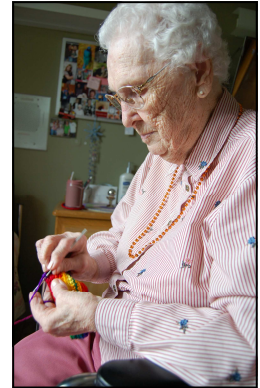


## Resident Spotlight: Marion Peters

Marion Peters' life story is not only poetic, it is proudly displayed on her wall at St. Luke Lutheran Home. *Granny P.*, (below), was written by son-in-law Boyd Simons in observance of her 80th birthday celebration. This remarkable woman plans to mark her 99th birthday in mid-December. Peters' gentle and engaging attitude is revealed every day while visiting with others, playing cards, crocheting beautiful items for family and friends, and participating in other activities.



St. Luke residents Marion Peters (above), Therese Kirby and Rose Marie Kast fared well with their hand-made items at the 2012 Clay County Fair.

- Peters - Blue - Crocheted doily and coasters
- Kirby - Blue - Beaded Christmas tree skirt
- Kast - Red - Crocheted baby blanket and pillow

### Granny P.

Hello everyone! We're glad you're here.  
 We've come together with lots of cheer.  
 Isn't it something that this grand lady,  
 We've come to honor, has just turned eighty?  
 You all know her in your own special way.  
 You each have your reason for being here today.  
 But no matter your reason, we'll all agree:  
 A mighty great lady is this Granny P.

If you'll just listen and our rhymes hold out,  
 We'll tell you a little-how Granny's life came about.  
 Nineteen-thirteen Canadian born.  
 Darn cold and frosty on that December morn.  
 Came to Iowa before she was ten,  
 Marion, her mother, and her brother, Ed.  
 The family grew as time went on.  
 Two more brothers joined the throng.  
 Carl and Leroy joined Marion and her brother,  
 Born to Alfred and Edith - Father and Mother.

Living on the farm, all had chores to do,  
 Worked day or night until you were thru.  
 There was a country school with a limited course.  
 You either got to walk, or you rode the horse.  
 With school all finished in her young life -  
 Lots of work at home but asked to become a wife.  
 She was eighteen years of age with the wedding done,  
 Bill Peters and Marion living together as one.

To this union - 49 years of bliss,  
 Was born three boys and a little miss.  
 Around this area, they farmed for years.  
 Most years brought smiles but a few brought tears.  
 Four children in all to call her Mother,  
 But now eleven more call her Grandmother.  
 Then another generation with seventeen more.  
 Really she has great-grandchildren galore!  
 Parts of her life have had sad fate,  
 Losing two sons and her lifelong mate.

But this whole family with all its number,  
 Is not the main thing we're apt to remember.  
 Rather her kindness and a friendly way - any time you meet,  
 Is just darn hard to equal, let alone try to beat,  
 So - here's a goal for any of us, before our life ends:  
 To be as gracious as Granny, and make even half as many friends!  
 So happy Birthday, Marion, you wonderful dear.  
 Here's hoping we'll do this, in another ten years. *Boyd Simons*

#### INSIDE THIS ISSUE:

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**2012 Board of Directors**

**John Jensen..President  
Mark Nothwehr....V.P.  
Kaylan Abel..Secretary**

**Frank Halverson  
Denise Kramer Tolzmann  
Rev. Peter Maisenbach  
Ron Muetzel  
Don Helmkamp  
Neal Drefke**

**Resident Advocates**

**The following are volunteers from our community who are on the Resident Advocate Committee at St. Luke Lutheran Home. They are not employed by nor affiliated with the facility. Their “job” is to visit with residents and families, and to work toward resolving issues of concern.**

**Earl Angell.....Chair  
Inez Rossiter.....Sec.  
William Green  
Roselyn Holmberg**

**If you have questions about this committee or are interested in becoming a member, please call Chairman Earl Angell at 712.262.3008.**

***Celebrating our campus veterans***

**W**ith Veterans Day just around the corner, our Stars and Stripes, as well as the freedoms all Americans enjoy, are brought front and center. We’d like to publicly honor the veterans on our campus. While they come from all walks of life and regions of the country, they all have one thing in common: love of and loyalty to country. Thank you for your service!

