

THE ST. LUKE SPIRIT



Upcoming Activities:

- Bully Bullhead Parade, July 6, Ruthven
- Riverview Terrace's Hands of Harmony Bell Choir will perform July 12 at Emmetsburg Care Center
- Special music with Steve Olson, 2:15 p.m. July 16, at Hillside Terrace Assisted Living
- Spencer High School baseball game, July 16
- Picnic lunch and tour of Heritage Park Museum, Primghar, July 19 with Hillside Terrace & Riverview Terrace tenants
- Professional musician Dennis Wienke, 2 p.m. July 21, at The Highlands
- Dennis Mills to discuss aviation during the Men's Coffee, July 22, at Riverview Terrace Assisted Living
- Riverview Terrace's Hands of Harmony Bell Choir will perform July 21 at Southpark Mall, Spencer
- Tall Corn Days Parade, July 27, Sioux Rapids
- Reserve your seats for the Aug. 21 bus trip to Mason City. To RSVP, call Mavis Leinen at (712) 260-1950 by Friday, Aug. 16
- More July 2013 activities are available online at www.stlukelh.com

CELEBRATING LIFE ON CAMPUS

People are living longer, more active lives than ever before. Just 50 years ago, only 17 million living Americans had reached their 65th birthdays. Today, the number of seniors 65 and older has more than doubled.

Older Americans have a huge impact on our society, from the wisdom and experience of the "Greatest Generation" to the vitality and engagement of the retiring Baby Boomers. The St. Luke Homes and Services campus - which includes The Highlands independent living facility, Hillside Terrace and Riverview Terrace assisted living residences, and St. Luke Lutheran Home - is celebrating its centenarians and soon-to-be 100-year-olds for their ongoing achievements.

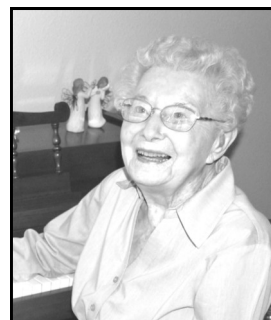
Norma Galbraith, 100 on Nov. 26
Ruth Williams, 100 on Dec. 9
Marion Peters, 100 on Dec. 19



Helma Hofsommer, 101 on May 29



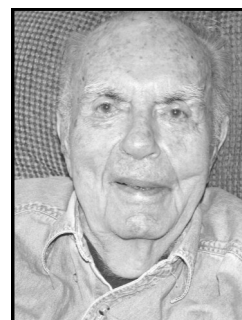
Bernadine Gappa, 101 on May 16



Dorothy Schmid, 101 on Sept. 10



Laura Conner, 103 on Aug. 10



Bud Fisher, 103 on July 18

Welcome

Michael Anderson
Imelada Roth
Simon Sikora

Best Wishes

William Cook
Olive "Jeanne" Johnson

In Loving Memory

Florence Root

CHAPLAIN'S INSTALLATION SERVICE

The Riverview Terrace Chapel was filled June 1, as over 80 individuals attended the installation service of Pastor John Syvertson as the St. Luke Homes and Services' chaplain.



Board member Denise Kramer Tolzmann, center, presents Pastor John Syvertson to Rev. Danette Johns of the Western Iowa Synod.

Pastors representing various denominations throughout northwest Iowa were among those who attended Pastor John Syvertson's installation service. They included, front row from left: Tom Van Tassell of Spencer; Rev. Erma Wolf of Hawarden; Rev. Danette Johns, assistant to Bishop Michael A. Last of the Western Iowa Synod; Rev. John Syvertson; and Rev. Lorna Halaas of George and Sioux Center. Back row: Rev. Paul Hansen, a retired Methodist pastor from Spencer; Rev. Tonna Parsons of Greenville and Sioux Rapids; Rev. Paul Bengtson, a retired ELCA pastor from Storm Lake; Rev. Deb Mechler of Royal; Rev. John Wolf of Inwood; Rev. Steve DeGangi of Peterson; Rev. David Halaas of Storm Lake; Rev. Len Halvorson of Spencer; and Rev. Russell Muilenburg of Spencer.

