simpson, Katie Halverson and Brendan Ellis repotted plants and helped hang decorations for St. Patrick's Day and Easter. Hillside Terrace tenants and staff appreciated their helping hands!

Hillside Terrace is located at: 1209 12th Street SE; Spencer, Iowa 51301

Call 712.262.5934 to schedule a tour or obtain further information.

We value your questions, comments and concerns. Check out our webpage and Facebook page at: www.stlukelh.com

Marti Rosacker, Director, marti.rosacker@stlukelh.com Kerri Kofoot, Assisted Living Director of Nursing, kerri.kofoot@stlukelh.com Frankie Weier, Service/Activity Coordinator, act.coord@stlukelh.com

Hillside Terrace is a division of St. Luke Homes and Services, Inc.

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## Riverview Terrace Assisted Living

A division of St. Luke Homes and Services, Inc.

March / April 2013

### RVT Staff Highlight: Laura Root, LPN



**Laura Root**, an LPN at Riverview Terrace since October 2012, grew up in Webster City. It's where she attended high school and later Iowa Central Community College for her associate degree and LPN.

She is currently enrolled in night and weekend classes to finish her RN at Iowa Lakes Community College, and is on track to continue with her bachelor degree.

"I like to go to the races, singing and playing the piano. I also enjoy my new niece, who is five months old," Root said.

Root, who enjoys going four wheeling with family and friends, took a trip to Wyoming last year to four wheel in the mountains.

"We camp on the weekends and enjoy bonfires and spending a lot of time with family and friends," she said.

Root, who has managed waiver homes and worked with special needs children, likes working with all ages and learning new things.



### **Activity Highlights**

RVT Activity Assistant Linda Kreibaum leads tenants and staff in the bunny hop (below) as Dorothy Casperson and other tenants watch. We celebrated St. Patrick's Day, the first day of spring and Easter at our Spring Fling Party.



Ralph Day (left) enjoys his piece of pie on National Pie Day. Donna Koch baked various kinds of pies for all the tenants to enjoy.



**Barbara Halverson** (above) works diligently on her Valentine box during ceramic class.

### **Upcoming Events**

April 12 Garage Sale
April 27 Pet Parade
May 11 Ladies Day Tea



**Roberta Travis** (above) frosts cupcakes for the St. Luke Homes and Services bake sale.

We may have an apartment for you or your loved one. If you need to find a place to call home with caring, dedicated staff to provide services and tender loving care, just give us a call at 712.262.5932 or send an email to nancy.ketcham@stlukelh.com.

### Riverview Terrace Tenant Birthdays

Roberta Travis

Dennis Nagel
April 8

April 8

April 10

Betty DeVos
April 21

Jeanne Johnson
May 2

Josie Cromer
May 5

Dorothy Huberg
Alice Hoberg
May 18

THE ST. LUKE VIEW



### McMillin happy with her Highlands home

hen Lester and Gladys McMillin stopped to look at The Highlands "just for fun" one afternoon in June 1996, the couple believed they couldn't afford to live here.

"He liked his big garage, but he didn't like all the work our big yard in town took. Plus, our home reguired a lot of upkeep," Gladys recalled. "We knew we were both ready for the move."

Within the week, the McMillins sold their Ruthven house. As they relocated to the Continuing Care Retirement Community campus in southeast Spencer, the couple quickly realized they could live in a twobedroom, twobathroom suite at The Highlands for less expense.

"We moved the things in that fit and sold the rest," she said. "St. Luke Homes and Services owns all the appliances. If one goes bad, they'll put a new one in for you. Plus, all of the maintenance guys are wonderful. They'll come and fix whatever you need done."

"The building and its suites are extraordinarily well laid out and Mom is so very well cared for there," Janis Wilson, McMillin's daughter, added. "When Dad was in the care center there, it was just wonderful for Mom to go out one door, past the swimming pool and right into St. Luke to see him."

"I've never regretted moving here," Gladys McMillin said. "I find the friends I've made and the activities I enjoy here very appealing. So is the fact that when I come home with groceries, I can pull into the garage, put them in a cart and wheel them upstairs in an elevator."

The retired school librarian, meanwhile, has literally left her mark at The Highlands. Besides organizing the facility's library and starting a bible study group

with Gary Holck, of Spencer, McMillin walks one-half mile every day in the building's climatecontrolled hallways.

Gladys McMillin relaxing in her suite at The Highlands.



### Stroud's woodworking skills displayed





Highlands resident **Roy Stroud** shows the detailed designs he worked from to create the intricate wooden gears now gracing a wall in the second-floor Celebration Suite.