**The Highlands**

Earl Angell, Merchant Marines, World War II	Neil Scoles, Army, World War II
Gerald Hanson, Navy, World War II	Robert Stewart, Navy, World War II
Robert Miller, Army Air Forces, World War II	Roy Stroud, Army, World War II
Stanley Jespersen, Marines, World War II	
Norman Boonstra, Army Signal Corps, World War II	
Harold Hammerstrom, Army, World War II & Korea	

**Hillside Terrace**

Carl Abel, Army, World War II	Lloyd Ahrenstorff, Navy, World War II
Freeman Knudtson, Army, World War II	Craig Pierce, Navy, World War II
Maxine Thompson, Navy WAVES, World War II	
Orville Tronson, Air Force, Korea	

**Riverview Terrace**

Ralph Day, Air Force, World War II & Korea	Bill DeVos, Army, World War II
Bob Guerttman, Army, World War II	Roger Hoberg, Army, Korea
George Johnson, Navy, World War II	Dick Kirksey, Navy, World War II
Les Miller, Army, World War II	Glenn Neve, Army, World War II
Lawrence Osborn, Army, World War II	Richard Schuster, Army, World War II
Bob Peterson, Marine Corps, World War II	Rex Travis, Army, World War II

**St. Luke Lutheran Home**

Alvin DeWall, Army, Korea	Craig Marr, Army, Vietnam
Flavius “Andy” Dodge, Air Force, World War II	Lawrence Evans, Army, World War II
Keith Grover, Navy, Vietnam	Raymond Krause, Army, Korea
Leo “Joy” Smith, Coast Guard, World War II	Irving Merrill, Army, World War II
John Metcalfe, Air Force, Korea	Meryl Smith, Army, World War II
Robert Regennitter, Air Force, Vietnam	Darwin Zahrt, National Guard, Korea
Robert Stoeber, Army Air Corps, World War II	

**St. Luke Homes & Services, Inc. Staff**

Terry D. Dandy, Navy, Vietnam	Torrey Krause, Army, Desert Storm
Rod Richardson, Air Force, Desert Storm	Melissa Weber, Air Force, Grenada





**Top to Bottom:**

**Vern Lyon, Amanda Klein and Lois Fliss enjoy an afternoon ride aboard the Queen II excursion boat.**

**St. Luke Lutheran Home residents and staff find pleasure in an Aug. 2 sightseeing cruise around West Lake Okoboji.**



**St. Luke CNA Nancy Noethe visits with Hazel Freeman as she enjoys a banana split.**

**Lavon Kephart sits down to tickle the ivories, a monthly task she began 28 years ago at St. Luke Lutheran Home.**



**Houdini the horse and his trainer, Dick Wallen of Sioux City, put on a spectacular afternoon show at St. Luke Lutheran Home. Terri Stewart, Jeanne Trizila, Jazi Mosley, Wallen and Becky Mosley (from left) show how to balance on a teeter totter.**

**After performing some amazing tricks, Houdini the horse and Jeanne Trizila greet Mary Uhe.**



**Cheers erupt as St. Luke Rehabilitation Coordinator Linda Sterling (right) takes on Bernice Bowers in a Resident Olympics wheelchair race.**

**Edna Reynolds bite tests the gold medal she received in the ladder ball competition during the St. Luke Resident Olympics.**



**“Like” the St. Luke Homes & Services, Inc. Facebook page to see more photos!**



# Hill Side Terrace Assisted Living



Mayor Reynold Peterson is shown with Assisted Living Directors Nancy Ketcham and Marti Rosacker signing a proclamation for National Assisted Living Week, Sept. 9 - 15.

- September & October Birthdays**
- 9/5 Maxine Thompson
  - 9/6 Eileen Arndt
  - 9/8 Auggie Hassenius
  - 9/25 Patti Simpson
  - 10/18 Lawrence Smith

## Staff Spotlight

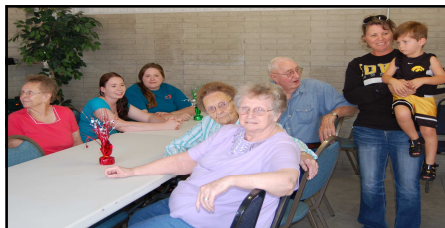


Connie Wiemold was the event coordinator for the Miss Rodeo Iowa Pageant at Fort Madison in September.

“This pageant is a scholarship program that promotes agriculture and the Western life in Iowa,” she said.

Connie lives in Emmetsburg and has been an employee at **Hillside Terrace** for two years.