Lynda Swanson, \$500 memorial with special designation to the Riverview Terrace Activity Department, in memory of Vera Nelson

St. Luke Lutheran Home Auxiliary charitably donated \$500 to purchase plants for the St. Luke Lutheran Home courtyard

EMPLOYEE ANNIVERSARIES

- | | |
|--------------------------------|------------------------------|
| 1 - Michelle Millard (4 years) | 16 - Debra McGuire (3 years) |
| 2 - Nancy Noethe (9) | 20 - Dale Meyer (21) |
| 3 - Sarah Kladstrup (5) | 20 - Charlie Rezabek (1) |
| 3 - Kaylee Kourousis (1) | 23 - Linda Kreibaum (12) |
| 6 - Samantha Dusheck (1) | 25 - Janna Sembach (8) |
| 6 - Crystal Tifft (6) | 26 - Kristi Kracht (3) |
| 8 - Kim Robinson (5) | 27 - Jennifer Webster (2) |
| 11 - Kevin Tlam (2) | 28 - Nancy Mills (10) |
| 13 - Kay Blake (4) | 30 - Donna Koch (14) |
| 15 - Patricia Simpson (4) | |

NEW STAFF

Welcome to the following individuals who recently joined the St. Luke Homes and Services campus.

- Georganna Peterson
- Sydney VanWettering
- Nichole Sandvig
- Ann Strait
- Michael Finnern
- Jamie Hagen

CAMPUS PHOTOS



Freeman Knudtson and Dennis Nagel, tenants of Hillside Terrace and Riverview Terrace, enjoy an afternoon of beautiful spring weather atop the hill overlooking Spencer and the Little Sioux River.

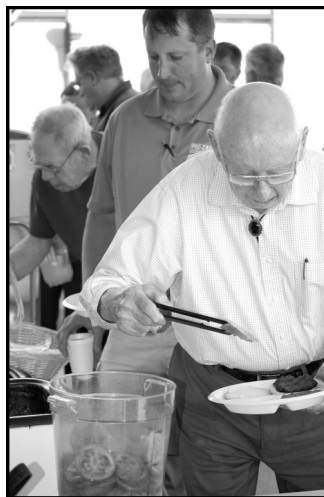


A new 50-ton air conditioning unit was installed recently in St. Luke. It replaced the original unit, installed in 1976.

CAMPUS PHOTOS



St. Luke residents, from left, Laura Recher, volunteer Paula Klein, Edna Reynolds and Marion Peters were all smiles as they helped celebrate in the campus' "Caring for the Generations" entry during the 29th annual Flagfest parade in Spencer. (View more photographs on the St. Luke Homes and Services' Facebook page.)



The annual Men's Barbecue event once again hosted a large crowd in mid-June on the St. Luke campus.



Kris Todd presents St. Luke Unit Manager/MDS Coordinator Jean Nelson, left, with a "Thanks For All You Do" tote for her winning entry, *The St. Luke Spirit*, in the campus contest to rename its newsletter.

CAMPUS BIRTHDAYS IN JULY

- | | | |
|-----------------------|------------------------|--------------------------|
| 1 - Lorene Hanson | 13 - Sharon Daly | 20 - Ila Alger |
| 3 - Kristi Kracht | 13 - Ann Meyer | 21 - Rosie Barger |
| 4 - Fran Grover | 13 - Cindy Hahn | 22 - Dolores Fitzpatrick |
| 5 - Leila McDeid | 14 - Lloyd Ahrenstorff | 22 - Juliana Blume |
| 6 - Arlene Boettcher | 14 - Lisa Hansen | 25 - Tammy Falline |
| 10 - Brianna Adams | 14 - Lesley Culver | 25 - Diana Meyer |
| 10 - Kourtney Huffman | 16 - Lucille Hansen | 26 - Jeanie Culver |
| 10 - Laura Manwarren | 17 - Betty Oldenkamp | 27 - Kerri Kofoot |
| 12 - Arleen Crowe | 18 - Bud Fisher | 27 - Dee Kilpatrick |
| 12 - Emilie Oviatt | 20 - Roger Hoberg | 28 - Beulah Ahrenstorff |
| 13 - Bob Miller | 20 - Betty Ries | 28 - Lois Knight |
| | | 30 - Hazel Freeman |
| | | 31 - Lester Miller |
| | | 31 - Jordan Stein |



St. Luke Lutheran Home residents and staff enjoyed a meal at Perkins before attending Rock the Roof Night at the Roof Garden.