### **Upcoming Activities**



Garage Sale April 12

April 22 Mavis Cooks

"The Last Romance" at SCT April 26

#### **Contact Information**

The Highlands 1211 St. Luke Drive Spencer, IA 51301

Mavis Leinen

Office: 712.262.5404 Cell: 712.260.1950 Email: mavis.leinen@stlukelh.com

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### Staff loyalty appreciated

e are proud of the work and commitment of all our employees. St. Luke Homes and Services, Inc. is grateful for the dedicated service of the following employee who, from March through April, has served in a five-year increment of time:

### New employees

Welcome to the following individuals who recently joined the St. Luke Homes and Services, Inc. staff.

Emily Knapp	St. Luke Nurse Aide
	St. Luke Nurse Aide
Phaedra Arends	St. Luke Nurse Aide
Brandi Kruse	St. Luke Nurse Aide
Samantha Cody	St. Luke Nurse Aide
Kaley Tewes	St. Luke Dietary Aide
Kellie Carstens	St. Luke Nurse Aide
Michelle Bistrup	St. Luke Nurse Aide
Rhonda Willison	Hillside Terrace Personal Service Assistant

### Celebrating Dandy's dedicated service



Dandy's approaching retirement recently and wished him well in all of his future endeavors.

Several former St. Luke employees were among those who celebrated Dandy's accomplishments the last 23 years, including nurse Lori Cooper, Dandy, nurse Kathy Fitzloff and office manager Lois Johnson.

#### Welcome New Residents

Marvin & Barbara S	SumpFeb. 1
Esther Shelley	Feb. 7
Milton "Burdette" (	GeidlFeb. 8
William "Woody" W	oodallFeb. 15
Vivian Cook	Feb. 18
Larry Hagedorn	Feb. 25
William Cook	Feb. 26
Michael Anderson.	March 8
Barbara McKav	March 15

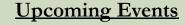
### Our Sympathy

Ethel Westphaler	nJan. 30
	Jan. 31
Carl Bruns	Feb. 3
Nels Krogh	Feb. 4
~	Feb. 12
Lucille Green	Feb. 13
Harold Cromer	March 2
Anna Ott	March 5
William "Woody"	WoodallMarch 5
Jean Nelson	March 10
Thomas Johnston	neMarch 14
Barbara Sump	March 16

### **Discharges**

Lois Fliss	Feb. 18
Richard Eagan	
Bonnie Sexton	
Milton Geidl	

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#### The Terrilites

2:30 p.m. Wednesday, April 3 at St. Luke



#### **Classic Country Singers**

2 p.m. Saturday, April 13 at St. Luke



#### Monthly Birthday Party

2:30 p.m. Monday, April 15 at St. Luke



#### Volunteer Brunch

9:30 a.m. Saturday, April 20 at St. Luke



#### Family Feud

2:30 p.m. Tuesday, April 23 at St. Luke



#### Harpist Alli Stevick

2:30 p.m. Wednesday, April 24 at St. Luke



#### Ice Cream Social

2:30 p.m. Saturday, April 27 at St. Luke



#### Music with Nicole and Jerry

2:30 p.m. Monday, April 29 at St. Luke



#### Making May Baskets

2:30 p.m. Tuesday, April 30 at St. Luke



### It's garage sale time!

enants of Riverview Terrace Assisted Living and residents of The Highlands will be hosting a garage sale again this spring!

> 2 - 7 p.m. Friday, April 12

- Riverview Terrace garage (travel on 12th St. SE past Hillside Terrace to the RVT garages)
  - The Highlands' Great Room (inside the front door at 1211 St. Luke Drive)

Choose from a nice mixture of furniture, framed wall hangings, useful household appliances, decorations, an assortment of rare P. Buckley Moss prints and pins, and other miscellaneous items.

Unless items are marked, they will be available on a free-will offering basis.









Visit St. Luke Homes and Services representatives displaying at

### 2013 Wellness Expo

Saturday, April 6 10 a.m. - 4 p.m. Clay County Regional Events Center PAGE 9 St. Luke Campus

#### Gifts and Memorials

#### Special Gifts Fund:

First Lutheran Church, Milford......\$750 Bethlehem Lutheran Church, Royal...\$250 Zion Lutheran Church, Paullina......\$100

#### Charitable Donations:

St. Luke Auxiliary......\$300 (Gift for St. Luke Activity Department) Bethany Lutheran Church, Spencer...\$650 (Gift for Chaplain fund)

#### Wish List for Residents

You may be able to help St. Luke Lutheran Home with several needs. This list includes items identified as contributing to the quality of care our residents deserve. Please know that your gifts and donations, which are tax-deductible, continue to enhance the lives of the residents and continue to make St. Luke Lutheran Home an extension of the social ministries of area Christian congregations.

