THE ST. LUKE SPIRIT



Upcoming Activities:

- Visits to Maritime Museum and Abbie Gardner Sharp Cabin, Aug. 6, by St. Luke Lutheran Home and Riverview Terrace
- Wine and Cheese Party, Aug. 9, at Hillside Terrace
- Spencer Support Group for Parkinson's Disease, Aug. 13, at St. Luke Lutheran Home
- Hands of Harmony Bell Choir to perform, Aug. 20, at St. Luke Lutheran Home
- Bus trip, Aug. 21, to Mason City. To reserve your seats, call Mavis at (712) 262-5404 by Aug. 16
- Riverview Terrace Picnic, Aug. 23, at Scharnberg Park
- Monthly Birthday Party sponsored by St. Luke Homes and Services, Aug. 26, at Spencer Area Activity Center
- Fishing, Aug. 27, at Stolley Park in Spencer
- Village Singers of Sheldon, Aug. 28, at St. Luke Lutheran Home
- Queen II ride, Aug. 30, Riverview Terrace and Hillside Terrace
- More August 2013 activities are available online at www.stlukelh.com

WISHIN' I WAS FISHIN'

Courtesy of 20 fishing poles donated by the Iowa Great Lakes Fishing Club and a license from the Iowa Department of Natural Resources, residents and tenants of the St. Luke Homes and Services campus are Iooking forward to a fun afternoon of fishing this month.

This special outdoor outing is planned for Tuesday, Aug. 27, at Stolley Park in Spencer.

Friends and family members are invited to join in the fun.

Kendall Mead, treasurer of the Iowa Great Lakes Fishing Club (IGLFC), donated the 20 Zebco fishing poles, all of which included rods, line, hooks, sinkers and bobbers. IGLFC members also plan to assist residents during the afternoon on the

park's ADA-accessible dock.

This voluntary activity complements the fishing clinics IGLFC members have provided for area youngsters since their club was established in 1967.



St. Luke resident Robert Stoeber and Iowa Great Lakes Fishing Club member Kendall Mead display two of the 20 fishing poles the IGLFC donated to the St. Luke Homes and Services campus. Both men couldn't help but smile as they discussed the campus-wide fishing outing planned for Aug. 27.

"Fishing provides that connection with the whole living world. It gives you the opportunity of being totally immersed. turning back into yourself in a good way. A form of meditation, some form of communion with levels of yourself that are deeper than the ordinary self."

- Ted Hughes

<u>Welcome</u>

Best Wishes

In Loving Memory

Chris Woodall Mildred Anderson Sandra Burnett Robert Speed Arla Gould Imelda Roth Ruth Fieselmann

Donald Dobbins Chris Woodall Page 2 August 2013

HIGHLANDERS FLYING HONORABLY

Helen Anderson donated a mattress and box spring to Riverview Terrace Assisted Living

Community Memorial Health Center, of Hartley, donated \$25 to the Hands of Harmony Bell Choir of Riverview Terrace Assisted Living

Dorothy Strawn donated a queen-size bed with headboard, armoire, sofa with pillows, two end tables, two chairs, a computer and computer table, a floor lamp and table lamp, towels, bed linens, a quilt, two throws and miscellaneous kitchen items to the Riverview Terrace family guest room

Bethlehem Lutheran Church, of Royal, donated \$200 to use for new tenant welcome baskets in the Hillside Terrace and Riverview Terrace Assisted Living residences

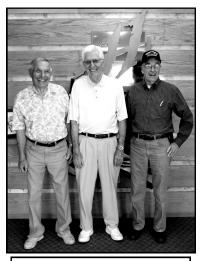
Three residents of The Highlands have been selected to participate in the Sept. 7 Brushy Creek Area Honor Flight to Washington, D.C.

To date, over 2,000 World War II veterans from Iowa have received the chance to visit Washington through the Honor Flight program. The Fort Dodge-based flight was recently expanded to also include Korean War veterans.

Bob Stewart, Roy Stroud and Harold Hammerstrom are among the veterans selected to make the trip this fall. Each man is excited to join this honorable group from the "Greatest Generation."