THANK YOU

- Lawrence Hansen, for allowing Pastor John Syvertson to drive your 1969 Oliver 550 utility tractor during the Flagfest parade in Spencer
- John Jensen, for driving Jensen Farms' 2010 Case IH Magnum tractor during the Flagfest parade in Spencer
- Adrienne Crouch, Marcia Peters, Anne Schomburg and Dolores Hatfield, for sewing name tags into St. Luke residents' clothing items
- Volunteers, for helping with Sunday morning music at St. Luke and Riverview Terrace
- Claire Christensen, Kennedy Runkle and their families, for planting flower boxes in a St. Luke courtyard for the fifth year in a row
- State Bank of Spencer, Everly and Peterson, for lending an outdoor grill to the St. Luke Homes and Services campus for its annual Men's Barbecue



Harlow Rudolph, of SONrise Ministries, had St. Luke Lutheran Home residents singing along the afternoon of June 6.

St. Luke Homes & Services
The Highlands
Hillside Terrace
Riverview Terrace
St. Luke Lutheran Home

1301 St. Luke Drive
Spencer, Iowa 51301

Phone: (712) 262-5931
Fax: (712) 262-4743
E-mail: stlukelh@stlukelh.com

If interested in visiting with someone about where to spend your retirement years, call Georgia Wrightsman at (712) 262-5931 ext. 109.

We're on the Web!
www.stlukelh.com

St. Luke Homes and Services, Inc.
"A Caring Community"



St. Luke Homes and Services, Inc., of Spencer, is a non-profit, faith-based, long term care community offering security, peace of mind and dignity on a single 13-acre campus featuring independent, assisted and skilled living facilities.

Communities are physically connected to foster improved communications between friends in various stages of independence.

Our goal on the St. Luke Homes and Services, Inc. campus is "to enhance the life and faith of all individuals we serve, and to maximize their potential through a high quality continuum of care in a Christian setting."

Please stop for a visit, have lunch with us at a time convenient for you and find out how you can more fully enjoy your retirement.

**We look forward to serving you, your family and friends on
the St. Luke Homes and Services, Inc. campus!**

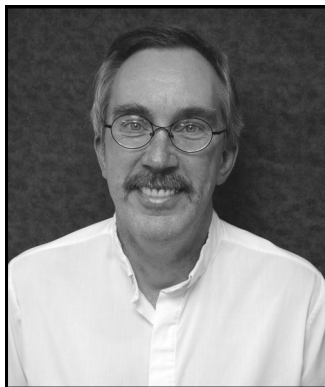
CHAPLAIN SYVERTSON ON FAITH

How important is spirituality in the lives of older adults?

As pastor of the St. Luke Homes and Services campus, I have found the faith of our older ones is as important, or maybe more important, than many other things in their lives.

Quite often, the faith learned as a child is one of the last things to go as an older person ages.

To illustrate, let me tell of an experience I had early on in my social work career nearly 30 years ago. "Tillie" was a resident of a nursing



home I worked at. I had known Tillie for over 20 years, as she lived in a neighboring community near where I lived.

Tillie, who had Alzheimer's Disease and had lost the ability to speak, was placed in front of a television set one Sunday morning.

"Amazing Grace" was

being sung during the televised church service, and Tillie perked up and sang all the verses of the hymn without stopping or missing a word.

Tillie passed shortly after that morning. But even at the end, she lived the faith that she knew and treasured dearly.

Our Lord tells us, in Matthew 28:20, "Lo, I will be with you always." What we learn as children can be, and is often, carried through to our last days.

May it be so always.