## Scenes from our annual Tenant and Family BBQ, hosted Aug. 23 at Hillside Terrace.



### Upcoming Events

- Trinity kids Sept. 28
- Autumn Drive Oct. 12
- Monthly Birthday Party Oct. 16
- October Fest Oct. 31

Hillside Terrace is located at: 1209 12<sup>th</sup> St. SE, Spencer IA 51301  
 Call 712.262.5934 to schedule a tour or obtain further information.  
 We value your questions, comments and concerns.  
 Check out our webpage and Facebook page at: [www.stlukelh.com](http://www.stlukelh.com)

Marti Rosacker, Director, [marti.rosacker@stlukelh.com](mailto:marti.rosacker@stlukelh.com)  
 Kerri Kofoot, Assisted Living Director of Nursing, [kerri.kofoot@stlukelh.com](mailto:kerri.kofoot@stlukelh.com)  
 Frankie Weier, Service/Activity Coordinator, [act.coord@stlukelh.com](mailto:act.coord@stlukelh.com)

*Hillside Terrace is a division of St. Luke Homes & Services, Inc.*





# Riverview Terrace Assisted Living

A division of St. Luke Homes & Services, Inc.

September / October 2012

## RVT Tenant Highlight:

### Bob Peterson



Bob Peterson is a tenant with many talents. He has been helping in all aspects of the activity program. He folds towels and napkins every day. He is the doorman when we need one and the candy man to keep the staff sweet and happy. Bob pitches in wherever and whenever the need arises. He loves to participate in Riverview Terrace activities, as well as help with the programs. This World War II veteran, a U.S. Marine, attributes his helpful smile to his service to God and our country. Bob is originally from Albert City and moved to Spencer in 1987. He has worked in sales most of his life. Thank you, Bob!

## Activity Highlights

### Upcoming Events

- Oct. 12 Fall Outing
- Oct. 16 Bell Choir to Milford Nursing Home
- Oct. 31 Tricks 'n' Treats



Roberta Travis enjoys the weekly Aquasize classes at the St. Luke pool.



Rex Travis gives the horseshoe a whirl during the summer fun games.



Lois Maurer enjoys a chat with Peterson Lions Club wagon driver Lonnie Hansen at the fair while a Jones Lunch worker serves doughnuts.



Phyllis Parr and Lawrence Osborn enjoy a cup of coffee while on the Lions Club fair tour.

We may have an apartment for you or your loved one.

If you need to find a place to call home with caring, dedicated staff to provide services and tender loving care, just give our staff a call at 712.262.5932 or send an email to [nancy.ketcham@stlukelh.com](mailto:nancy.ketcham@stlukelh.com).

- Nancy Ketcham.....Director
- Kerri Kofoot.....Assisted Living Director of Nursing
- Lisa Small.....Registered Nurse
- Ann Myers.....Health Care Coordinator
- Kim Robinson.....Service Coordinator
- Lisa Hansen.....Activity Coordinator

### Birthdays & Anniversaries

- Oct. 2 George Johnson
- Oct. 11 Dick Kirksey
- Oct. 28 Helen Anderson
- Oct. 28 Bill & Betty DeVos
- 70th Wedding Anniversary

# HIGHLIGHTS FROM



# THE HIGHLANDS

## *Christoffersons enjoying life at The Highlands*

**G**ary “Chris” and Carolyn Christofferson are enjoying their new home at The Highlands.

“Moving in when we did was perfect because we’re now settled for the winter,” Chris reported with a relaxed smile.

“We’ve been here five weeks and we’ve found the people to be very friendly,” Carolyn said. “We appreciate that and are looking forward to getting more involved now.”

“Organization and keeping what is needed, then getting rid of the rest, is my advice for others,” she added.

“After viewing several potential local living arrangements, The Highlands’ amenities, general atmosphere and cleanliness sealed the deal for us,” the couple agreed.

“We are not wealthy people and we felt it was something we could afford,” Chris added. “When we were first looking into something like this, the fact that this fit our budget - and we knew we could live very well

here - ended up being another reason why we chose The Highlands.”

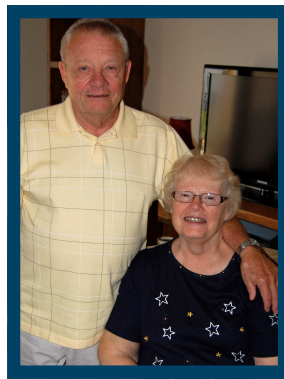
While Chris already enjoys the heated garage and bounty of books available in the building’s library, Carolyn is looking forward to making new habits centered on the campus’ indoor pool and spa, as well as its walking trails and interconnecting hallways between buildings.