Stewart, a veteran of the U.S. Navy, served the country in World War II as a radio radar technician on an escort aircraft carrier.

Stroud enlisted in the U.S. Army. He, like Stewart, served in the Pacific. From the Philippines,



Bob Stewart, Roy Stroud and Harold Hammerstrom (from left) will take part in the Sept. 7 Brushy Creek Area Honor Flight to Washington, D.C.

Stroud was transferred to General Douglas MacArthur's headquarters in Tokyo, where he worked as a supply person in the office. He served in Company A, Staff Battalion, General Headquarters for MacArthur's Far East Command

Hammerstrom served with the Occupation Forces in Japan as a clerk typist in Headquarters 8th Army surgical section. In 1950, he was reactivated and served as a medic with the 382nd General Hospital, located near Osaka, Japan.

Honor Flight veterans are accompanied by escorts called guardians, as well as medical professionals. Their daylong trip will include viewing the Korean War Veterans Memorial, the World War II Memorial and other attractions in the nation's capital. Veterans selected to make this trip do not pay for anything.

EMPLOYEE ANNIVERSARIES

3 - Ann Roberts (4 years) 21 - Celesta Oxley (12 years) 3 - Tammy Falline 22 - Brenda Zapata (2)9 - Terri Stewart 27 - David Beal (3)10 - Crystal Bowen (2)27 - Amber Vidana 11 - Beverly Carstensen 28 - Barbara Simonson (3)12 - Marleen Pearson (22)29 - Connie Geidl 13 - Katelind Torres 29 - Marcia Clarke (1)15 - Jeannie Stone (30)30 - Sharon Daly 20 - Nadia Banashak (6)

Welcome to the following individuals who recently joined the St. Luke Homes

and Services campus.

NEW STAFF

Shelley Parrott Taylor McGuire

(2)

(23)

(1)

(7)

(8)

(2)

(2)

CAMPUS PHOTOS



Denny, Alan and Susan Mills (from left) show a large group of Riverview Terrace and St. Luke men how ultralight aircraft operate during the monthly Men's Coffee hosted at Riverview Terrace Assisted Living.



Charlene Elyea, a naturalist for the O'Brien County Conservation Board, shows a buffalo rib to Riverview Terrace Assisted Living tenants and St. Luke residents at the Prairie Heritage Center near Peterson.

Page 3 The St. Luke Spirit

CAMPUS PHOTOS





Maintenance tasks are a thing of the past for residents and tenants on the St. Luke Homes and Services campus. Staff member Ken Stoeber (at left) is shown applying fireproof varnish to a St. Luke Lutheran Home chapel wall.

A July 21st concert by professional singer Dennis Wienke (seated, above) and Tim Norgaard, who accompanied on bass guitar, also celebrated the 76th birthday of friend Gary Eaton at The Highlands.

> View additional photographs posted on the St. Luke Homes and Services' Facebook page.

AUGUST CAMPUS BIRTHDAYS

- 1 Cleona Schmidt
- 3 Marcia Clarke
- 4 Dorothy Casperson
- 5 Sharlene Miller
- 5 Marleen Pearson
- 6 Vivian Cook
- 7 Mary Sembach
- 7 Georgia Wrightsman
- 8 Phyllis Parr
- 9 Dorothy Chamberlain
- 9 Patrick Zenkovich

- 10 Laura Conner
- 11 Haley Nielsen
- 13 Edna Reynolds
- 17 Darlene Miller
- 20 Cleo Garrod
- 20 Ashleigh Belless
- 20 Michael Finnern
- 20 Sharon Norgaard
- 20 David Thiessen
- 21 Renyse Rutter
- 23 Elizabeth "Betty" Brown

- 23 Stew Sierck
- 24 Darwin Zahrt
- 24 Phyllis Larson
- 25 Brooke Frehse
- 26 Amanda Guerttman
- 28 LeAnn Meyer
- 31 Mary Schultz

THANK YOU

- Spencer Community School District, for allowing campus residents to watch high school baseball games this summer
- Allen and Diana Meyer, for driving your 1946 International Farmall tractor as part of the St. Luke Homes and Services' Bully Bullhead parade entry in Ruthven
- Ryan and Maggie