Medical blanket warmer\$4,000
Supplies for weighted blankets\$100
Oximeters\$75 each
Nurse Rosie (4)\$3600
Transfer sheets (lift/slip)\$200 each
Bedside tables\$60-\$70 each
Realistic male and female baby dolls
Clothing for realistic baby dolls
Large lanterns for courtyards\$100 each
Perennial plants for courtyards\$10 each

### The board president's perspective

Some church leaders had a dream. They had the dream that a facility would be built to provide for the needs of our elderly who could no longer care for themselves and this would be done in a Christian setting. That dream became a reality in 1967 as St. Luke Lutheran Nursing Home was born.

In 1990, a young administrator had a dream. That young administrator was Terry Dandy. His vision was to provide total, high quality care for the various stages of seniors. As a result of that vision, the Board of Directors adopted as their mission statement, "To en-



John Jensen Board President

hance the life and maximize the potential of each individual we serve through a high quality continuum of care in a Christian setting."

Yes, Terry had a dream and the result of that dream is what you see today at St. Luke Homes and Services, Inc.

Terry will be retiring on March 31, completing his career of 23 years as administrator at St. Luke Homes and Services. Yes, we started out as St. Luke Lutheran Nursing Home, but under Terry's leadership our name changed to better reflect the many services we provide. And, while Terry oversaw the construction of a beautiful campus, it's not just buildings that provide for the Christian care, it is the people. Terry has put together a staff that is dedicated to providing quality care for our residents.

Terry took great satisfaction in his work and used his gift from God in being administrator of St. Luke and for making it a better place. The residents have benefited from his wisdom and his caring. We wish Terry happiness and prosperity for the future.

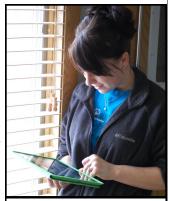
### St. Luke Management Team

Greg Meeter	Controller
Nancy Mills	Director of Health Services
Amanda Klein	Activities Director
Kim Krause	Office Manager
Georgia Wrightsman	Social Service Director
	Maintenance Director
Kay Meyer	Dietary Director
Linda Manwarren	Laundry Supervisor
Becky Thong	Housekeeping Supervisor
Elizabeth Essick	Receptionist
Kris Todd	Public Relations & Marketing Director

# Our campus offers free Wi-Fi hotspots

Connectivity and Internet access are rapidly becoming second nature to all of us. With the proliferation of Smartphones, iPads and laptops, now more than ever our "always on" tenants, patrons and visitors expect free wireless Internet access.

The St. Luke Homes and Services campus is answering this wish and offering Wi-Fi hotspots - for free - at various locations throughout The Highlands, Hillside Ter-



**Terri Stewart**, a St. Luke Homes and Services cook, finds a hotspot in St. Luke and visits with a friend via her iPad while on her morning break.

race, Riverview Terrace and St. Luke Lutheran Home.



*U.S. News & World Report* recently released its fifth annual Best Nursing Homes ratings, and **St. Luke Lutheran Home** received a **five-star** overall rating.

Topping the 2013 Iowa nursing homes list are those with five-star ratings from the federal Centers for Medicare & Medicaid Services for their overall performance in health inspections, nurse staffing and quality of medical care. St. Luke is among the 23 percent of nursing homes in Iowa to earn an overall five-star rating in 2013.

### National Volunteer Week April 21-27, 2012

Are you interested in volunteering - or know of somebody who would share their abilities - with St. Luke campus residents?

If you answered "Yes" to either of these questions, please contact:

- Lisa Hansen, Riverview Terrace, at 262.5932
- Amanda Klein, St. Luke Lutheran Home, at 262.5931
- Mavis Leinen, The Highlands, at 262.5404
- Frankie Weier, Hillside Terrace, at 262.5934

#### St. Luke Homes and Services, Inc.

1301 St. Luke Drive Spencer, Iowa 51301 Phone: 712.262.5931 Fax: 712.262.4743

Email: stlukelh@stlukelh.com Website: www.stlukelh.com

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The St. Luke View is published bimonthly by St. Luke Homes and Services, Inc., a nonprofit organization that provides housing and healthcare services to senior citizens. The publication is free and published by the St. Luke Homes and Services, Inc. public relations/marketing department. To be included on our mailing list, or to share newsworthy information, contact Kris Todd at 712.262.5931 or by email: kris.todd@stlukelh.com.

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