### ***Who are the Christoffersons?***

Born in Milford, Chris Christofferson moved with his family to a farm northeast of Spencer before entering grade school. After spending 15 years in Los Angeles, he returned to Everly, where he operated Chris’ Market from 1973 until 1980. He spent the next few years working at the elevator in Everly.

Carolyn (Woolston) Christofferson grew up on a farm southwest of Royal and graduated from Royal High School. She

fondly remembers riding perched beside her father on an Oliver tractor step as a young girl and eventually driving the fields as a teenager.



The two met at the former Majestic roller rink in Arnolds Park on Lake Okoboji.

The couple dated six months before marrying Sept. 12, 1987. The Christoffersons then worked together at Spencer Hospital. He served in the materials department; she started working as a nurse aide the morning following her high school graduation and spent the next 21 years also serving in the hospital’s business office.

Chris served as a 30-year volunteer firefighter and EMT.

Carolyn currently serves as the Spencer Hospital Auxiliary president and volunteers for activities at

Faith Lutheran Church.

Both enjoy spending time with their families.



**Bob and Darlene Miller donated candlesticks and she made the mantel scarf for The Great Room in The Highlands. A big thank you to Bob and Darlene!**

### Contact Information

The Highlands  
1211 St. Luke Drive  
Spencer, IA 51301

Mavis Leinen

Office: 712.262.5404  
Cell: 712.260.1950  
Email: mavis.leinen@stlukelh.com



*A division of St. Luke Homes & Services, Inc.*



**Staff loyalty appreciated**

**W**e are proud of the work and commitment of all our employees. St. Luke Homes & Services, Inc. is grateful for the dedicated service of the following employees who, from September through October, have served in five-year increments:

Five Years of Service.....Juliana Blume, Kim Buhr,  
.....Ange Cohoon, Sarah Diekmann, Linda Manwarren,  
.....Brandee Roberts and Stephanie Rothmeyer

**New employees**

**W**elcome to the following individuals who recently joined the St. Luke Homes & Services, Inc. staff.

Anna Groth.....St. Luke Night Cook  
Karina Vaquero.....Hillside Terrace Personal Service Assistant  
Amber Vidana.....St. Luke Laundry Attendant  
Melissa Poulsen.....St. Luke Registered Nurse  
Katelind Torres.....St. Luke Nurse Aide  
Charlie Rezabek.....St. Luke Nurse Aide

**Campus transitions: Kofoot promoted**

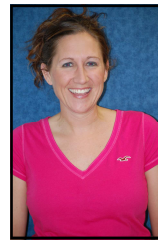
**K**erri Kofoot has been with St. Luke Homes & Services, Inc. since 1994. She started at St. Luke Lutheran Home as a certified nursing assistant and later advanced to become a registered nurse performing various roles.

In 2005, Kofoot joined the dedicated staff at Hillside Terrace as the assisted living building’s nursing director. In this role, her duties have included monitoring the tenants’ overall health statuses, educating and training personal service assistants, working with families, physicians, and area agencies to coordinate care. She also became manager of the St. Luke campus’ aquatic center when it opened in August 2006.

Kofoot, who was promoted to Director of Nursing for the St. Luke campus’ two assisted living buildings - Hillside Terrace and Riverview Terrace - Aug. 3, is currently working on a Bachelors of Nursing degree at the University of Iowa. She also serves as a clinical nurse instructor at Iowa Lakes Community College.

“I am particularly fond of the continuum of care that St. Luke Homes & Services, Inc. provides, as the transition from home to assisted living to nursing home is encompassed in a one-step process with familiar surroundings and staff,” Kofoot said.

Kofoot and Jason Dandy, of Spencer, have two children: Briana Dandy and Kaleb Dandy.