Rosacker, for showcasing your Kawasaki fourwheeler and trailer

during the quasquicentennial parade in Dickens

for contributing \$40 for St. Luke bingo prizes

Fran Grover,

in Sioux Rapids Spencer Wal-Mart, for Spencer Hy-Vee Floral,

awarding a \$50 gift card

for donating several dozen

beautiful roses to St. Luke

Jim and

allowing Chaplain

to drive your 1939

tractor at the Tall

Corn Days parade

Nancy Mills, for

John Syvertson

John Deere B

Lutheran Home

HELP WANTED

St. Luke Homes and Services, one of the larger businesses within the community of Spencer, is an equal opportunity employer offering excellent salary and benefit levels. The following opportunities are currently available on campus:

- Director of Dietary Services. The individual we seek for this supervisory role will possess a positive attitude and team spirit along with clinical skills, experience and knowledge.
- Service Coordinator at Riverview Terrace. This leadership position plans, organizes, develops, monitors and controls the daily operations of this assisted living division of St. Luke Homes and Services.
- Registered Nurse for day and evening hours, and every other weekend, at St. Luke Lutheran Home.
- Certified Nursing Assistant for the 2-10 p.m. shift and every other weekend at St. Luke Lutheran Home.

Applications may be filled out online at www.stlukelh.com or in person at St. Luke Lutheran Home, 1301 St. Luke Drive.

WISH LIST

This list includes items identified as contributing to the quality of care our residents deserve. Your gifts and donations, which are tax-deductible, continue to enhance the lives of the residents and continue to make St. Luke Homes and Services, Inc. an extension of the social ministries of area Christian congregations.

- Bingo prizes such as fun size candy bars, diabetic chocolate, other snacks, stuffed animals, jewelry and knick knacks
- Perennial plants

St. Luke Homes & Services
The Highlands
Hillside Terrace
Riverview Terrace
St. Luke Lutheran Home

1301 St. Luke Drive Spencer, Iowa 51301

Phone: (712) 262-5931 Fax: (712) 262-4743 E-mail: stlukelh@stlukelh.com

If you are interested in visiting with someone about where to spend your retirement years, call Georgia Wrightsman at (712) 262-5931 ext. 109.



St. Luke Homes and Services, Inc. "A Caring Community"



FOR YOUR CONVENIENCE

A delightful place to prepare a meal, rest a spell, take a relaxing shower, and to entertain. All while visiting friends and loved ones on, or near, our all-inclusive Continuing Care Retirement Community campus.

Both scenarios fit our newly-furnished suites at The Highlands and family guest room at Riverview Terrace, all of which are available whenever you are in the area and wish to stay awhile. We'd like to make your visit comfortable and memorable.

For more information about these rental opportunities, please contact Mavis Leinen, of The Highlands, at (712) 262-5404, or Kerri Kofoot, of Riverview Terrace and Hillside Terrace (where another family guest room is in the works), at (712) 262-5932.

We look forward to seeing you soon!





KEEPING LIFE EXCITING WITH DAILY ACTIVITIES

At St. Luke Homes and Services, we strive to create an environment that enables residents to live the lifestyle they want to live and do the things they want to do.

We offer a wide variety of different activities to capture the interest of all the residents we serve.

We go on many outings and keep our residents involved in the community. We have, for example, attended Spencer High School baseball games and Rock the Roof nights at the Roof Garden, visited the Grotto of the Redemption in West Bend and the



Amanda Klein St. Luke Activities Director

Prairie Heritage Center near Peterson, and gone on several shopping trips locally this summer. In August, we look forward

In August, we look forward to going to the Mainstreet

Market night in town, the Maritime Museum and Abbie Gardner Sharp Cabin in Okoboji. Several residents have expressed an interest in fishing, so we are planning fishing outings with the help of the Iowa Great Lakes Fishing Club, which has agreed to donate fishing rods and put on a fishing clinic for us. We have recently teamed up with our assisted living residences and independent living facility to collaborate on events. Many residents know people at the other buildings on campus and love to get together to visit with one another.