**Kerri Kofoot**

**Welcome New Residents**

Vonnie Kruse.....Aug. 1  
Michael Anderson.....Aug. 13  
Helen Dean.....Aug. 15  
Pearl Steinke.....Aug. 16  
Gary Christofferson.....Aug. 20  
Carolyn Christofferson.....Aug. 20  
Dale Bredeson.....Aug. 23  
Bernadine Gappa.....Aug. 27  
Gerald & Iris Hanson.....Aug. 29  
Fern Hargens.....Aug. 31  
Marianne Freking.....Sept. 5  
Stanley Lloyd.....Sept. 5  
Gladys Stoever.....Sept. 12  
Dorothy Fink.....Sept. 18  
Frances Larsen.....Sept. 20  
Bruce Keltgen.....Sept. 20  
Margaret “Kathy” Taylor...Sept. 21

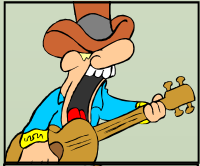
**Our Sympathy**

Virginia Freeburg.....Aug. 4  
Virginia Lubbers.....Aug. 5  
Grace Hynes.....Aug. 11  
Vesta Rouse.....Aug. 16  
Helen Dean.....Aug. 21  
Gladys Johnson.....Aug. 30  
Jackie Culbertson.....Sept. 1  
Alma Wendt.....Sept. 5  
Shirley Mason.....Sept. 11  
Robert Lage.....Sept. 14

**Discharges**

Ruth Wischmeyer.....July 31  
Elmer & Gloria Dykstra.....Aug. 1  
Wilma Snell.....Aug. 8  
Bonnie Albertson.....Aug. 13  
Caroline Kressin.....Aug. 17  
Michael Anderson.....Aug. 24  
Gladys Zweifel.....Sept. 4  
Vonnie Kruse.....Sept. 13  
Marion Posthumus.....Sept. 17  
Dale Bredeson.....Sept. 19

## Upcoming Events



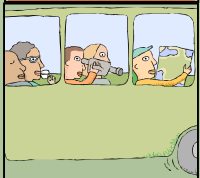
**Cowboy Jim**  
2 p.m.  
Thursday, Oct. 4 at St. Luke



**Classic Country Singers**  
2 p.m.  
Saturday, Oct. 6



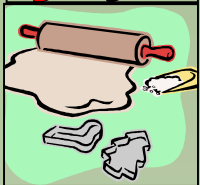
**Iowa Great Lakes Lutheran students**  
1 p.m.  
Wednesday, Oct. 17



**Fall Bus Ride**  
2:30 p.m.  
Monday, Oct. 22



**Music with Nicole and Jerry**  
2:30 p.m.  
Tuesday, Oct. 23



**Decorating Cookies**  
2:30 p.m.  
Wednesday, Oct. 24



**Oktoberfest Party**  
2:30 p.m.  
Monday, Oct. 29



**Carving Pumpkins**  
2:30 p.m.  
Tuesday, Oct. 30



**Trick-or-Treat Parade**  
6:30 p.m.  
Wednesday, Oct. 31

## Henricksen sings at county fair

Casey Henricksen knows how to sing.

This became evident for a crowd waiting to see country music duo Thompson Square and RCA recording artist Chris Young in concert at the 2012 Clay County Fair.

Henricksen, a Hartley-Melvin-Sanborn junior who sings alto, was asked to sing the national anthem before their Sept. 9 grandstand show after she auditioned to perform on one of the fair's free stages. Henricksen's Clay County Fair audition followed previous tryouts she did with the reality television singing competitions "American Idol" and "The Voice."

Even though singing in church, school and at tractor pulls the past three years helped to quell any fears Henricksen may have had about such a grandstand performance, the 16-year-old prepared seriously for the task at hand.

"I kept singing it and singing it until I knew I had it down," Henricksen said.

So what does she treasure most about her most recent flawless performance?

The wonderful sound system, the ease she felt while singing on stage and what she told Sharon Henricksen, her mother, when she left the stage.

"I told her I wanted to cry I was so happy," she recalled. "It was so exciting. It's something I definitely want to do again."

The St. Luke Lutheran Home dietary aide also performed on the KICD Courtyard and Central Park stages the final weekend of the fair.

Henricksen, meanwhile, has already set her sights on singing and entertaining more crowds during the 2013 Clay County Fair.



Photo by Judy Hemphill



***Gifts and Memorials***

**Special Gifts Fund:**

- Bethlehem Lutheran Church women...\$10  
(Memorial for Mildred Swanson)
- Ron Wentworth.....\$100  
(Laundry cart - Riverview Terrace)
- Bethlehem Lutheran Church women...\$10  
(Memorial for Ellen Meyer)

**Memorials with Special Designations:**

- Family of Virginia Freeburg.....\$515  
(Two rocker recliners - St. Luke)

**Charitable Donations:**

- St. Luke Auxiliary.....\$300  
(For St. Luke residents to ride the Queen II and Regional Transit Authority bus)



***Wish List for Residents***

You may be able to help St. Luke Lutheran Home with several needs. This list includes items identified as contributing to the quality of care our residents deserve. Please know that your gifts and donations, which are tax-deductible, continue to enhance the lives of the residents and continue to make St. Luke Lutheran Home an extension of the social ministries of area Christian congregations.

- Bingo candy
- Perennial plants for courtyards...\$10 each
- Outdoor nativity scene.....\$500
- Transfer sheets (lift/slip).....\$200 each
- Bedside tables.....\$60-\$70 each
- Floor scrubber.....\$4,300
- Water softener.....\$8,000
- Straight back chairs (5).....\$550 each
- Electric bed (40).....\$2,000 each

***Volunteering is nothing new for Auxiliary***

St. Luke Auxiliary is blessed to have dedicated volunteers, but this is nothing new to this organization! In the beginning stages of the planning for St. Luke Lutheran Home in 1963, many women from area churches met and formed committees and planned projects that would soon benefit the new residents. On Nov. 15, 1966, the first auxiliary meeting with recorded minutes was held at Bethany Lutheran Church, with Mrs. Walter Benzen presiding. Church representatives were elected, meeting times were set and committees formed.



**Marilyn Lewis  
Auxiliary President**

Many church women came to the home weekly to help unpack dishes, hang drapes and assist in setting up rooms as well as help staff with other duties when the building was completed. The first meeting of the Auxiliary at St. Luke Home was on Feb. 3, 1967. Programs for the residents and the bazaar was first on the list. Donations then started coming in for bingo prizes, arts and crafts and resident care. Officers were elected and opportunities to serve were organized with the supporting churches. There were volunteers ready to help when any need arose.

Remember the “Rag Ladies” who tore and sewed rags together for the residents who wove rugs? They soon became known as the “Tuesday Therapy Ladies” and later as the “Name Tag Ladies.” Other volunteers provided services for the residents including sewing, programs, shampooing hair, reading and writing letters.

These beginnings are a wonderful example for all of us to do our part to make life a little more enjoyable for the residents of St. Luke Lutheran Home. The current St. Luke Auxiliary meets at 2:30 p.m. the first Monday of each month in the dining hall. Anyone interested in the residents of St. Luke Lutheran Home is welcome to attend and continue what was started many years ago!

**St. Luke Management Team**

- Terry Dandy.....Administrator
- Greg Meeter.....Controller
- Pastor Michael Sharp.....Chaplain
- Nancy Mills.....Director of Health Services
- Amanda Klein .....Activities Director
- Kim Krause.....Office Manager
- Georgia Wrightsman.....Social Service Director
- Dale Meyer.....Maintenance Director
- Kay Meyer.....Dietary Director
- Linda Manwarren.....Laundry Supervisor
- Becky Thong.....Housekeeping Supervisor
- Elizabeth Essick.....Receptionist
- Kris Todd.....Public Relations & Marketing Director

## ***St. Luke earns five-star quality rating***

In its most recent rating of Medicare and Medicaid certified nursing homes, the Centers for Medicare & Medicaid Services (CMS) ranked St. Luke Lutheran Home with a five-star overall rating.

The primary goal of this rating system is to provide residents and their families with an easy way to understand assessment of nursing home quality, making meaningful distinctions between high- and low-performing nursing homes.

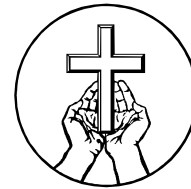
The CMS rating system features an overall five-star rating based on facility performance for three types of performance measures: health inspections - measures based on outcomes from state health inspections; staffing - measures based on nursing home staffing levels; and quality measures - based on minimum data set (MDS) quality measures.

High-performing nursing homes with five stars, such as St. Luke Lutheran Home, are considered to have above average quality compared to other nursing homes in the state.

## ***Donation made to Feed Our Children***



Amanda Klein, on behalf of St. Luke Homes & Services, Inc., hands a \$200 donation to Alyce Speight, left, to fund the local Feed Our Children program. Marking its third year, this effort provides weekend meals and snacks for approximately 120 elementary school children who have inadequate food supplies in their homes.



### **St. Luke Homes & Services, Inc.**

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Email: [stlukelh@stlukelh.com](mailto:stlukelh@stlukelh.com) Website: [www.stlukelh.com](http://www.stlukelh.com)

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